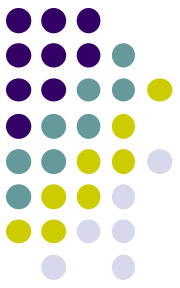


Maryland Area Health Education Center *West* (AHEC *West*)



AHEC West Facilities



- I-70 West and I-68 West
- Rural small communities to growing urban centers
- Rich in history, cultural heritage, natural environment



Housing Sites

- Oakland (4-bedroom house owned by hospital)
- Cumberland (in building with AHEC West offices)
- Hagerstown (3-bedroom - 5 beds apartment)

CLINICAL EDUCATION

- Garrett Regional Medical Center www.grmc-wvumedicine.org
- UPMC-Western Maryland www.wmhs.com
- Meritus Health www.meritushealth.com
- Frederick Health Hospital <https://www.frederickhealth.org/>



**Rotations in Allegany, Garrett, Washington, Frederick
counties**

Students learn:

- ✓ Challenges, rewards, and opportunities of rural/small town practice
- ✓ Cultural sensitivity to rural/underserved populations
- ✓ Practice opportunities in rural communities

Western Maryland



WASHINGTON COUNTY (Hagerstown)

70 m. West on I-70

- Washington County Hospital System www.meritushealth.com
- Community Links: www.visithagerstown.com
- Healthy Washington County <https://healthywashingtoncounty.com>
- Washington Co Health Department www.washcohealth.org
- Growing communities at intersection I-70/I-81
- Premium Outlets; Antietam Battlefield; C&O Canal National Park

Frederick County (Frederick)

- Frederick Health Hospital: <https://www.frederickhealth.org/>
- Community Information: www.visitfrederick.org
- Frederick Co. Health Department: <http://health.frederickcountymd.gov>

Western Maryland



ALLEGANY COUNTY (Cumberland)

140 m. West on I-70/I-68

- Western Maryland Health System: www.wmhs.com
- Allegany Co. Health Department www.alleganyhealthdept.com
- Community Links: www.mdmountaininside.com
- Housing/AHEC offices on downtown Cumberland Mall
 - 2 multi-student Suites with mostly private bedrooms, shared baths, kitchen, common space
- Opportunity to work a few days with health department or community-based services



- C&O Canal; Rocky Gap State Park/Casino
- Frostburg State University
- 1 hour to Deep Creek Lake
- Community gym access for small fee



6 bedrooms divided into 2 Suites
on Downtown Cumberland Mall

Western Maryland



GARRETT COUNTY

(Oakland)

190 m. West on I-70/I-68/219S



- Garrett Regional Medical Center: www.grmc-wvumedicine.org
- Community links: www.garrettchamber.com
- Garrett Co. Health Department www.garrettthealth.org
- Housing in a 4-bedroom home in Oakland
- CARC aquatics & gym www.gccarc.com monthly/daily passes
- Mostly rural county; Deep Creek Lake and Wisp Ski Resort
- Amish/Mennonite communities; variety of outdoor activities

Housing in Garrett County



Walking Distance to
Garrett Regional Medical Center
Oakland, MD



AHEC *West* Rotations



- Variety of clinical sites in a supportive healthcare community
- Living with students from other disciplines/programs
- Bring clothes, towels, linens, blankets, pillows, alarm clock, toiletries - can bring your own bike, skis etc.
- No charge to University System of Maryland students for housing/internet.
- Due to the pandemic overnight guests are not permitted, no pets
- Transportation resources are limited - you will need a car
- Orientation Manual to housing and community on arrival

Interdisciplinary Opportunities



GAIT – Geriatric Assessment Interdisciplinary Team

- 1 day experiential project at a geriatric host site with students in pharmacy, nursing, medicine, social work, occupational therapy, physician assistant, physical therapy, gerontology, recreation therapy, or dentistry.
- Open to all University System of Maryland health professions students (meet students/disciplines you would otherwise not encounter)
- In the works - a virtual GAIT experience! At least 3 opportunities this fall with all three AHECs in the state. More to come!

Geriatric Assessment Interdisciplinary Team



GAIT student team reviews records and interviews host site resident



GAIT student teams present and discuss interprofessional assessment with host site staff



GAIT students experience Activities of Daily Living with simulated visual and fine motor impairments

AHEC West Rotations



Information Resources:

- Cumberland: High speed wireless internet
24/7 access PC with printer/copier/scanner; copier
- Oakland: WiFi at house; PC with printer/copier/scanner
- Hagerstown: wireless internet access for personal electronic devices

***Flight 93 Memorial, and
Frank Lloyd Wright's Fallingwater
1 hour away***

***Convenient biking/hiking/skiing
C&O Canal National Park,
state parks; wineries, artists,
4Star Resorts; historic B&Bs***





UM Pharmacy student visits

Frank Lloyd Wright's FALLINGWATER



Websites: *Each county has ONE hospital serving county and nearby PA and WV



Washington County (Hagerstown)

Meritus Health www.meritushealth.com

Community Information www.visithagerstown.com

Washington Co Health Department <https://healthywashingtoncounty.com>

Allegany County (Cumberland)

Western Maryland Health System www.wmhs.com

Community Information www.mdmountaininside.com

Allegany Co. Health Department www.alleganyhealthdept.com

Garrett County (Oakland/Deep Creek Lake)

Garrett Regional Medical Center www.grmc-wvumedicine.org

Community Information <https://www.visitdeepcreek.com/>

Garrett Co. Health Department www.garretthealth.org

Frederick County (Frederick)

Frederick Health Hospital <https://www.frederickhealth.org/>

Community Information www.visitfrederick.org

Frederick Co Health Department <http://health.frederickcountymd.gov/>

Martinsburg, WV, VA Medical Center

<https://www.martinsburg.va.gov/>

MD County Health Rankings: <http://www.countyhealthrankings.org/>

AHEC West Rotations



Let me know of interests while you are on rotation

Joy Taylor, Clinical Education Coordinator

Questions/Concerns: jtaylor@ahecwest.org

AHEC West, 39 Baltimore St., Cumberland, MD 21502

301-777-9150, Ext. 141 www.ahecwest.org

AHEC West Staff

- We work to make you welcome and comfortable
- Can direct you to community services and recreational activities