

# TALKING ABOUT THE TOUGH STUFF: Facilitating Motivational Conversation with Older Adults About Depression & Substance Abuse

**Friday, May 1, 2020**

**8:00 am – 12:15 pm**

Robinwood Professional Center, Room 142, 1110 Medical Campus Rd, Hagerstown, MD

8:00 am to 8:30 am	Sign-in and Continental Breakfast
8:30 am to 8:45 am	Welcome and Program Introductions
8:45 am to 10:15 am	<i>“MI With Older Adults”</i>
10:15 am to 10:30 am	Break
10:30 am to 12:00 pm	<i>“Experiential Practice with Facilitating Motivational Conversations”</i>
12:00 pm to 12:15 pm	Conference Concludes/Evaluations/Certificates

**Presented by: Dr. Mary Hodorowicz, Clinical Assistant Professor,  
University of Maryland School of Social Work**

Mary Hodorowicz, PhD, MSW, LCSW-C received her PhD and MSW from the University of Maryland, School of Social Work and her Bachelor of Science degree from the University of Pittsburgh. Mary is actively engaged in clinical practice, teaching and training, and evaluation research. Mary is a member of the Motivational Interviewing Network of Trainers, where she sits on an international committee supporting learning and use of motivational interviewing across the globe. In addition to motivational interviewing, other research and professional interests include mental and behavioral health treatment, substance use, social work teaching and training methods, child maltreatment prevention, and adoption related work.

## **Course Description:**

**This three hour course is designed to provide an introductory overview of Motivational Interviewing (MI) as a science supported intervention for behavior change, particularly focusing on facilitating conversations with older adults about substance use and symptoms of depression. Participants will have an opportunity for engaging in experiential learning via hands on skill practice. Lastly, we will review resources for further MI knowledge acquisition and skill development.**

## **PROGRAM PROVIDED by:**

- **The Nursing Education Department of Meritus Health, jointly with:**
- **Geriatrics and Gerontology Education and Research program, University of Maryland, Baltimore**
- **Johns Hopkins Geriatric Workforce Enhancement Program**
- **Allegany College of Maryland**
- **Maryland Area Health Education Center West (AHEC West)**

**LOCATION: Robinwood Professional Center, Room 142, 11110 Medical Campus Rd, Hagerstown, MD**

**I-70 E/W to Exit 32B - 40 West; 1.4 mile, right to N. Edgewood Dr., straight on Robinwood Dr., Left at light on Medical Campus Road, Left Robinwood Professional Center; follow to SILVER Parking/Entrance.**

**Upon completion of the training, participants should be able to:**

- Increase knowledge of Motivational Interviewing as an intervention
- Identify core Motivational Interviewing skills
- Practice Motivational Interviewing skills
- Locate resources for further development

**Continuing Education:**

**Social Workers:** AHEC West is authorized by the Board of Social Work Examiners in Maryland to sponsor social work continuing education programs and maintains full responsibility for this program. The training qualifies for three (3) Category I Continuing Education Units upon completion of the program.

**Psychologist:** A certificate for 3.0 CEUs will be awarded upon completion of this course. Allegany College of Maryland is authorized by the State Board of Examiners of Psychologist as a sponsor of Continuing Education.

**Professional Counselors:** A certificate for 3.0 CEUs will be awarded upon completion of this course. Allegany College of Maryland has been approved by the State Board of Examiners as an authorized sponsor who may provide Category A CEUs for certified professional counselors, marriage and family therapists and alcohol and drug counselors.

**Nurses:** Nursing Education Department of Meritus Health is accredited with distinction as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

3 ANCC contact hours will be awarded.

**Other: Certificate of Attendance;** with hours indicated. *(Indicate certificate preference on registration form)*

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**ADVANCED REGISTRATION REQUIRED. No Charge to Attend**

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**Please REGISTER by: April 24**  **Meritus Employees may register via HealthStream**

**\*\*Questions: email [jbooth@ahecwest.org](mailto:jbooth@ahecwest.org) or [jtaylor@ahecwest.org](mailto:jtaylor@ahecwest.org)**

**\*\* Click here to register: <http://www.123formbuilder.com/form-3057248/ggear-registration-and-participant-information-form>**

**\*SPACE IS LIMITED, if unable to attend, please notify us so someone else can use your slot.**