

MARYLAND AREA HEALTH EDUCATION CENTER *WEST*

AHEC *West*

www.ahecwest.org

CLINICAL ROTATIONS

The rotation has two basic components:

1. **Clinical Rotation with your Preceptor.** The AHEC *West* rotations expose students to a variety of practice experiences. Rotations are in the 3 western counties of Maryland: Garrett, Allegany and Washington counties and limited sites in Frederick County.
2. **Interdisciplinary Living Experience.** Additional resources and activities at the AHEC are designed to enhance the understanding of rural patients from a holistic perspective and to encourage interaction with health professions students from other disciplines participating in AHEC programs.
 - a. **Orientation** – see website www.ahecwest.org highlighting local programs, services and AHEC housing. Overview of area's demographics, health status, and health care delivery systems.
 - b. **Elective Sites** - Students encouraged to learn about rural health care delivery and community-based care by visiting additional health care practitioners or agencies. Please discuss interests with AHEC *West* Coordinator.
 - c. **Community Service** – Interested students can participate in community service.

Housing and Learning Resources

NO CHARGE to University System of Maryland students; low rates for other students

- **Allegany County:** fully furnished bedrooms, mostly shared bathrooms, shared kitchen/living room facilities. Wireless Internet. On historic Downtown Cumberland Mall. Occasionally, shared bedroom.
- **Garrett County:** private bedrooms, shared baths, in fully furnished house across the street from the hospital. Cable wireless internet service.
- **Washington County:** 3 bedroom (1 single room; 2 double rooms) shared baths, furnished, secure apartment about 10 minutes from hospital. Wireless internet services. Fully furnished kitchen/onsite laundry. Sharing a room depends on number of students placed in Washington County.

Informational Websites: Hospital serves county and nearby PA and WV.

Garrett County (Oakland/Deep Creek Lake)

Garrett Regional Medical Center: www.grmc-wvumedicine.org

Community Information: www.visitdeepcreek.com

Garrett Co. Health Department: www.garrettthehealth.org

Allegany County (Cumberland)

Western Maryland Health System: www.wmhs.com

Community Information: www.mdmountainside.com

Allegany Co. Health Department: www.alleganyhealthdept.com

Washington County (Hagerstown)

Meritus Health: www.meritushealth.com

Community Information: www.visithagerstown.com

Washington Co Health Department: www.washcohealth.org

Frederick County (Frederick)

Frederick Memorial Hospital: www.fmh.org

Community Information: www.visitfrederick.org

Frederick Co. Health Department: www.health.frederickcountymd.gov

MD County Health Rankings: www.countyhealthrankings.org

Western MD State Parks: www.dnr.maryland.gov

C&O Canal: www.nps.gov

Maryland Department of Transportation's website provides excellent information about road conditions throughout Maryland. www.chart.state.md.us

PRIMARY CARE RESOURCES: www.ahrq.gov

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