

The Geriatric Assessment Interdisciplinary Team (GAIT) Project

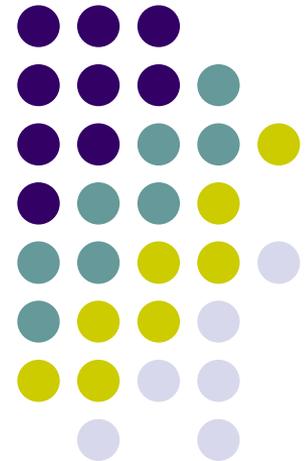
AHEC West

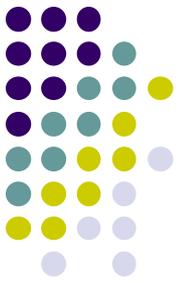


Central Maryland AHEC



Eastern Shore AHEC

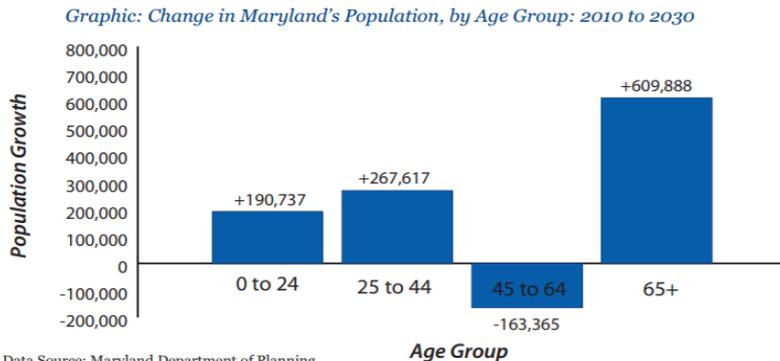




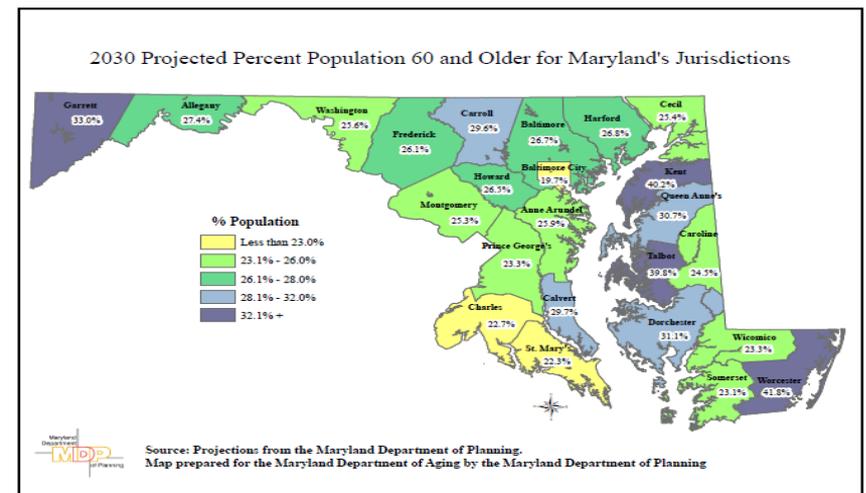
Funded by the Geriatrics & Gerontology Education and Research (GGEAR) program at University of Maryland, Baltimore Graduate School

GGEAR AND Its Purpose...

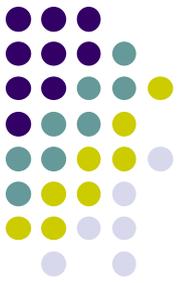
- University-based program facilitating interprofessional educational, research, and service activities in the field of aging in partnership with campus affiliates and agencies & organizations serving Maryland's older adults and their caregivers
- Promote an age-educated workforce with the knowledge and tools to meet the needs and wants of our growing population of older adults



Data Source: Maryland Department of Planning



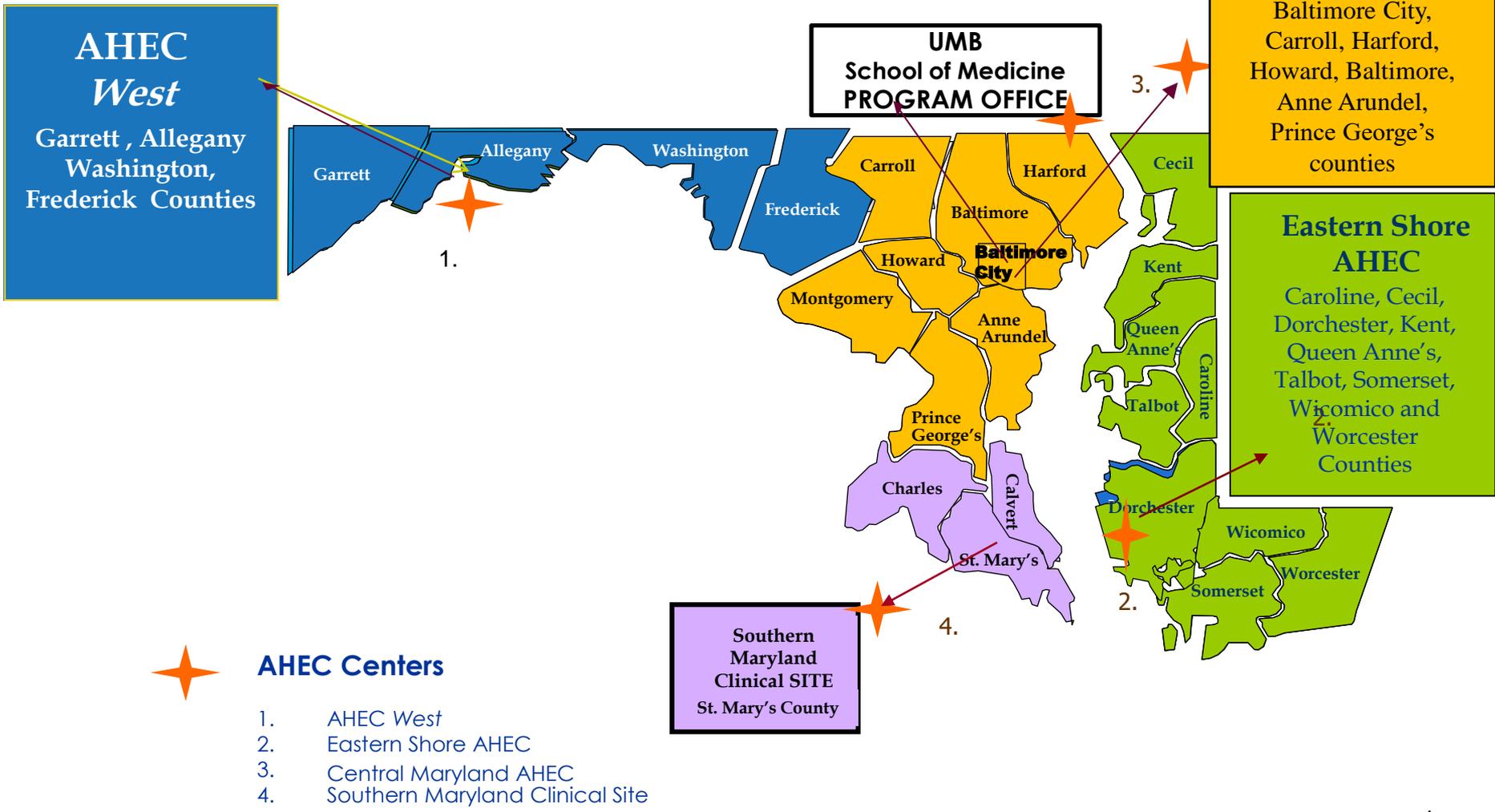
Sampling of GGEAR Activities



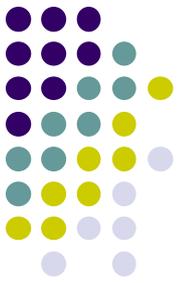
- Guest lecture courses across USM to stimulate interest in geriatric health & social service careers
- Partnership with the Center on Research on Aging to support interprofessional research opportunities among UMB faculty & students
- Serves on advisory boards (campus, state, national); collaborate with state and local agencies serving older adults in task forces; educational planning committees specific to older adults and their caregivers
- Partner with faculty to integrate aging content into existing courses/programs, cultivate programs that complement curriculum and allow students to learn and work collaboratively in interprofessional settings
 - On-Campus Interprofessional Case Conferences
 - Clinical Training Program at local LTC sites
 - GAIT Program (open to all USM health & social science students; coordinated by AHEC West, ESAHEC, Central MD AHEC)
- Supports educational outreach programs for healthcare profession students, practitioners, and the community throughout the state of Maryland
 - Caregiver Conferences in Southern MD, Howard Co
 - AHEC West, ESAHEC, Central MD AHEC



Connecting USM students to Geriatric Care in Rural and Underserved Sites



Maryland AHEC Programs



- Clinical Education
- AHEC Scholars
- Continuing Education
- Learning Resources
- Health Career Pipeline Programs
- Community Partnerships
- CHW Training Programs
- Interprofessional Education for USM students
 - (GAIT) GERIATRIC ASSESSMENT INTERDISCIPLINARY TEAM



What is GAIT...

- Unique *NO COST* interprofessional learning experience open to health and social service students attending USM institutions
- Learning Outcomes
 - Increase sensitivity to challenges of later life and needs of older adults
 - Demonstrate understanding of comprehensive geriatric assessments (CGA)
 - Appreciate the value of interprofessional collaboration in providing quality person-centered geriatric care
 - Recognize career opportunities in geriatrics and gerontology
 - Identify resources to improve care in rural/underserved regions
- Hosted by various health and community-based care settings throughout Maryland

Sampling of Recent GAIT Experiences...



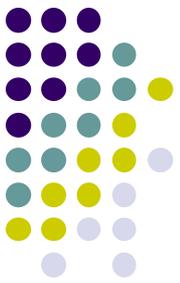
TOPIC	SITE	COUNTY
Function & Independence = Quality of Life	Heron Point of Chestertown	Kent
Rehabilitation of the Amputee	Chesapeake Rehabilitation Hospital	Wicomico
NICHE- Nurses Improving Care for Health System Elders	Atlantic General Hospital	Worcester
Dementia Care	Chesapeake Woods	Dorchester
Maintaining Social Connections for Healthy Aging: HEARING for HEALTH	Homewood at Williamsport – Independent Living	Washington
Supporting Staying at Home: Accurate Assessment critical to Effective Care in ADS	Diakon Adult Medical Day Services	Washington
PREVENTING READMISSION: Geriatric Rehabilitation to Safe Discharge	WMHS - Comprehensive Inpatient Rehabilitation Unit	Allegany
Living in the Community with Dignity & Purpose: Partnering with Caregivers to Maximize Independence	Daybreak Adult Day Services	Frederick
ALL-INCLUSIVE CARE FOR OLDER ADULTS Supporting Living in the Community	ELDERPLUS Johns Hopkins Bayview	Baltimore City
COMMUNITY BASED HOSPICE CARE In a Rural Community	Hospice of Garrett County	Garrett



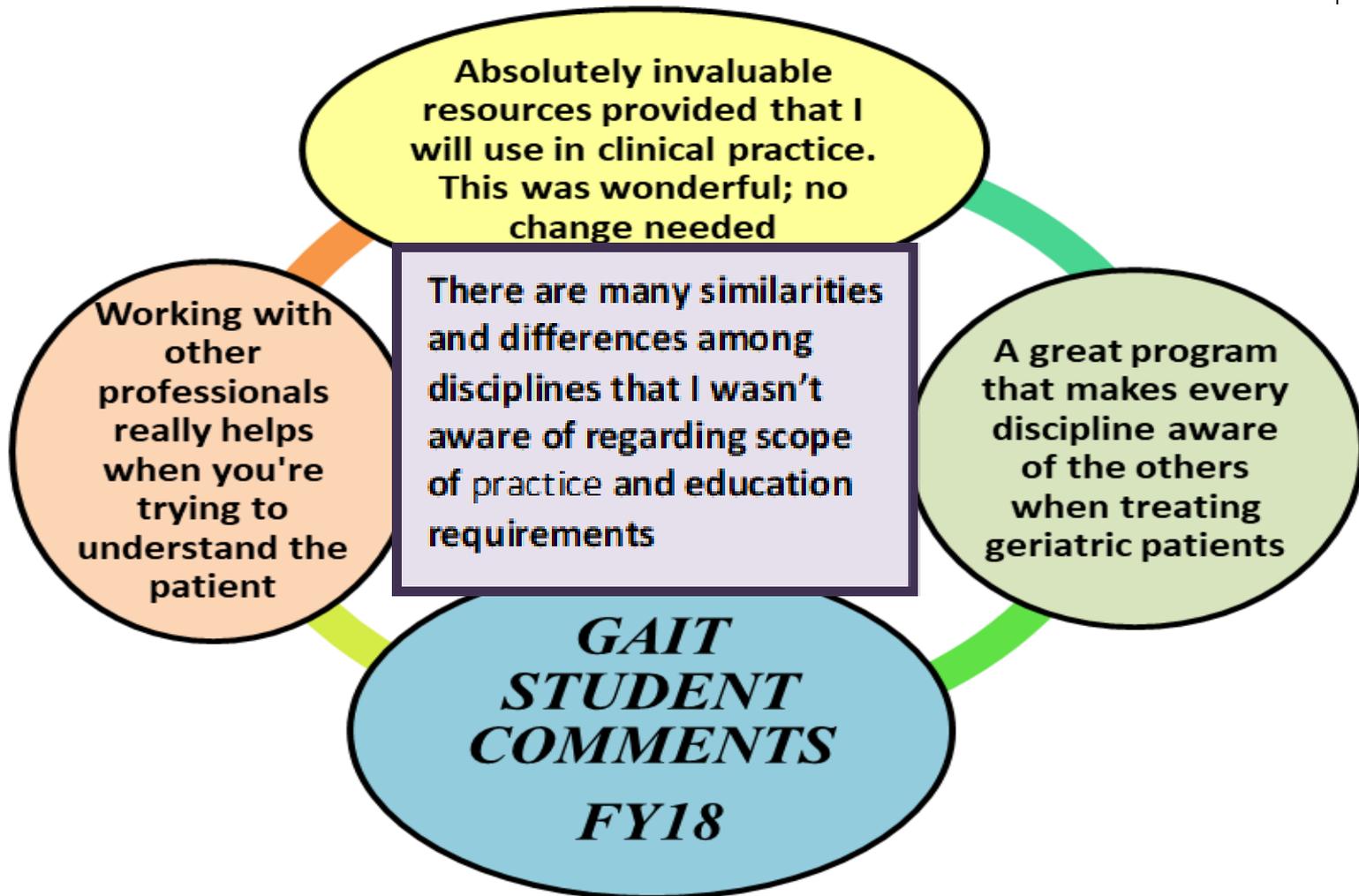
What to Expect...

- Simulation activities to raise awareness of changes associated with aging
- Team-building activities focused on
 - Principles of CGA
 - Effective person-centered communication
 - Principles of interdisciplinary collaboration
- Site activities
 - Tour
 - Focus topic presentation
- Team-based activities
 - Chart Reviews & Observations
 - Interviews with older adults, family and/or staff
 - Interdisciplinary Team Planning
 - Presentation to Group and Host Site Staff

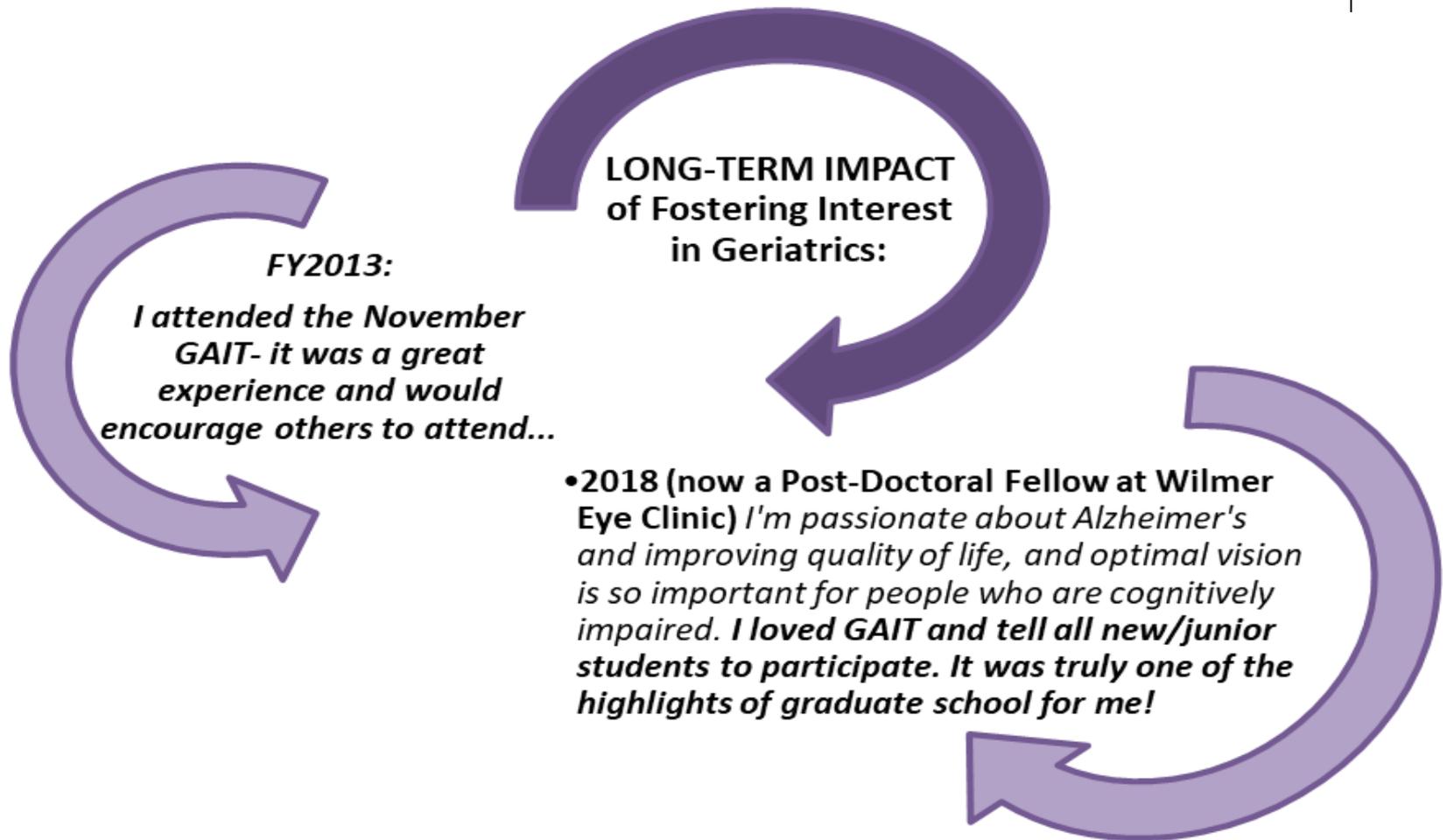




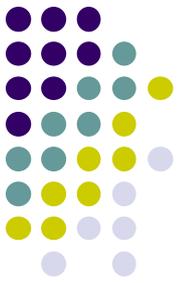
Student Reflections...



GAIT Impact...



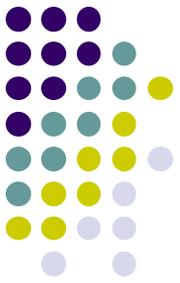
GAIT Registration...



- Check with your adviser at the start of each semester or the program calendar found on the GGEAR website (www.umaryland.edu/gerontology) for offerings and locations
- Register online for the GAIT(s) that best fit your schedule
- Check your email for confirmation and instructions

PLEASE contact the GAIT Coordinator immediately if your plans to attend change!

Contact Information...



- **Central Maryland Locations** (www.centralmarylandahec.org)
 - GAIT Contact: Meredith Hochman (meredithhochman@centralmarylandahec.org)

- **Eastern Shore Locations** (<https://www.esahec.org/gait>)
 - GAIT Contact: Sara Smith (ssmith@esahec.org)

- **Western Maryland Locations** (<https://ahecwest.org/geriatric-programs/>)
 - GAIT Contact: Joy Taylor (jtaylor@ahecwest.org)

- **General Information about GAIT or GGEAR**
 - Diane Martin, Ph.D., director
 - 410-706-4327 or diane.martin@umaryland.edu
 - www.umaryland.edu/gerontology

