

25 Years

Bringing Education and
Community Together

Western Maryland Area Health Education Center
Annual Report
2000-2001

Mission Statement

The mission of Western Maryland Area Health Education Center (WMAHEC), a community-based organization, is to improve access to and promote quality in health care through educational partnerships with centers for higher education, community health professionals, and other vital supporters and advocates.

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Errata: *The caption on page 25 for the John M. Dennis Award should read as follows:*

Maggie Reitz accepts the John M. Dennis Award from its namesake, John M. Dennis, at the annual meeting.

Twenty-five years. A quarter century. Nine thousand, one hundred and thirty one days. Any way you say it, twenty-five years is a long time.

This is the twenty-fifth anniversary for Western Maryland Area Health Education Center (WMAHEC). The WMAHEC started out in 1976 in a small office at the Algonquin Building. Known then as Cumberland Area Health Education Center, the center was staffed by a director and secretary. Now twenty-five years, three moves, and a new name later--here we are.

WMAHEC has grown over the years both in terms of number of employees, services provided, and its impact on the community. WMAHEC now has 20-plus employees who are positively affecting the community through its various programs. The *Health Careers Opportunity Program* provides high school students the chance to explore health careers and prepare academically for their higher education. WMAHEC provides housing and preceptors for medical, dental, pharmacy, physical therapy, and other health professions students in all three Western Maryland counties. Staff is involved with the Mountainside Community Coalition, Coalition for a Healthier Washington County, and Garrett County Health Planning Council to influence the overall health environment of the region. WMAHEC serves as a Primary Access Library of the National Library of Medicine for the surrounding health care community. WMAHEC

supports the University of Maryland School of Nursing's RN-to-BSN program and various master's degree programs, including the Family Nurse Practitioner program. The PictureTel distance education equipment allows for two-way (and sometimes three-way) interaction of educational programs, speakers, and meetings. The list of accomplishments and changes is extensive.

WMAHEC is recognized as a model for AHECs nationally. Those involved with WMAHEC over the years should be proud of its accomplishments, its visionary leadership, and its committed staff.



Cathy Chapman, MS, CRNP
Chairperson, Board of Directors

Volunteer Hours: 95

As chairperson of the Interdisciplinary Health Education Council (IHEC), I would like to personally thank all the members of the various caucuses for their faithful attendance at meetings and service to their professions and the WMAHEC this past year. Since it was convened in 1976, the IHEC has brought together regional professionals from a variety of disciplines to dialogue, process ideas, and respond to programming needs of local practitioners. It has also served as the WMAHEC's advisory council in planning and evaluating all its programs.

The interdisciplinary makeup of the IHEC has brought a unique contribution to the planning of WMAHEC grant applications and programs. WMAHEC's success in receiving grant funding is in large part due to this multi-faceted perspective. "Collaboration" has been a buzzword in most government, education, and community circles for a number of years now, while the IHEC has exemplified this important concept since it began twenty-five years ago.

IHEC has been the springboard for interdisciplinary programs, bringing the health professional community together over the years. They have launched *Geriatric Assessment Interdisciplinary Team* projects and interdisciplinary rural training programs funded by the Bureau of Health Professions. The caucuses, through the IHEC, have supported interdisciplinary continuing education. The IHEC has indeed broadened opportunities for health professions students and health professionals in the region. These accomplishments speak to the dedication of members--regional professionals who volunteered their time to serve on the IHEC.

Though the bicameral structure of WMAHEC's governing board will change in the next fiscal year, we look forward to continuing collaboration through the Interdisciplinary Program Committee.

Donna Walbert, MSN
Chairperson
Interdisciplinary Health Education Council



Volunteer Hours: 33

Recently, I found myself testifying before a group of congressional staffers in Washington, DC, about Area Health Education Centers. I knew that there would be challenges with this job, but this was a first. I had the confidence of the National AHEC Organization Board and the support of our superb staff as well as encouragement from the Maryland AHEC Program Office at the University. It was my task to inform the staffers how AHECs use Title VII and Title VIII monies for training of health professionals. I had fifteen minutes at most to get this message across.

I provided a picture--an academic health center (the University of Maryland), Small Town USA (Cumberland), and a bridge that was labeled "AHEC." I explained how the AHEC forms a bridge between many communities and nearby academic health centers. The WMAHEC has been *Bringing Education and Community Together for Twenty-Five Years*, the theme of this year's annual meeting and our annual report.

Although I personally did not arrive in Cumberland until 1978, the idea for an area health education center to provide clinical education for the University of Maryland began to germinate several years prior. Through the foresight of a group of health care professionals and the academic community at the University, a partnership was created. The Maryland General Assembly and the federal AHEC program provided resources to the University. The dream was realized, and the Cumberland Area Health Education Center was created.

Today, twenty-five years later, the Center has changed, grown, and become a vital component of the Western Maryland health care landscape. Through many volunteer hours, support of the local health care community, partnerships with numerous academic institutions in Maryland and its surrounding states, and the dedication of a professional staff, the mission of the WMAHEC continues to be improving access to and promoting quality in health care through educational partnerships. The Center has received funding from more than forty-five state, federal, and private foundation grants to initiate health-oriented programs, create health education opportunities, and recruit and retain health professionals for our Western Maryland region. We continue to rely on our partners to develop and implement our programs. In the past year alone, 24,295 volunteer hours were contributed by our partners and supporters, valued at \$1,193,705.

Not one to rest on its past successes, the WMAHEC continues long-range planning. This process will examine the needs of the community and health care professionals, training for students as they enter their chosen professions, ways of encouraging the next generation of health care professionals, and new mechanisms and technologies for distance education. Once again, the WMAHEC will form the bridge between community and education.

Kery C. Hummel, MS
Executive Director



How has WMAHEC brought education and community together for twenty-five years?

... We support educational programs to recruit and train health professionals.

In the 1970's:

Clinical education for seven programs initiated, with additional programs added throughout the years; Supported Nurse Practitioner Program (University of Maryland School of Nursing) and additional nursing programs throughout the years; University of Maryland Rural Social Work Outreach supported.

In the 1980's:

Placements in Garrett County began; Special pharmacy rotations coordinated; Placement brochures developed; *Health Careers Opportunity Program* initiated and continued in various forms to the present; Regular placements coordinated in Washington County and continued to the present.

In the 1990's:

Placement program implemented; University of Maryland Master's of Social Work program in Western Maryland supported; *Geriatric Assessment Interdisciplinary Team (GAIT)* projects initiated and continued to the present; *Geriatric Dental Program* implemented; Towson University's Occupational Therapy Outreach Program supported; *Rural Interdisciplinary Training Project* implemented; Model State Program grant received from national AHEC office; *Nursing Education Opportunities Program* implemented for three-year funding cycle; *Student Health Action and Recruitment Education (S.H.A.R.E.)* initiated, with S.H.A.R.E. activities and camps continuing today; *Interdisciplinary Prevention in Rural Communities* initiated for three-year funding cycle; Residency program at Union Memorial Hospital supported; Video about the region, its people, and its health care system produced; *Health Connections* initiated and continued in the next fiscal year.

2000-2001:

Health Careers Pathways workbook developed and disseminated; Primary Care Week celebrated; Intergenerational activities implemented; *Rural Interdisciplinary Health Program* initiated for three year funding cycle; Rural Interdisciplinary Health Program Web site with curriculum online; *Club Med* initiated at Braddock Middle School.

... We bring health professionals together to network, plan continuing education, and advocate for better health care.

In the 1970's:

Interdisciplinary Health Education Council (IHEC) established; First caucuses (Medical, Dental, and Pharmacy) convened.

In the 1980's:

Needs surveys conducted with caucuses; First continuing education programs offered, with numerous ones to follow; *Practice-based Research Project* implemented; *Microcomputer Application in Rural Practices* implemented; *Geriatric Training Initiatives with Rural Professionals* offered; *Toxic Exposure Training Initiatives* offered; *AIDS Symposium* with Sacred Heart Hospital offered; *Rural Initiative in Preventive Care for Older Adults* offered; Participated in Bicentennial Health Festival; Nursing, Social Work and Psychology Caucuses convened.

In the 1990's:

Rural Training Initiatives in Adolescent Health offered; *Educational Placement Initiatives to Support Rural Care* implemented; *Physicians' and Dentists' Knowledge and Behavior Related to Oral Cancer: A Needs Assessment and Education Program* offered; *Crisis in Rural PT* offered; First annual Geriatrics and Gerontology Education and Research (GGEAR) conference held at Frostburg State University (FSU); Elder Care Modules offered in nursing homes; Geriatric series provided via interactive network in Western Maryland counties; *Health Care Reform* and first *Rural Health Conference* offered; Interdisciplinary Journal Club implemented; WMAHEC approved as sponsor by Maryland Board of Social Work Examiners; Towson OT outreach supported; Mini-grants with GGEAR established and continued to the present; Numerous CEs offered, including *Seven Habits of Highly Effective People*, *Intuitive Eating*, *The Role of Health Care Professionals in the Management of High-Risk Behaviors*, *Remind Me Again Why I Took This Job*, *Practical Approaches to Caring for the Elderly*, and *Promoting Cultural Diversity: Strategies for Health Professionals*; Dietetic, Occupational Therapy, Physical Therapy, and Nurse Practitioner Caucuses convened.

2000-2001:

Role of Health Care Professionals in the Management of High Risk Behaviors, *Integrative Approaches to Adolescent Health*, and other CEs offered; Complementary and Alternative Medicine group explored.

...We offer information services to students and health professionals.

In the 1970's:

Learning Resource Center (LRC) guidelines adopted; LRC opened.

In the 1980's:

Online with National Library of Medicine (NLM); Potomac Valley Hospital consultation started; Potomac Health Information Network established; Nursing review course service begun; Interhospital planning; Regional information resources coordinated; Developed Regional Medical Library (RML) outreach project; Became DOCLINE participant.

In the 1990's:

Information services for University of Maryland nursing program expanded; *West Virginia CONSULT* demo project conducted; Created NLM Information Access Plan; Created RML Outreach Plan; Completed *NLM Grateful Med* project; Grateful Med promoted; *Western Maryland Outreach Pilot Project* continuation; Loansome Doc services offered; Consortium of Health Information Library Outreach (CHIL-Out) established and continues to present; *Area Education Student Outreach Project (AESOP)* plan implemented; *Guide to Medical Information Sources in Western Maryland Tri-State Region* produced; *Nursing Information Literacy* project implemented; *ACTION Program* initiated; HealthPro bulletin board system online; Western Maryland Health Information Resource Network established and continues to present; *Area Librarians' Resource Project* implemented; WMAHEC Web site online; Appalachian Regional Commission equipment and training provided; Received NACDA Award of Excellence; Produced *Geriatric Health Education Resources Manual*; Exhibited Internet GratefulMed at the Fourth Annual Rural Health Conference; Offered training sessions at Somerset Hospital; Environmental health professionals trained on Internet; Accomplished computer survey of medical preceptors; PictureTel marketing brochure developed; Exhibited at the Rural Maryland's Summit on Development and Health; New Health Information Services brochure published; Service contract with Thomas B. Finan Center; *Electronic Access to Health Information for the Public Project: Western Maryland InfoHealth* implemented; *Internet Training for Health Professionals* implemented; *Western Maryland Multi-Use Telehealth (MUST) Network* established; *Executive Summary of the Western Maryland Information Technology Coalition* presented to Governor's Cabinet; Offered training at Maryland's Rural Development and Health Care Summit.

2000-2001:

Western Maryland InfoHealth needs assessment and Web site online; Aging and Social Health resources added to Web site; *Bringing Effective Skills & Technology Together (B.E.S.T.T.)* initiated; Report on rural telemedicine needs compiled.

Then . . .



In 1976, the Cumberland Area Health Education Center was housed in the Algonquin Hotel. Today, WMAHEC offices, classrooms, meeting rooms, student residences, and the Learning Resource Center occupy three floors of the Columbia Building. WMAHEC also collaborates with the Washington County Health System to provide a residence for students on King Street in Hagerstown and arranges for student housing in Garrett County.

. . . and Now.



... We work with the community to improve access to and promote quality in health care.

In the 1970's:

Maryland Statewide Medical Education & Training System (MSMETS) legislation passed.

In the 1980's:

Speakers Bureau established; Area needs survey collected; Participated in Allegany County Health Fair for five years; Federal AHEC site visit held; Received Federal AHEC staff training; Participated in Task Force of Economic Development and Congressional field hearing; Support of AIDS Task Force began; Consumer education service in *Healthy You Program* and toxics offered; Participated in University of Maryland, Baltimore Interprofessional Council; *Geriatrics and Gerontology Education and Research (GGEAR) Project* initiated and continued to the present.

In the 1990's:

Consumer health curriculum in high schools plus media campaign implemented; Collaborated with State Rural Health Office; Participated in Adolescent Coalitions--three counties; Participated in AIDS Planning Workshop; Physical Therapy Task Force developed; Participated in Jonathan Street Task Force Coalition--Washington County; Disseminated teen health surveys; Social work regulations developed; *Pre-White House Mini-Conference on Aging* offered; Telecommunication Coalition convened and continued to the present; Participated in local community health coalitions for cancer prevention and tobacco use/prevention; Roadshows implemented throughout region; Disseminated Community Health Needs survey and convened town meetings; *ABC Outreach* implemented; Articles on fluoridation by Dental Caucus submitted; Store tours offered by Dietetic Caucus; Participated in Washington County Year 2000 Task Force; Six caucuses met with state professional associations; Participated in Medicaid waiver hearing and Rehab Task Force; *Maryland Initiative: Covering Kids* initiated and continued to the present.

2000-2001:

Community Development Partnership pilot project initiated.



Allegany County Commissioners declared a week in June "Western Maryland AHEC Week" in honor of our 25th Anniversary. Above: Allegany County Commissioner James Stakem presents the proclamation to Dr. Sue Raver, WMAHEC Board member.

During this fiscal year, WMAHEC accomplished the following:

Recruitment

- Supported 188 students in the health care education pipeline.
- Utilized 81 preceptors/mentors.
- Collaborated with 17 universities/schools.
- Students representing 19 health care disciplines participated in recruitment programs.

Retention

- Offered 196 continuing education hours along with cosponsors.
- 2,548 health professionals participated in continuing education programs.
- Members contributed 824 hours to caucuses, IHEC, and Board activities.

Information

- Educated 260 people about information services.
- Processed 78 information requests.
- Facilitated the utilization of 436.5 hours of interactive video equipment.
- Learning Resource Center patrons utilized 535 books, journals, and audiovisuals.

Advocacy

- Networked with 131 agencies.

for 25 Years

Libraries are a vital part of our community and a critical link in our education systems. WMAHEC's Learning Resource Center has united community and education in very concrete ways since it was established in 1979. By collaborating with health providers, educators, libraries, and others, as well as offering quality resources and services, WMAHEC has worked to increase the community's access to health information and to build the leadership qualities of librarians and health information providers in the region. Through grant-funded projects and ongoing contracts with area hospitals, WMAHEC has demonstrated the leadership role that libraries must assume in this new millennium. This fiscal year's activities demonstrate such leadership qualities and the ways personnel have worked to bring the community and education together, including the following:

- Trained librarians, service providers in Head Start and senior centers, and health professionals in locating consumer health information for their clients;
- Trained ten caucuses in locating Internet resources specific to each discipline;
- Developed and published *Western Maryland InfoHealth*, a Web site providing links to area health resources, and *Aging and Social Health* Web page, providing links to health and social resources for seniors; Developed schematic and content for the *What Now?* Web page with resources for women with breast cancer; Built schematic and content for the Maryland AHEC Program Web site;
- Disseminated *Health Information Needs Assessment* for subsequent analysis and report to National Library of Medicine;
- Continued providing knowledge-based information consultation and information services to Garrett County Memorial Hospital, Somerset Hospital, Thomas B. Finan Center, and Western Maryland Health System;
- Completed *Report on Rural Telemedicine Needs* for University of Maryland School of Medicine;
- Attended *Developing and Implementing Outcome-Based Measurement in IMLS Grant Projects*;
- Demonstrated Internet search strategies for Maryland Nurses' Association;
- Authored "How to Effectively Surf the Web for Health Information," published in March 2001 *Advance for Nurses*;
- Hosted site visit for National Network of Libraries of Medicine/Southeastern Atlantic Regional personnel;
- Implemented successful distance education program titled *Emerging Technologies: New Roles for Rural Librarians and Information Providers* in collaboration with University of South Carolina School of Medicine Library, West Virginia Library Association, and Institute of Museum & Library Services (IMLS).

Tom Mead, MLS, Reference Librarian, Dartmouth College Biomedicine Libraries, offers an entertaining and informative look at "New and Time-Honored Ways of Delivering Help, Information, and Resources" at the Institute of Museum & Library Services-sponsored conference on June 7, 2001.



Volunteer Hours: 13

In 1976, the Cumberland AHEC, WMAHEC's predecessor, was established by concerned community members to address the health professional shortage in the area. Since then, WMAHEC has advocated for improved access to and quality in health care through a variety of means: participating in committees, coalitions and task forces; initiating and supporting writing campaigns; publishing informational articles; and implementing projects that increase awareness of issues and programs. Always, at the core of our efforts has been the desire to improve the health and quality of life in our community by bringing educational programs and opportunities to the people of Western Maryland. This year, a number of activities involved advocating for better health in the region:

- ◆ Participated in regional meeting regarding the various plans for Cigarette Restitution Funds Program (CRFP);
- ◆ Entered into agreement with the Maryland Center at Bowie State University to support Minority Outreach and Technical Assistance (MOTA) in Western Maryland. MOTA, funded by the CRFP, facilitates the involvement of minorities and the underserved populace in local health department sponsored Community Health Coalitions, and related activities in their communities, in ways that ensure the reduction of smoking and the prevention of cancer among these targeted populations in Maryland.
- ◆ **The Community Development Partnership** is a collaborative effort with the University of Maryland School of Medicine, the Maryland Department of Health and Mental Hygiene, and the Mountainside Community Coalition. Learning is a two-way street, and this year WMAHEC learned from community members and utilized their input in developing several projects to address gaps in service:
 - Contracted with Community Liaison to implement a needs assessment, obtaining data on health issues and attitudes from 500 residents of low-economic areas in Cumberland;
 - Obtained commitment from Mountainside Community Coalition Workgroup on Access to Care toward the goal of 100% Access and 0% Health Disparities;
 - Supported development of a Community Access Program proposal to leverage additional funds and identify mechanisms to support a comprehensive delivery system for uninsured and underserved individuals;
 - Recruited 15 volunteers interested in motivating their neighbors to live a healthier life and supporting their progress through monitoring;
 - Gained insights from Church/Community Health Awareness & Monitoring Program (CHAMP) and through participation in national *Communities in Action* conference.



The Mountainside Community Coalition Workgroup on Access to Care worked on significant projects this year, including the Community Development Partnership and developing the Allegany Community Access Program submitted to Health Resources and Services Administration. Pictured are workgroup members (front row, left to right) Margaret Wright, Allegany County Health Department (ACHD), Dr. Vivian Rose, University of Maryland; Fred Tola, ACHD; Nancy Forlifer, WMAHEC; Sandra Rowland, Allegany Health Right (Co-Chair of Workgroup); (back row, left to right) Heidi Hager, Allegany County Department of Social Services; Ina Glenn Smith, CHAMP; Angie Battaglia, University of Maryland; Bill Wood, Dump Younger, WMAHEC Community Liaison; Susan Ottmar and Diane Rice, ACHD; Carole Aldridge, Cumberland Housing Authority; and Mary Tola, ACHD.

- ◆ **Maryland Covering Kids:** Through funding from the Robert Wood Johnson Foundation and in partnership with the University of Maryland Foundation, WMAHEC educates the Western Maryland community about the Maryland Children's Health Program (MCHP). Highlights this year include:
 - Networked with eligibility staff from Departments of Social Services and Health Departments in Allegany, Garrett, and Washington counties to identify possible barriers to MCHP enrollment and tracking of children in transition from Medicaid;
 - Prepared and distributed "Maryland Children's Health Program Enrollment in a Rural Western Maryland County: Challenges and Successes";
 - Updated MCHP training and information packets for the network of health care professionals in Western Maryland, distributing packets to WMAHEC caucuses and other community partners;
 - Collaborated with local health departments to develop *Health Choice Helpful Telephone Number List* for use by Western Maryland health providers and consumers;
 - Submitted *Reach Out Allegany* Letter of Intent with partners for a Robert Wood Johnson Foundation and Annie E. Casey Foundation Consumer Action Seed Grant; also submitted Faith-Based Community Outreach in Western Maryland proposal to University of Maryland Maryland Covering Kids;
 - Coordinated a faith-based MCHP event at Christ Lutheran Church in LaVale;
 - With partners such as March of Dimes, Radio Disney, and the Garrett County Partnership for Children/Youth & Families, contributed to MCHP publicity efforts, including a Web page and book covers for school books.

On June 5, Maryland Covering Kids and WMAHEC conducted a Faith-Based Outreach program to educate the community about the Maryland Children's Health Program (MCHP) at Christ Lutheran Church in LaVale. Pictured, left to right, are Kery Hummel, WMAHEC Executive Director, Linda Reynolds Wise, Director, Maryland Covering Kids, and Reverend Charles A. Erzkus, Pastor, of Christ Lutheran. MCHP is the state and federally funded health insurance program for children of working families whose income is up to 200 percent of the Federal Poverty Level.



- ◆ **What Now?** The moments between diagnosis of breast cancer and the first appointment with a specialist can be agonizing for a woman with breast cancer. Through funding from the Maryland Affiliate of the Susan G. Komen Breast Cancer Foundation, *What Now?* mobilizes partners in Allegany County to provide support and resources to women from the moment of diagnosis until treatment begins and connections are made with the health care system. During this fiscal year, the program developed the following interventions:
 - Recruited and trained ten Sister Survivors to be available via pager to newly diagnosed women;
 - Sensitized 62 health care professionals to the psychoneuroimmunology of breast cancer through CME by James Zabora, ScD;
 - Researched and purchased resources to be available at the Western Maryland Health System's Women's Resource Room for the *What Now?* program;
 - Designed Web page on resources and services available for women with breast cancer, published on the Western Maryland Health System's Web site at www.wmhs.com under the "For Your Health" link.

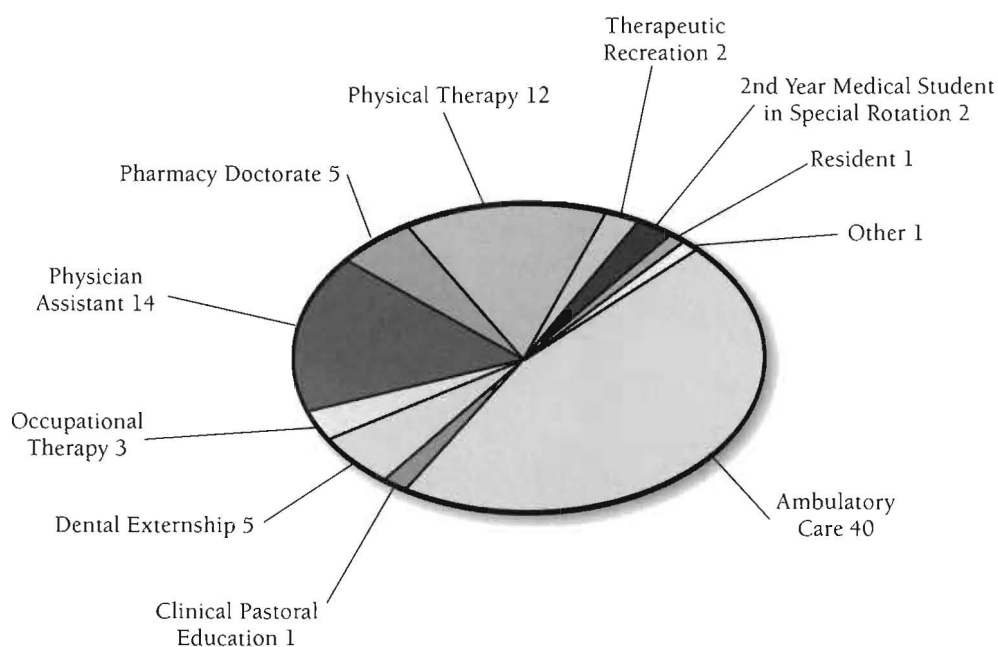
Advocacy Volunteer Hours: 227

Clinical Education

Clinical Education was the original impetus for bringing an AHEC to our community through the Maryland Statewide Medical Education and Training System, and it continues to be WMAHEC's core program. Through the years, 1,468 health professions students/residents have come to Western Maryland to learn about rural medicine through preceptorships arranged by WMAHEC.

The program may be twenty-five years old, but the need to attract health professionals to rural areas still exists. Often, it is only through experiencing the community itself that these students choose to forego the large salaries and other perks offered in cities. Students' comments reveal that they are often surprised by the complexity of cases, the dedication of health professionals, and the interconnectedness of community they find here. Following are this year's highlights:

- 46 preceptors in Allegany, Garrett, and Washington Counties, as well as West Virginia, provided 577 weeks of experience in rural health care to 83 students, representing 8 disciplines and 12 universities, colleges, and programs;
- Facilitated a rural rotation for an internal medicine resident from the University of Maryland;
- Coordinated a rural summer rotation for two second-year University of Maryland medical students;
- Added seven new medical preceptors: Robert Brull, MD, Vincent Cantone, MD, K. Jill Ciccarelli, MD, Matthew Hahn, MD, Eric Harman, MD, John Holtsclaw, MD, and Husam Semaan, MD;
- Cooperated with Allegany County Health Department to support a Pediatric Dental Fellow, and with Allegany Health Right to support a pre-med AmeriCorps Member;
- Coordinated a panel presentation on rural medicine practice for Primary Care Week attended by approximately 80 students from the University of Maryland School of Medicine. Seven physicians from Washington and Allegany counties participated using WMAHEC's distance education classroom;
- Husam Semaan, MD, who had participated in a rural rotation while a resident at Union Memorial Hospital, joined the practice of V. Raul Felipa, MD;
- A medical student was a guest speaker for high school students interested in health careers in Washington County; a medical student and physician assistant student spoke at a Career Day for high school students in Allegany County; two medical students, a physician assistant student, and a pastoral counseling intern participated in a health careers activity at Braddock Middle School; a medical student spoke to S.H.A.R.E. Camp middle school participants from Allegany and Garrett Counties; a medical student played in the band for the Autumn Glory Festival in Garrett County.



Volunteer Hours: 23,080

Clinical Rotations

University of Maryland School of Medicine

I am thinking about the benefits of medicine in a small community. I feel a bit less cynical about the practice of medicine after this rotation.

--Medical Student

I would certainly consider practicing here. Friendly setting, low cost, beautiful natural scenery are very attractive points.

--Medical Student

Pictured: Lisa Doverspike, Physician Assistant student from Duquesne University, reviews a file with Dr. Anthony Bollino in LaVale, Maryland.

Preceptor

Matthew Beckwith, MD

Brian Bonham, MD

James Bosley, MD

Robert Brull, MD

Vincent Cantone, MD

K. Jill Ciccarelli, MD

Thomas Chappell, MD

Vasant Datta, MD

V. Raul Felipa, MD

Martin Gallagher, MD

Rosario Gonzaga, MD

Matthew Hahn, MD

John Holtsclaw, MD

Jesse Jalazo, MD

Margaret Kaiser, MD

Shiv Khanna, MD

Michael Levitas, MD

Elmaslias Menchavez, MD

Mary Money, MD

Student

Michael Rogers

Lawrence Kemp
Sarah Frattali

Etosha Dixon
Antoine Jones
Matthew Koenig

Suneel Nagda
Adam Weinstein

Darryl Anderson
Christopher Valle

Rajwinder Deu

Eric Thorn
Willy Tsai

Edward Kim

Christopher Vaccari

Angela Lee

Lana Rigby

Nandita Tandon

Kevin Poole

Lana Bur
Samuel Chung
Tim Pattison

Robert Pargament
Magdalene Szuszkiewicz
Trisha Prossick
B. Emmerich Yoder

Shahrazad Tabibi
Joshua Forman
Igor Poltinnikov
Lei Yu

Rachel Chernikoff
Steven Crook
Jessica Lazerov

Lana Rigby

Jeremy Cushman
Vanessa Limawarut

University of Maryland School of Medicine

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Preceptor

Husam Semaan, MD

Huma Shakil, MD

Paula Waddy, MD

Student

Christopher Vaccari

Adebisi Ajala
Jennifer McGugins

Sara Benjamin
Lacianna Johnson

I really enjoyed this rotation in rural medicine. I am now considering possibly settling down in a rural community.

--Medical Student

Students in Special Rotations

Preeti Rane
Parita Vasa

I have learned what qualities are necessary to become both a caring and compassionate physician. This experience certainly helped me in my development to becoming a physician who addresses both the physical and emotional needs of patients.

--Medical Student

Internal Medicine Residency Program

Preceptor

V. Raul Felipa, MD

Resident

Bebvon Martin, MD

University of Maryland School of Dentistry

Preceptor

John Davis, DDS

Donald Patthoff, DDS

Jeffery Rhodes, DDS

Student

Young No

Joseph Chen
Reza Nikpourfard
Mohammad Nikpourfard

Brian Gillen

Learned about the needs of people in Western Maryland and how community leaders and health professionals are trying to change things for the better.

--Dental Student

University of Maryland School of Pharmacy

Preceptor

James Crable, RPh

Charles Downs, PharmD

Gerard Herpel, PD

Stephen Hospodavis, PD

Jerry Stewart, PD

Student

Joshua John Knauer

Karen Brown

Chris Asher

Dan Timney

Agnes Bongongi Ekiko

This was a great experience and only solidifies my choice of specialty and desire to practice in a suburban or rural setting.

--Medical Student

University of Maryland School of Medicine Physical Therapy Department

Preceptor

Kimberly Beattie, PT
Glenn Divinagracia, PT
Joan Divinagracia, PT
Audrey Kennedy, MS, PT
Betty Jo Rodes, MPT
Ethan Roberts, PT
John Staggers, MS, PT
Penny Ziegler, PT

Student

Israel Juskowicz
Jennifer Sermas
Rebecca Miller
Kristin LLOYD
Christopher Ude
Lori Snyder
Kristin Fowler
Megan Koziar
Brian Elza
Hina Modha

Participants From Other Universities and Programs

Clinical Pastoral Education

Preceptor

Gene Gall, D. Min.

Student

Gary Beagles

University/Program

Western Maryland Health System

Occupational Therapy Programs

Preceptor

Shauna Fiorentino, OTR/L

John Stuckey, MS, OTR/L

Student

Lisa Cochran
Stacy McCarty

Molly Pavlik

University/Program

Mt. Aloysius College
Mt. Aloysius College

Elizabethtown College

*I got to apply everything I've learned
in school to a real situation, and
refined things I might not have seen
the importance of or understood.*

--Physical Therapy Student

*My preceptor gave me a lot of autonomy in
seeing patients and respected my input and
clinical decision-making skills. He was
also an excellent teacher and advisor which
made for a very fruitful experience here.*

--Medical Student

Physical Therapy Program

Preceptor

Mike Staggers, MS, PT

Student

Jaime Wine

University/Program

West Virginia University

Physician Assistant Programs

Preceptor

Anthony Bollino, MD

Student

Lisa Ahlemeyer
Lisa Doverspike
Tria Fitzgerald
John Jamison
Kate Matuszewski
Jennifer Orgel
Jennifer Rogers
Lauren Zechman

University/Program

Duquesne University
Duquesne University
Duquesne University
Duquesne University
Duquesne University
Duquesne University
Duquesne University
Duquesne University

Reed Erickson, MD

Donna Lucas
Kelly O'Connor
Kathleen Ryan
Jennifer Wilson

Anne Arundel Community College
Anne Arundel Community College
Anne Arundel Community College
Anne Arundel Community College

Eric Harman, MD

Lisa Wentling

Community College of Baltimore
County

Recreation Therapy Programs

Preceptor

Amy Inzeo, CTRS

Student

Wesley Frye
Stacy Hagler

University/Program

Lockhaven University
University of Arkansas

*Working in Western
Maryland has convinced me
that city life is not for me.
The pace of life and people
here seem to suit my
personality much more.*

--Physical Therapy Student

*Pictured: Thomas B. Finan Center Therapeutic Recreation
Supervisor Amy S. Inzeo, CTRS, shows Wesley Frye, a recreation
therapy intern from Lockhaven University, the specially designed
flower garden that is adjusted to wheelchair height for
gero-psychiatric patients.*

S.H.A.R.E.

Student Health Action and Recruitment Education

The future of our community depends on our young people. S.H.A.R.E. works to inspire middle school students to pursue health careers and helps them understand the educational process. With presentations in middle schools, community service projects, "Club Med," and a summer camp, S.H.A.R.E. introduces students to the challenges and rewards of careers in health. They meet health professionals, tour health sites, and enjoy other fun and educational experiences that will help them solidify their educational goals. In partnership with **A STAR!** in Western Maryland, an AmeriCorps program, WMAHEC strives to provide students with the academic and interpersonal support that will ensure their success so that they can become our community's health care professionals of tomorrow. Activities this year include:



Summer camp participants, wearing their S.H.A.R.E. T-shirts, pose in front of the Columbia Building.

- Club Med initiated at Braddock Middle School, and held five club meetings with 23 students participating;
- 21 middle school students participated in Ruby Memorial Hospital tour;
- Coordinated summer Health Careers Camp held at FSU, with seven participants. Activities included CPR training, laparoscopic surgery demonstration, computer training, and other site tours;
- Coordinated two days of intergenerational activities with middle schoolers volunteering at Frostburg Village Nursing Home;
- 779 middle school students participated in health career awareness presentations, and 467 of them requested further career information.

Volunteer Hours: 20

Health Connections 2000

Funded by the Western Maryland Career Connections Employer Involvement Fund, *Health Connections 2000* worked with educational and community partners to help prepare young people interested in science and health careers. This year, *Health Connections* accomplished the following:

- 17 students increased their awareness of workplace readiness skills through 25 work-based learning experiences;
- Compiled *Health Career Pathway Resource Book*, highlighting resources and a step-by-step checklist for succeeding on the health career educational pathway;
- Shared *Health Career Pathway Resource Book* at workshops with parents and school counselors and distributed to middle and high school students in all three Western Maryland counties;
- Designed a Web page (www.allconet.org/ahec/healthconn) to provide easy access to evaluated health and bioscience links for use by students and teachers as an enhancement to curricula.

Volunteer Hours: 90

HCOP

Health Careers Opportunity Program

HCOP programs have been offered by WMAHEC since 1988. Even when federal funding was unavailable for a year, WMAHEC continued the program, recognizing its important contribution to the education of our community's young people. In 1996, that community broadened through WMAHEC's collaboration with West Virginia University (WVU) to form the Central Appalachian Health Careers Opportunity Network (CAHCON). Through the years, HCOP participants continued their education and pursued health careers. Examples of these accomplishments include Michelle Walker, nuclear medicine technologist; Jennifer (McCagh) Brenai, oncology pharmacist; Patty (Bean) Runkles, occupational therapist; Corey Finch, medical student, and many more. By providing young people in Western Maryland and West Virginia with educational and enrichment activities that prepare them for the rigors of health careers education, WMAHEC and WVU, with continued support from the Bureau of Health Professions, have "grown our own" health professionals. In the last two years, the program formalized the community partnerships that are crucial to the program's success. This year, HCOP highlights include:

- ◆ Health professionals offered Western Maryland students 19 seminars and presentations;
- ◆ Held preliminary education programs at WVU to facilitate entry and retention;
- ◆ Coordinated a preliminary education program at FSU for 16 students interested in six different allied health disciplines, with academic preparatory courses and activities such as these:
 - Participated in ropes course with the Chestnut Ridge Hospital staff as leaders;
 - Danced with seniors at the Frostburg Senior Center;
 - Traveled to Baltimore to view the Maryland Science Center, National Aquarium, and University of Maryland School of Medicine;
 - Visited the Pittsburgh Zoo and Komodo Dragon exhibit;
 - Participated in the National Coalition Building Institute at FSU;
 - Attended seminars on Stress Reduction, Budgeting, Interdisciplinary Teams, Hypnosis, and others;
 - Held a celebratory banquet with students, faculty/staff, and parents.



HCOP participants learn team building skills at Chestnut Ridge.

The six-week experience at HCOP has made me more confident in who I am and what I'm capable of. My peers and I have overcome many difficult challenges HCOP has presented us together. The teachers, my peers, this whole program have grown to become a part of me.

--Preliminary Education Participant

I know I'm better prepared for college.

--Preliminary Education Participant

Volunteer Hours: 45

IRT

Interdisciplinary Rural Training

The three-year *Rural Interdisciplinary Health Promotion* project, begun in September 2000, builds on our success in coordinating interdisciplinary rural training projects that bring education and community together. Through an interdisciplinary health promotion service learning training, the project links health professions faculty and students to adolescent, adult, and elderly populations of rural Western Maryland, targeting obesity prevention and stress reduction. Academic partners include Allegany College of Maryland Nursing and Respiratory Therapy Departments; Frostburg State University Department of Social Work; the University of Maryland School of Nursing, School of Social Work, Department of Physical Therapy, and Department of Medical and Research Technology; the University of Pittsburgh Graduate School of Public Health; and the Towson University Department of Occupational Therapy and Occupational Science. The project is funded by the Department of Health and Human Services, Quentin N. Burdick Program for Rural Interdisciplinary Training. This year:

- ◆ 18 faculty attended the Faculty Development Workshop which focused on teaching interdisciplinary team concepts, examining the clinical decision making processes of each discipline, designing web-based curricula, and developing interdisciplinary case studies;
- ◆ 104 social work, public health, and nursing students in five classes accessed the newly developed *Rural Interdisciplinary Teams Module* via the Internet at www.allconet.org/ahec/rihp. The web site contains lecture presentations, student learning activities, an extensive bibliography, and resource links to pertinent information. The module's components can easily be incorporated into existing courses and accessed independently by students. The materials brought new interdisciplinary concepts into the courses which previously were not included;
- ◆ 19 students from undergraduate and graduate nursing, medical technology, social work, and occupational, respiratory and physical therapy completed the interdisciplinary service learning training project. As interdisciplinary teams, they provided health promotion services to four rural Allegany and Garrett County senior centers. The student teams conducted cholesterol and blood pressure screenings, parachute exercises, range of motion exercises, and reminiscing activities with at least 75 participants aged 64-97;
- ◆ Gail Mazzocco, EdD, RN, offered a poster presentation titled *The Nurse and Community/Team Collaboration* at the National League for Nursing Education Summit 2000 last September. Connie Corley, PhD, LCSW, demonstrated the new *Rural Interdisciplinary Teams Module* at the Association for Gerontology in Higher Education Annual Conference in February.

Volunteer Hours: 78

The best part of the service learning training was --

... getting to interact with other healthcare professionals and seeing what they do to contribute to the team. I enjoyed the opportunity to touch another person's life (seniors) even for a short period of time.

... learning cultural practice and activities for the elderly (85+) of a rural community.

... learning about their area of residence.

--IRT Students



Student teams take seniors on A Summer Adventure, a range-of-motion activity, as part of the Rural Interdisciplinary Health Promotion Service Learning Training. Respiratory therapy student, Misty Rawlings, holding the basket, leads the activity at Mary Browning Senior Center in Oakland. Medical technology student, Chad Burger, on the left, and the seniors are pretending to pick fruit in this photo.

GAIT

Geriatric Assessment Interdisciplinary Team

The design of GAIT projects truly exemplifies WMAHEC's 25th anniversary theme: *Bringing Education and Health Care Together*. In its sixth year, GAIT provides health professions students in a variety of disciplines with opportunities to train in geriatric care and interdisciplinary concepts within community settings.

A majority of GAIT students report that they were not involved in interdisciplinary team care nor received any formal training in the team approach to health care prior to participating in GAIT. In GAIT, participants receive didactic and experiential education in Health Care Team Dynamics. They learn how staff at the host site work as a team to assess and plan care for elderly persons, form teams to work directly with elderly clients of the host site, and share their observations, insights, and care suggestions with the host site staff.

GAIT projects are funded by a University System of Maryland Redeployment Grant to the Geriatrics and Gerontology Education and Research (GGEAR) program at the University of Maryland, Baltimore; Training future health professionals to work collaboratively to provide quality care to elderly persons continues to be a focus this year, with these highlights:

- Provided GAIT experiences for 43 students representing law, medicine, nursing, occupational therapy, pharmacy, physical therapy, and social work. Forty health professionals from host sites participated as resource staff for the projects.
- Sponsored six GAIT projects on topics related to geriatric care: *Quality Nursing Home Care in Rural Areas*, *Geriatric Rehabilitation*, *Assisted Living in the Continuum of Long-Term Care*, *Quality Activity Programs: Maximizing the Physical and Cognitive Functioning of Elderly Persons*, *Caring for People with Alzheimer's: The Eden Alternative*, and *Leaving the Nursing Home: Rehabilitation and Discharge Planning*.
- Met with GAIT Coordinator at Eastern Shore AHEC to review GAIT project materials and activities and planned enhancements to continue to meet the needs of GAIT participants.



[The best part of the experience was] having the opportunity to work with a real world patient in a real world setting; to devise suggestions and then see how these suggestions could be implemented; and [understanding] practical barriers to implementation.

--GAIT Participant

Volunteer Hours: 171

The theme of the GAIT project held at Homewood Retirement Center of Williamsport Maryland was "Assisted Living in the Continuum of Long-Term Care." Pictured are participants from left to right: Dong Oh, School of Pharmacy; Gu-Uyen (Gwyn) Luong, School of Social Work; Lei Yu, School of Medicine; Eric Thorn, School of Medicine; Lana Bur, School of Medicine; Jeong So, School of Social Work; Nandita Tandon, School of Medicine, all from The University of Maryland at Baltimore.

Recruitment

GGEAR

Geriatrics and Gerontology Education and Research

Since projects were first implemented by WMAHEC with the GGEAR, University of Maryland, improvements have been made in service provision for the area's seniors as a result of continuing education. Community agencies providing services to the elderly are now collaborating more among themselves as a result of GGEAR mini-grant opportunities. This year's activities include:

- ◆ Supported five continuing education programs in Allegany, Garrett, and Washington Counties: *Diabetes and Aging; Pain Management and the Elderly and Long-Term Care Population; Aging: The Long and Winding Road; Substance Abuse Among Seniors; and Crimes & Misdemeanors: An Examination into Adult Abuse;*
- ◆ Facilitated 211 area health care professionals, seniors, and senior care providers in acquiring new skills, meeting certification and job requirements, and gaining personal enrichment.

In addition to these mini-grant opportunities, GGEAR sponsored other activities this year to bring education and community together:

- ◆ Redesigned and added resources to *Aging and Social Health Resources* Web page at www.allconet.org/ahec/aging.
- ◆ Middle school students and clinical education students participated in an aging simulation exercise, discussed health careers, and visited a health site to interview the elderly through a reminiscence activity.
- ◆ HCOP participants learned about health needs associated with aging and then joined seniors at Frostburg Community Center in line dancing.

Volunteer Hours: 25



*Sue Fryer, Secretary of the Maryland Department of Aging, presents the keynote address on *The Older Americans Act (Then and Now)* at the GGEAR mini-grant funded program, *Aging-the Long and Winding Road* program at the Grantsville Senior Center in Garrett County.*

Dental Caucus

Chair: Tim Longest, DDS
Board: Frank LaParle, DDS
IHEC: Vincent Fiorentino, DDS

- Cosponsored continuing education courses including *Infection Control & Infectious Disease*;
- Received training in *Internet/NLM Training for Health Professionals*;
- Received information about Maryland *Covering Kids* initiative;
- Invited to support development of awareness campaign regarding dental provider roles in child abuse;
- Hosted orthodontal assistant course;
- AGD approval renewed.



John Davis, DDS, longtime WMAHEC supporter and preceptor, is pictured with Young H. No, fourth-year student at the University of Maryland School of Dentistry, who completed two rotations in Western Maryland this year.

Volunteer Hours: 10

Dietetic Caucus

Chair: Jennifer Wilson, RD, LD
Vice Chair: Elaine Flick, RD, LD
Secretary: Theresa Stahl, RD, LD
Board: Jennifer Wilson, RD, LD
IHEC: Michelle Mealie, RD, LD

- Submitted nutrition tips to *Cumberland Times-News* as part of public outreach for National Nutrition Month;
- Co-sponsored *Eating for Health: Meatless Alternatives*, with over 100 participants, including 35 seniors;
- Began exploring programs for seniors on nutrition and healthy eating as part of caucus response to interest shown by this constituency in the *Eating for Health: Meatless Alternatives* program;
- Continued to update resource directory of area dietitians.



Dietetic Caucus members are pictured at "Eating for Health: Meatless Alternatives." From left to right are Amy Shuman, RD, LD; Suzanne Havala, MS, RD, LDW, FADA and Debra Wasserman, MA, both presenters from the Vegetarian Resource Group; Jennifer Wilson, MEd, RD, LD; Michelle Mealie, RD, LD; and Theresa Stahl, RD, LD.

Volunteer Hours: 67

Medical Caucus

Chair: V. Raul Felipa, MD
 Board: Susan Raver, MD
 IHEC: Gene Mazzocco, MD

- Participated in residency program development;
- Agreed to maintain CME database and award certificates bi-annually for the Western Maryland Health System CME Committee.

Volunteer Hours: 8



Caucus members participate in a presentation to University of Maryland medical students for Primary Care Week via distance education technology. Pictured, first row, left to right, are Kery Hummel, MS, William Lamm, MD; Michael Levitas, MD; back row, left to right, Shiv Kharma, MD; Wayne Spiggle, MD, and Terri Socha, BA, Clinical Education Coordinator. Participants not pictured are John Reed, MD, and Vincent Cantone, MD.

Nurse Practitioner Caucus

Chair: Cathy Chapman, CRNP
 Vice Chair: Mary Tola, CRNP
 Board: Cathy Chapman, CRNP
 IHEC: Vicki Willey, CRNP
 Treasurer: Vicki Willey, CRNP

- Held continuing education programs on topics such as allergic rhinitis, ADHD, otitis media, and post-partum depression;
- Conducted legislative information meetings and advocated for allowing nurse practitioners to prescribe medicine;
- Participated in panel discussion for HCOP students.



Jackie Snelson, CRNP, and Pat Stevens, CRNP (seated, left to right), discuss nurse practitioner career options with summer 2001 Health Careers Opportunity Program students at FSU.

Volunteer Hours: 127

Nursing Caucus



Chair: Jean Seifarth, MSN
Board: Donna Walbert, MS, RN

- Utilized local experts to develop workshops and continuing education courses for local nurses;
- Evaluated role, purpose, and structure.

Amy Kiddy, RN, BSN, College Health Nurse at the Brady Health Center, Frostburg State University, prepares medication for administration to a college student.

Volunteer Hours: 10

Occupational Therapy Caucus



Chair: Laura Robinson, OTR/L
Vice Chair: Gail Gahagen, COTA/L
Board: Elaine Keane, OTR/L
IHEC: Tracy Haller, COTA/L

- Held continuing education programs in conjunction with Allegany College of Maryland on topics such as osteoporosis, spirituality, and cognitive assessment;
- Promoted OT month with articles in the *Cumberland Times-News Health Journal*;
- Provided a scholarship to an Allegany College of Maryland OT Assistant student;
- Made several donations to local Lions Club to purchase equipment for needy clients;
- Presented a workshop to seniors at the YMCA on stroke awareness and facilitated a discussion with HCOP students on what it is like to be an OT.

Rae Ann Smith, OTR/L, WMHS, presents information on "Stroke Awareness" as part of the Senior Connection Series, a collaborative effort between the YMCA and the OT Caucus to raise awareness in seniors about stroke prevention, signs and symptoms of strokes and the importance of medical attention.

Volunteer Hours: 52

Pharmacy Caucus

Chair: Bill MacKay, RPh
 Board: James Kessell, PD
 IHEC: Bill MacKay, RPh

- Facilitated continuing education programs on pain management, asthma management, management of obesity, and *New Treatment Options in the Management of Arthritis*;
- Held forum with University of Maryland School of Pharmacy liaison to promote the Non-Traditional PharmD program that will begin in fiscal year 2002;
- Presented to HCOP students on pharmacy issues.



Pictured are Linda Orndoff, employed at the North Centre Street Pharmacy with James Kessell, PD, Manager, Pharmacy Services, Potomac Valley Pharmacy, Inc.

Volunteer Hours: 14

Physical Therapy Caucus

Chair: Jenny Vought, PT
 Vice Chair: Diane Preaskorn, PTA
 Board: Jenny Vought, PT
 IHEC: Diane Preaskorn, PTA

- Provided a scholarship to Allegany College of Maryland PT assistant student;
- Held continuing education programs in cooperation with Allegany College of Maryland on topics such as osteoporosis, spirituality and medicine, and Internet training.



Pam Dercola, MPT, Physical Therapy Caucus member (and former Clinical Education student), is pictured at Washington County Hospital with Renee Quick, Nursing Assistant.

Volunteer Hours: 27



Jason Edwards, PhD, an Associate Professor of Psychology and Director of the Center for Children and Families at Frostburg State University, discusses post graduate career choices with Amy Snipley, MS. Snipley graduated in May 2001 with a major in Counseling Psychology.

Psychology Caucus

Chair:	Jack Zealand, PhD
Board:	Judith Altemus, PsyD
IHEC:	Jason Edwards, PhD
Sec./Treas.:	Karla Hildreth, EdD

- Conducted caucus membership survey to obtain feedback on the role of the caucus and its continuing education needs;
- Participated in Internet Training;
- Planned a series of continuing education programs to be held after regularly scheduled caucus business meetings.

Volunteer Hours: 19

Social Work Caucus



The Social Work Caucus co-sponsored a continuing education program on attention deficit/hyperactivity disorder at Allegany College of Maryland in November 2000. Pictured are: Bruno J. Anthony, PhD, and Laura G. Foster, PhD

Board:	John Kenney, LCSW-C
IHEC:	Mary Lou Mosbey, LCSW-C

Allegany/Garrett Chair:	Anita Hartman-Rozas, LCSW-C
Vice Chair:	Carolyn Clauson-Andrews, LCSW-C
Secretary:	Jan Chippendale, LCSW
Treasurer:	Amy Monaco, LCSW

Washington County Chair:	Fred Hirsch, LCSW-C
Vice Chair:	Charlie Breakall, LCSW
Secretary:	Carol Suker, LCSW-C
Treasurer:	Carol Suker, LCSW-C

Volunteer Hours: 97

- Cosponsored a Social Work Month Luncheon to honor Allegany and Garrett County social workers with the Western Maryland Health System, with over 30 social workers participating;
- Cosponsored a Social Work Month Luncheon and continuing education program with the Washington County Hospital Association to honor Washington County social workers --65 attendees;
- Collected 1,563 pounds of food and \$105 in cash donations for the annual Social Work Food Drive, with eight agencies participating;
- Sponsored *Trends and Techniques in Social Work* and *Issues Impacting on Social Work*, two series of continuing education programs held in conjunction with caucus meetings, and co-sponsored a CE on attention deficit/hyperactivity disorder with Allegany College of Maryland;
- Supported the *Health Care for All* initiative.

University of Maryland School of Nursing Western Maryland Outreach

The University of Maryland School of Nursing Western Maryland Outreach shares this 25th Anniversary with WMAHEC. From the beginning, Gail Mazzocco, EdD, School of Nursing faculty and Western Maryland Outreach Coordinator, worked with Cumberland AHEC founders to increase nursing education opportunities in the region. In those twenty-five years, the program has graduated 327 students with Bachelor's Degrees in Nursing and 78 graduate-level nurses, most of whom practice in Allegany, Garrett, and Washington Counties. WMAHEC has supported these efforts all along, providing office and classroom space, clerical support, and information services for students and faculty. The relationship has been a symbiotic one, with Dr. Mazzocco, in turn, supporting WMAHEC activities by serving as a member of its Board and as an officer in the Nursing Caucus for many years, as well as providing day-to-day assistance and advice in all matters relating to nursing and health care in general. Since joining the Outreach program in 1994, Jackie Snelson, CRNP, has also contributed to WMAHEC's mission and has served on the Nurse Practitioner caucus, often as an IHEC representative.

This year, the University of Maryland School of Nursing has continued to bring nursing education opportunities to the Western Maryland community:

- ◆ Graduated 10 students from the Cumberland and Hagerstown sites;
- ◆ Began a new Family Nurse Practitioner program in Cumberland and Hagerstown, with 15 students enrolled;
- ◆ Completed a Geriatrics and Gerontology Education and Research project, *Transforming Student Projects into Enduring Community Offerings*, in cooperation with the WMAHEC and the Western Maryland Health System, aimed at increasing student interdisciplinary activities with a focus on working with seniors. Dr. Mazzocco presented a report on the project at the National League for Nursing Educational Summit;
- ◆ RN-to-BSN students continued to participate in the *Geriatric Assessment Interdisciplinary Team* projects and *Rural Interdisciplinary Health Promotion*.

Nursing Outreach Program Staff

Gail Mazzocco, EdD
Jackie Snelson, CRNP
Barbara Dobish, MSN

Coordinator/Faculty Member
Faculty Member
Faculty Member



Gail Mazzocco, EdD, teaches classes in the interactive video classroom at WMAHEC for students in Cumberland, Hagerstown, and Baltimore.

Distinguished Service Award

Presented to

Cathy Chapman, MS, CRNP

In recognition of her continued dedication to the Nurse Practitioner Caucus and Board of Directors, her commitment to professional advocacy and care for the underserved, and her contributions to the WMAHEC mission through service and leadership.



Jennifer Wilson accepts the Distinguished Service Award for Cathy Chapman, who was in Honduras doing missionary work on the date of the annual meeting.



Maggie Reitz accepts the John M. Dennis Award from Tom Cumiskey at the annual meeting.

John M. Dennis Award

Presented to

Sharon "Maggie" Reitz, PhD, OTR/L, FAOTA

In recognition of her dedication to and leadership in interdisciplinary education, her commitment to collaboration and innovation in curricula development, her enthusiasm for community service, and her contribution to the WMAHEC mission by improving access to and promoting quality in occupational therapy through educational partnerships.

Donald L. Spencer Award

Presented to

Donald L. Spencer, MPA

This award is given in honor of Donald L. Spencer, Executive Director of the WMAHEC from 1979 until 1997. His extraordinary energy, dedication, creativity, and persistence helped the WMAHEC to grow from a small organization to a major contributor to interdisciplinary education and practice in the region and in the nation. Additionally, Don's participation in legislative activity at the local, state, and national levels improved the distribution of health professionals throughout the region and the country.



Carol Hamblen accepts the Donald L. Spencer award from Scott Burleson on Don's behalf. Don was bicycling in Europe on the date of the annual meeting.

In appreciation

Mentors for Elective Site Visits

We gratefully acknowledge the practitioners who mentored health professions students during elective site visits.

Dona Alvarez, MD
Cindy Brown, CNM
Lena Cerbone, CNM
John W. Connolly, MD
Reed Erickson, MD and
Cumberland Emergency Medical Group, Inc.
Daniel Dorsey, MD
V. Raul Felipa, MD
Matthew Hahn, MD
Eric W. Harman, MD
Debra Hurtt, MD
J. V. Jones, OD
Sean L. McCagh, MD
Susan Nuber, MD
Stephen R. Powell, MD
Mohammad Shafiei, MD
Michael Stasko, MD
Judy Stone, MD
Howard R. Strauss, DDS

Allegany County Head Start/
Early Head Start Program
Allegany County Infant and
Toddlers Program
Archway Station
Joseph D. Brandenburg Center
Community Free Clinic, Hagerstown
Country House
Covenant House
Cumberland Fire Department
Lions Manor Nursing Home
Washington County Alzheimer's Program

Health Connections

These health professionals provided work-based learning experiences for high school and college students. We appreciate their dedication to the health professionals of tomorrow.

Brent Biller
Mary Ann Bloom
Lori Butler
Jennifer Church
James Cosgrove
John Davis
Dick Devore
Paula Fuller
Wes Hann
Ron Hensel
Aaron Hensley

Judy Menges
Dennis O'Leary
Linda Santmyre
Phillip Schroeder
Jerry Stewart
Carmela Stadter
Tom Strickland
Christina Taylor
Rod Whetstone
Sherry Wilson
Tony Zaloga

WMAHEC's accomplishment of "Bringing Education and Community Together for Twenty-Five Years" is impressive but certainly not achieved on its own. Our community partners have been vital to WMAHEC's success throughout the years. Whether by providing in-kind contributions or volunteering their own time, health professionals, educators, service providers, and other community members have worked in conjunction with WMAHEC to introduce young people to health careers, mentor and precept students, give presentations and seminars, plan programs, and provide many other services that WMAHEC relies on. We have attempted to give recognition to individuals such as mentors, preceptors, caucus officers, board members, and others in other sections of this annual report. Here, we also want to recognize the agencies that regularly collaborate with WMAHEC and give their staff the time to work on joint projects. In the twenty-five years of WMAHEC's existence, there have been hundreds of agencies that have contributed to our mission, and we are grateful for all those who have done so. The list below is of those agencies that worked with us in the 2000-01 fiscal year. If, by chance, we missed the name of any agency that worked with us this year, please accept our apologies and know that your work is appreciated by us and those it directly served.

<p>A STAR! in Western Maryland, an AmeriCorps Program Allconet Allegany College of Maryland Allegany County Board of Education and Public Schools Allegany County Department of Social Services Allegany County Family Violence Council Allegany County Health Department Allegany County Public Library System Allegany/Garrett Dental Society Allegany Health Right Alzheimer's Association of Western Maryland American Cancer Society Anne Arundel Community College Associated Charities</p> <p>Bishop Walsh Middle/High School</p> <p>Career Connections Carver Community Center CHAMP Chestnut Ridge Hospital Christ Lutheran Church Coalition for a Healthier Washington County Community College of Baltimore County - Essex Consortium of Health Information Libraries Outreach Cortland Acres Nursing Home County Market County United Way Cumberland Fire Department Cumberland Times-News</p> <p>Daybreak Adult Day Care Services Devlin Manor Nursing Home Duquesne University</p> <p>Eastern Shore Area Health Education Center Elizabethtown College</p> <p>Family Junction First Presbyterian Church Frank's Coffee Frostburg Health Center Frostburg State University Frostburg Village Nursing Care Center</p> <p>Garrett Community College Garrett County Board of Education Garrett County Community Action Committee, Inc. Garrett County Health Department Garrett County Health Planning Council Garrett County Local Management Board Garrett County Memorial Hospital Geriatrics and Gerontology Education and Research Program Goodwill Mennonite Nursing Home Grant County Board of Education and Public Schools Grantsville Senior Center</p>	<p>Hagerstown Community College Hampshire County Board of Education and Public Schools Herald Mail Homewood Retirement Center Human Resource Development Commission, Inc. Institute of Museum & Library Services Joseph D. Brandenburg Center LaVale United Methodist Church Lion's Manor Nursing Home Lockhaven University Love's Way Christian Center</p> <p>March of Dimes Martin's Maryland 2010 Maryland Affiliate of the Susan G. Komen Breast Cancer Foundation Maryland Association of Health Sciences Librarians Maryland Office of Children, Youth and Families Maryland Office of Primary Care and Rural Health Maryland Nurses Association Maryland Rural Health Association Maryland Statewide Medical Education & Training System Merck Pharmaceuticals Mineral County Board of Education and Public Schools Mineral Daily News-Tribune Mount Aloysius College Mountainside Community Coalition</p> <p>National AHEC Organization National Library of Medicine National Network of Libraries of Medicine, Southeastern/Atlantic Region National Technical Transfer Center</p> <p>Oakland Republican</p> <p>Parke-Davis Pharmaceuticals Pharmacia Potomac State College Potomac Valley Hospital Purdue Pharma</p> <p>Regional Education Services Agency Robert Wood Johnson Foundation Ruby Memorial Hospital Ruth Enlow Library of Garrett County</p> <p>Schering Searle Sheppard College Scarborough Library Somerset Hospital Center for Health STAR District</p>	<p>Thomas B. Finan Center Towson University Trinity Lutheran Church Tri-State Community Health Center</p> <p>U.S. Department of Health and Human Services, Health Resources and Services Administration, Bureau of Health Professions Union Memorial Hospital University of Arkansas University of Maryland University of Maryland Medical System University of Pittsburgh University of South Carolina, School of Medicine Library University System of Maryland Upper Potomac Dental Hygiene Society</p> <p>Vegetarian Resource Group Virginia Commonwealth University</p> <p>WCBC Radio WCI Food Service Warner Lambert Washington County Board of Education and Public Schools Washington County Commission on Aging Washington County Department of Social Services Washington County Health Department Washington County Free Library Washington County Health System West Virginia Commission on Aging West Virginia Institute of Technology West Virginia Library Association West Virginia School of Osteopathic Medicine West Virginia State College West Virginia University Western Maryland Economic Development Task Force Western Maryland Food Bank Western Maryland Health System Western Maryland Information Technology Coalition Western Maryland Regional Library Witmer Foods</p>
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Income*

Maryland Statewide Medical Education and Training System	\$324,000
Rural Interdisciplinary Health Promotion	
Quentin N. Burdick Program, DHHS, Bureau of Health Professions	\$147,143
Department of Health and Mental Hygiene (DHMH) - AHEC Funding	
Subrecipient Agreement with University of Maryland, Baltimore	\$138,889
Central Appalachian Health Careers Opportunity Network	
(DHHS, Bureau of Health Professions, Subcontract of WVU)	\$104,182
University System of Maryland Redeployment Initiative	
Geriatric Assessment Interdisciplinary Team (GAIT) Project	\$62,000
Maryland Covering Kids	
Robert Wood Johnson Foundation, Contract with University of Maryland Foundation, Inc.	\$48,225
Geriatrics and Gerontology Education and Research (GGEAR)	
University of Maryland, Baltimore	\$34,613
Western Maryland InfoHealth	
National Network of Libraries of Medicine, Southeastern/Atlantic Region	\$27,039
Western Maryland Health Information and Resource Network	
Service agreements with area hospitals	\$23,600
Bringing Effective Skills and Technology Together	
Institute of Museum and Library Services National Leadership Grant	\$20,740
Rural Primary Care Residency Program	
Subrecipient Agreement with University of Maryland, Baltimore	\$17,500
Minority Outreach and Technical Assistance Program	
Cigarette Restitution Fund Program, Subcontract with Maryland Center at Bowie State University	\$15,000 **
Health Connections 2000	\$11,522
Family Violence Coordinating Council	
Service Contract with Allegany County Department of Social Services	\$11,000
Community Development Partnership Program	
Subrecipient Agreement with University of Maryland, Baltimore	\$9,250
Western Maryland Multi-Use Telehealth Network	
Appalachian Regional Commission	\$8,632
What Now?	
The Maryland Affiliate of the Susan G. Komen Breast Cancer Foundation	\$7,000 **
Internet Training for Health Professionals	
National Library of Medicine	\$6,895
Maryland AHEC Program Web Design Development	
Subrecipient Agreement with the University of Maryland, Baltimore	\$5,750
Life Skills for a Healthier Future	
West Penn Chapter - March of Dimes	\$3,085
Rural Health and Telemedicine Needs in Maryland	
University of Maryland, Baltimore	\$2,500
Maryland Covering Kids Faith-Based Community Outreach	
Consulting Agreement with University of Maryland, Baltimore	\$1,259

Total \$1,029,824

Line Item Expenditures*

Personnel	\$612,425
Contractual Services	\$161,664
Communications	\$32,371
Printing and Supplies	\$41,153
Equipment and Equipment Contracts	\$31,775
Office Space and Utilities	\$54,860
Travel	\$23,074
Direct Student Support	\$40,852
Learning Resources	\$16,054

Total \$1,014,228

Expenditures by Functional Category*

Recruitment	\$460,175
Retention	\$130,483
Information	\$158,662
Advocacy	\$120,228
Administration	\$144,680

Total \$1,014,228

*For the fiscal year of July 1, 2000, through June 30, 2001

** Includes advanced funding of \$15,000 from the Maryland Center at Bowie State University and \$596 from the Susan G. Komen Foundation to be expended after June 30, 2001

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Maryland Statewide Medical Education & Training System

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**Western Maryland
Area Health
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