

Hospital Gets New Iron Lung

# WESTERN MARYLAND AREA HEALTH EDUCATION CENTER

## Inventing the Future



ANNUAL REPORT  
1999-2000

# Mission Statement

*The mission of Western Maryland Area Health Education Center (WMAHEC), a community-based organization, is to improve access to and promote quality in health care through educational partnerships with centers for higher education, community health professionals, and other vital supporters and advocates.*

## “Inventing the Future”

*This year's theme is borrowed from computer visionary Alan Kay's statement that “The best way to create the future is to invent it.”*

## Contents

Board Report	1
IHEC Report	2
Director's Vision	3
The Year in Review	4
Information	5
Advocacy & Recruitment	6
Recruitment	7
Recruitment & Retention	15
Outreach Program	21
Annual Awards	22
Mentors	23
Financial Highlights	24

*On the Cover: Top: The historic photo of the iron lung was provided courtesy of the Western Maryland Health System, Cumberland, Maryland. Bottom: The da Vinci<sup>TM</sup> Surgical System is a robotic surgical device manufactured by Intuitive Surgical, Inc., Mountain View, California. The da Vinci<sup>TM</sup> on the cover is located at the University of Dresden, Germany.*

The Western Maryland Area Health Education Center (WMAHEC) is moving into the new century with a solid foundation established in the past and a firm commitment to be an active change agent in the future of our community. It is the Board's role to oversee the personnel and fiscal management of the organization and, in doing so, we can see why WMAHEC continues to thrive. FY00 saw continued growth in established services and several new partners in program development.

Realizing the value of lifelong learning, WMAHEC invested in the continued development of staff. Concepts on team building, communication, and quality improvement were taught to all and are now being integrated through QI Teams and a Leadership Team. Several staff members completed degree programs this year including one with a Master of Library and Information Science (MLIS) degree. This MLIS credential is critical to the maturation of the information services provided by WMAHEC.

Another critical area is accountability, and WMAHEC continues to improve the quality of its tracking and outcomes. This year program applications, tracking forms, and databases were adjusted to comply with the Bureau of Health Profession's Comprehensive Performance Management System (CPMS) which looks at cross cutting indicators for the programs they fund. In this report, you will read about many of the outcomes achieved this year.

WMAHEC is organizationally sound. With experienced and enthusiastic staff who are always willing to take on a new challenge, the future is ours to make happen!



*Cathy Chapman, MS, CRNP  
Chairperson, Board of Directors*

**Volunteer Hours: 104**

# Board Report

The Interdisciplinary Health Education Council (IHEC) has the potential to eradicate artificial barriers among health professionals and open the door to true collaboration in meeting health care challenges of the future. This was demonstrated through the planning and implementation of the interdisciplinary continuing education program, *The Role of Health Care Professionals in the Management of High Risk Behaviors*.

IHEC brings the input of a multitude of health professionals together to discuss issues and the actions of WMAHEC. In an age of information overload and time constraints, there has been tremendous growth in WMAHEC's information and advocacy services. With Appalachian Regional Commission (ARC) funding, video conferencing capabilities were expanded through the *Western Maryland Multi-Use Telehealth (MUST) Network*. Through a National Library of Medicine (NLM) project, WMAHEC taught health professionals to access and evaluate reliable electronic resources. A directory of such resources focused on aging health and social services was added to the WMAHEC Web site for the Geriatrics and Gerontology Education and Research (GGEAR) program.

Continuing a tradition of service and advocacy, the WMAHEC joined the *Maryland Initiative: Covering Kids* project, funded by the Robert Wood Johnson Foundation, to expand outreach for the Maryland Children's Health Program (MCHP). In a facilitative role, the WMAHEC brings together the strengths of both the community and our academic partners to overcome barriers. The benefits of these partnerships are described throughout this report. By connecting health professions students with the community, we break down stereotypes and hope to recruit the practitioners of tomorrow.

As Western Maryland expands its telecommunications network, the opportunities for recruitment and retention of health care professionals will also expand. WMAHEC is ready to aid in this effort. Through ongoing enrichment programs, we also continue to "grow our own" health professionals and utilize technology to better prepare youth for the future. The new King Street House in Hagerstown will help expand our services in Washington County.

Y2K has been a busy year, and once again many health care and education partners have given generously of their time and expertise. Approximately 24,455 hours of service were contributed to WMAHEC programs with an estimated value of \$1,193,099.

## **Volunteer Hours: 60**

*Sue Coyle, MSN  
Chairperson  
Interdisciplinary Health Education Council*





Our Annual Report this year focuses on *Inventing the Future*. To me that means the need to create, network, partner, educate, and facilitate. These are the activities that AHECs do best, especially one that is fast approaching the celebration of its Silver Anniversary. In this report you can read about our past year accomplishments. In this letter, I want to share my vision for the future.

Already in the planning stages is the Western Maryland Rural Residency Program which will bring family practice residents to Western Maryland. Although both community and University of Maryland efforts will need to focus on curriculum development, securing preceptors, and site development, we can envision this as a significant new recruitment tool for future health professionals.

Telecommunications is an arena of rapid invention whose time has come. The exponential use of this technology will be limitless. WMAHEC accepts the challenge of integrating this technology into the fabric of daily living. We will serve as a catalyst to promote the use of these emerging technologies and to educate health care professionals about their benefits and applications. Telehealth is a reality and WMAHEC will bring together regional partners to apply for funding and implement projects using telecommunications.

In addition to communicating over distances, WMAHEC will continue to promote communication across disciplines. As a continuing and vital part of WMAHEC, new partners in interdisciplinary activities will be developed including complementary and alternative medicine providers. Continuing to network with partners in education, government, and community-based economic development initiatives will enhance the WMAHEC understanding of environmental, social and economic factors affecting the health of rural residents and their communities. The interdisciplinary learning from these nontraditional partnerships will broaden the experience WMAHEC can provide both health professionals and students.

The future is tomorrow; however, today we have the tools to invent what that future can be.



*Kery C. Hummel, MS*  
*Executive Director*

During this fiscal year, WMAHEC accomplished the following:

## Recruitment

- ◆ 259 students were supported in the health care education pipeline.
- ◆ 76 preceptors/mentors were utilized.
- ◆ WMAHEC collaborated with 22 universities/schools.
- ◆ Students representing 15 health care disciplines participated in recruitment programs.

## Retention

- ◆ 147 continuing education hours were offered with co-sponsors.
- ◆ 1,103 health professionals participated in continuing education programs.
- ◆ 787 hours were contributed by members to caucus, IHEC, and Board activities.

## Information

- ◆ 222 people were educated about information services.
- ◆ 1,164 information requests were processed by WMAHEC.
- ◆ Interactive video equipment was utilized for 485 hours at WMAHEC.
- ◆ 1,341 books, journals, and audiovisuals were utilized by Learning Resource Center patrons.

## Advocacy

- ◆ WMAHEC networked with 125 agencies.



*Many Thanks...*

*WMAHEC recognizes Nellie Mock, RSVP  
Volunteer, for giving 2000 hours of service to the  
Learning Resource Center.*

Never before has the dissemination and retrieval of information been woven so intricately into society's economic and social fabric. Practitioners and consumers alike have access to on-line resources that provide up-to-the-minute research and developments in how we live and breathe. However, the ability to locate quality information is critical. WMAHEC provides training on how to access and evaluate information resources so that with this knowledge we can make better decisions about our future.

- ◆ Provided hands-on training for health care professionals enhancing access to reliable, current biomedical information through the *Internet Training for Health Professionals* project funded by the National Library of Medicine (NLM).
- ◆ Collaborated with regional partners to develop the *Electronic Access to Health Information for the Public: Western Maryland InfoHealth* project, funded by the NLM and the National Network of Libraries of Medicine, Southeastern/Atlantic Region, which will assess consumer health information needs and improve Internet access to quality sources.
- ◆ Trained 36 librarians and library personnel in the use of NLM resources including PubMed, MEDLINEplus, medical terminology resources, and the on-line Health Information Needs Assessment.
- ◆ Expanded outreach with regional libraries through the Consortium of Health Information Library Outreach (CHIL-Out), including participation in two teleconferences, hosting a presentation on consumer health, and providing training on the new Web-based DOCLINE.
- ◆ Continued to provide information services through contract to the Western Maryland Health System, Garrett County Memorial Hospital, Somerset Hospital Center for Health, and Thomas B. Finan Center, including review of JCAHO standards regarding library services.
- ◆ Redesigned the WMAHEC Web site, making it more user friendly and easier to read. Continuously maintained Web site, adding new information and hyperlinks relating to health professions.



*Michele Beaulieu (far left) instructed Social Work Caucus members, seated, left to right, Donna McClintock, Clint Lepley, and, standing, Jack Parsons on how to use the Internet via the Internet for Health Professionals project funded by NLM. This class was held in a computer lab at Allegany College of Maryland.*

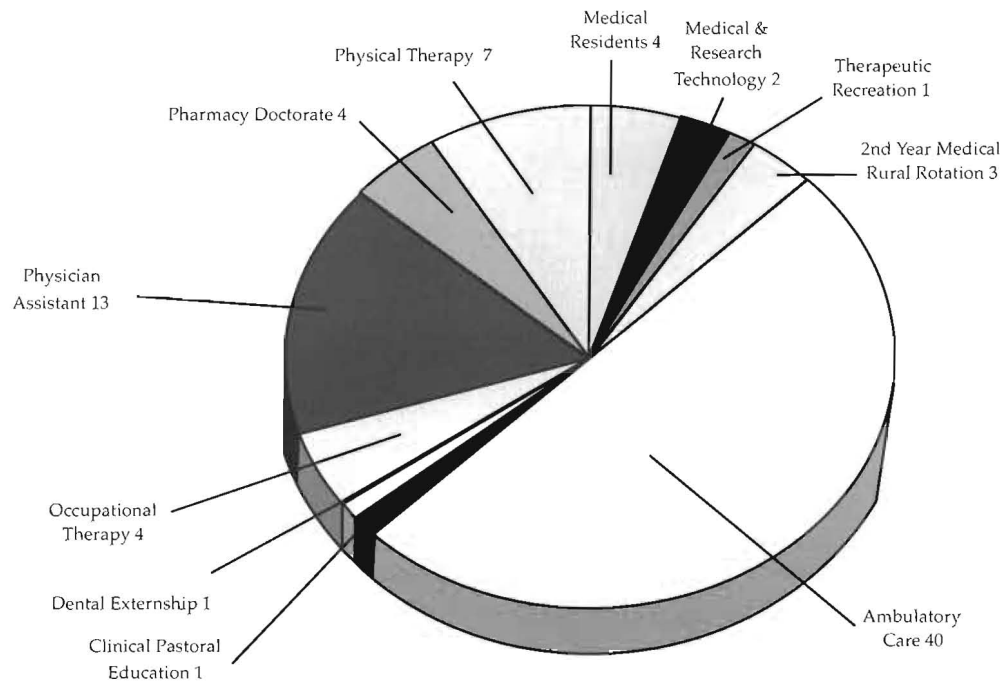
**Volunteer Hours: 59**

Community development begins within the community, and the future of our region depends on the efforts made today. WMAHEC continues to actively participate in partnerships which address community needs, including the Coalition for a Healthier Washington County, Garrett County Health Planning Council, and Mountainside Community Coalition.

- ◆ Facilitated outreach of Maryland Children's Health Program (MCHP) in Western Maryland as one of 3 pilot projects in the *Maryland Initiative: Covering Kids* program funded by the Robert Wood Johnson Foundation.
- ◆ Several caucuses, the Board, and IHEC endorsed the water fluoridation campaign and associated educational outreach.
- ◆ Completed Allegany Breast Care Outreach Education Program, funded by the Maryland Chapter of the Susan G. Komen Breast Cancer Foundation, which educated 558 consumers.
- ◆ Participated on the Allegany County Family Violence Council and was contracted to coordinate Council activities.
- ◆ Served in a leadership role in both the Maryland Rural Health Association (MRHA) and National AHEC Organization (NAO).

**Volunteer Hours: 81**

## Clinical Education Program Rotations July 1, 1999 to June 30, 2000



# Clinical Education

Health care in the twenty-first century is placing renewed emphasis on the health of the whole person. Many area health care providers have longstanding relationships with their patients and provide a personalized, multifaceted continuum of care. Area practitioners have also creatively addressed the impact of limited patient resources, compliance issues, transportation logistics, and the need to consult with experts across the state, the country, or the world using distance technology. Through clinical education we introduce health professions students and medical residents to the needs of this community and attempt to recruit them for future practice in rural Western Maryland.

- ◆ 41 preceptors in Allegany, Garrett, and Washington counties, as well as Pennsylvania and West Virginia, provided 573 weeks of experience in rural health care to 76 students, representing 9 disciplines and 16 universities, colleges, and programs.
- ◆ Added four new medical preceptors: Brian Bonham, MD; Shiv Khanna, MD; Elizabeth Phalen, MD; and Paula Waddy, MD.
- ◆ Established student housing in Hagerstown in collaboration with Washington County Health System, added a housing site in Garrett County, and installed Internet access to student rooms at the WMAHEC.
- ◆ Continued collaboration with Union Memorial Hospital, with two internal medicine residents participating in a rural rotation.
- ◆ Facilitated rural rotations for two family practice residents from the George Washington University, Holy Cross Family Medicine program.
- ◆ Coordinated a rural summer rotation for three second-year University of Maryland medical students.
- ◆ Coordinated a rural practice presentation attended by 90 first- and second-year medical students at a Primary Care Week forum at the University of Maryland School of Medicine.
- ◆ Presented a program on clinical education opportunities in Western Maryland to students at the Schools of Dentistry and Pharmacy, University of Maryland, as well as medical residents at Union Memorial Hospital.
- ◆ Cooperated with Allegany County Health Department to support a Pediatric Dentistry Fellow and with Allegany Health Right to support a pre-med AmeriCorps member.
- ◆ A medical student, who is also a licensed dentist, assisted in dental screenings for children in the Head Start program.

**Volunteer Hours: 22,920**

***"My experience far outweighed my expectations. I was pleasantly surprised at the resource center and the seminars. I was not expecting to have so many resources at my disposal, as well as supportive AHEC staff."***

**--Occupational therapy student**

# Clinical Rotations

## University of Maryland School of Medicine

***"I now have a greater appreciation for what practicing medicine in a rural setting can be like. Although never opposed to the thought of practicing in a rural setting, I am certainly now more receptive to the idea."***

**--Medical resident**

*Pictured: As part of her special rotation clinical experience, University of Maryland medical student Rabeea Janjua spends the day with Dr. Patricia B. Gotsch of the Garrett Medical Group.*

### Preceptor

Matthew Beckwith, MD

Brian Bonham, MD

James Bosley, MD

Thomas Chappell, MD

Robert Coughlin, MD

V. Raul Felipa, MD

Martin Gallagher, MD

Rosario Gonzaga, MD

Jesse Jalazo, MD

Thomas Johnson, MD

Margaret Kaiser, MD

William Kerns, MD

Shiv Khanna, MD

William Lamm, MD

Michael Levitas, MD

Jose Loveria, MD

Elmaslias Menchavez, MD

Mary Money, MD

Eugene Nallin, MD

Elizabeth Phelan, MD

John Reed, MD

### Student

David Robel

Ivan Cardona  
Emily Massey

John Caccamese  
Terrance Henderson  
Ravi Lala  
Allen Banegura

Daniel Cornfeld  
April Shelton

Joanne DeAusen

David Schwartz

Mohsin Husain

George Hescok

Zach Fowler  
Shalin Mehta  
Bonaventure Ngu

Ai Lam

Marjorie Fridkin  
Edwin Fuller, III  
Ian Steines

Keith Grams

Susan Yoo  
Thao Tran

Kurt Horst  
Sheryl Jones

Valerie Pate

David Kagen

George Hescok

Robert Lenz

Denise Brown

Joseph Wilson

Sameer Gupta



## University of Maryland School of Medicine (continued from previous page)

### Preceptor

Martha Riggle, MD

Huma Shakil, MD

Wayne Spiggle, MD

Paula Waddy, MD

Annette Warrenfeltz, MD

### Student

David Hager  
Matthew Sedgley

Monica Cotelingham  
Shawn Howell  
Jianping Yang

Eugene Rhim

Janice Ho  
Edward Oh

Jodi Demunter

*"Great experience,  
[it] far exceeded  
my expectations...  
[I] learned a great  
deal about how to  
manage a dental  
practice. [The  
experience]  
provides a  
broader view of  
clinical dentistry,  
especially in an  
area of great  
dental need."*

--Dental student

### Students in Special Rotations

Maegan Chaney  
Rabeea Janjua  
Jennifer Simpson

## University of Maryland School of Dentistry

### Preceptor

Jeffery Rhodes, DDS

### Student

Iris Shields

## University of Maryland School of Pharmacy

### Preceptor

James Crable, RPh

Carol Ritchie, RPh

Jerry Stewart, PD

### Student

Michael Cameron  
Juliette Taylor

Laura Mukungu

Jodie Rich

## University of Maryland Department of Medical Research & Technology

### Preceptor

Robert Manasse, PhD

### Student

Tseganesh Haileselasse  
Amy Maloney

## University of Maryland Department of Physical Therapy

### Preceptor

Rob Boyle, MS, PT  
Joan Divinagracia, PT  
John Staggers, MS, PT  
Khrys Thompson, MS, PT  
Tracy Umstot, MS, PT

### Student

Patricia McCoy  
Victoria Mitchell  
Mandi Buckheit  
Pamela Cole  
Margaret Butler  
Michelle Perez

## Participants From Other Universities and Programs

### Clinical Pastoral Education

#### Preceptor

Gene Gall, D Min

#### Student

Gary Beagles

#### University/Program

Western Maryland Health System

### Medical Residency Programs

#### Preceptor

William Lamm, MD  
Eugene Nallin, MD  
V. Raul Felipa, MD

#### Resident

Margaret Chang, MD  
Marcie Gousse, MD  
Robert Blackmon, MD  
Husam Semaan, MD

#### University/Program

George Washington University -  
Holy Cross  
George Washington University -  
Holy Cross  
Union Memorial Hospital  
Union Memorial Hospital

### Occupational Therapy Programs

#### Preceptor

Shauna Fiorentino, OTR/L  
Lydia Martin, OTR/L  
and John Stuckey, MS, OTR/L

#### Student

Jim Curley  
April Andrescavage  
Jennie Warmkessel  
Brandan Roseberry

#### University/Program

Mt. Aloysius College  
Elizabethtown College  
Towson University  
Virginia Commonwealth University

## Physical Therapy Program

Preceptor	Student	University/Program
John Staggers, MS, PT	Beena Patel	West Virginia University

## Physician Assistant Programs

Preceptor	Student	University/Program
Marc Kross, MD	David Rossi	Daemen College
Michael Radley, MD	David Rossi	Daemen College
Anthony Bollino, MD	Raimee Eck	Duquesne University
	Molly Meyers	Duquesne University
	John Napolitano	Duquesne University
	Michelle Pokorny	Duquesne University
	Allison Stanford	Duquesne University
	Cristen Steger	Duquesne University
	Joseph Stinelli	Duquesne University
	John Sweklo	Duquesne University
Robert Coughlin, MD	Scott Morsberger	Community College of Baltimore County
Elizabeth Phelan, MD	Agisi Makrodimitris	Community College of Baltimore County
Eugene Nallin, MD	Vince Fitzgerald	Community College of Baltimore County
Annette Warrenfeltz, MD	Sarah Lamy	George Washington University

## Therapeutic Recreation Program

Preceptor	Student	University/Program
Amy Inzeo, CTRS	Eric Hutsell	Ohio University

***“ There is so much I saw that I haven’t learned in school and I am now eager to learn. I would love to work in a place like this where the people are so friendly and caring. The experience you receive at the AHEC adds so much to the clinical experience. UMB is lucky to have such a supportive faculty and facility for its students.”***

**--Physical therapy student**

*Pictured are University of Maryland pharmacy student Juliette Taylor and her preceptor James B. Crable, RPh, Director of Pharmacy, Thomas B. Finan Center.*

## S.H.A.R.E.

### Student Health Action and Recruitment Education

Recognizing that our future is in the hands of today's youth, WMAHEC and A STAR! in Western Maryland, an AmeriCorps program, once again partnered to make a difference through a variety of hands-on activities. Middle school students were taught how to make healthier choices and were exposed to a diversity of health career opportunities. Through their exploration, the future will be invented.

- ◆ Presented health career information to students at 11 schools in Allegany and Garrett counties, with 381 students requesting and receiving information on health careers.
- ◆ Presented to 209 middle school students on self-esteem, healthy eating, stress management, and making better choices for healthy living during after school programs.
- ◆ Coordinated Summer Health Careers Camp at Frostburg State University, with 13 participants. Activities included CPR training, music therapy, laparoscopic surgery demonstration, and several health site tours.
- ◆ Coordinated intergenerational *Healthy Snacks Bingo* projects at both Devlin Manor Nursing Home and Georges Creek Adult Day Care, involving 25 Allegany County middle school students and 68 senior citizens.
- ◆ Partnered with the March of Dimes, Allegany County Board of Education, and Allegany County Health Department to host the second annual *S.H.O.P.'s Night Out*, providing 50 students with the techniques and tools to implement healthy behaviors. Pandora's Box of Garrett County Health Department, along with Frostburg State University social work students, helped present sessions on self-esteem, AIDS education, and decision making.
- ◆ Coordinated a health site tour of Ruby Memorial Hospital and the National Institute of Occupational Safety and Health (N.I.O.S.H.) for 24 students.



*Pictured, left to right, are Summer Health Careers Camp participants Michael Roberts, Christian Hunt, Melissa Stevens, Candice Leberfinger, Melanie Martin, Danielle Kennedy, and Scott Buckingham. These middle school students are practicing the hand/eye coordination skills required for laparoscopic surgery in the operating room at the Western Maryland Health System.*

***"This camp has made a big difference in my life. I have always wanted to be a pediatrician. I came to camp, and now I want to be an occupational therapist! The activities were cool. We were always doing something awesome. I had so much fun this year. Thank you!"***  
**--7th grader, Mt. Savage Middle School**

**Volunteer Hours: 72**

# HCOP

## Health Careers Opportunity Program

Western Maryland's future is tied to the successful preparation of youth for tomorrow's workforce. WMAHEC continues to prepare and motivate students interested in health professions through its collaboration with West Virginia University (WVU) under the Central Appalachian Health Careers Opportunity Network.

- ◆ Visited 29 high schools in Western Maryland and West Virginia to promote health careers, following up with career information to 501 students.
- ◆ Collaborated to host summer enrichment programs for 47 students pursuing health professions at Frostburg State University and West Virginia University.
- ◆ Coordinated a six-week residential preliminary education program at Frostburg State University for students interested in allied health professions.
- ◆ Contracted with the National Coalition Building Institute to facilitate a program for HCOP students on cultural diversity issues, focusing on acceptance and tolerance.
- ◆ Developed partnerships with the March of Dimes and Career Connections to strengthen Central Appalachian Health Careers Opportunity Network.
- ◆ Explored mechanisms for extending the pipeline from kindergarten through college.
- ◆ Published two *CHOICES* newsletters for high school counselors and program participants regarding HCOP summer enrichment programs, health career and scholarship information, and providing a means for program graduates to keep in touch via alumni updates.

***"All of the students improved their knowledge and skills in biology, but I believe the most improvement came from the students who knew that this program was set up to benefit them as individuals."***

**--HCOP biology instructor**



*Health Careers Opportunity Program (HCOP) participants celebrate completing the preliminary education program held at Frostburg State University. Waving the play money given them by instructor Krista Rose, they acknowledge the challenge of budgeting, a side benefit of the program. From, left to right, are Terry Daniels, Matt Bottorf, Roy Burns, Tanya Trumpower, Krista Rose, Nakeisha Merritt, and Rebecca Courts.*

**Volunteer Hours: 21**

Recruitment

## IRT

### Interdisciplinary Rural Training

*Interdisciplinary Prevention in Rural Communities* is taking steps toward recreating health professions practice for the new century. It has forged strong links between health professions education and rural communities. This community-campus partnership enables all participants to benefit. Faculty network and create curricula across departments and institutions which address directives from the Pew Health Professions Commission on competencies for the 21<sup>st</sup> century. Students learn about other disciplines and negotiate roles and conflicts as they form interdisciplinary teams to create innovative health promotion programs for elderly and pediatric populations. Students use their knowledge and skills collectively in concrete and creative ways toward a common goal. Community liaisons receive health promotion programming which addresses a community need, and consumers learn while having fun participating in the programs which promote a healthy lifestyle. This project is funded by the Department of Health and Human Services, Quentin N. Burdick Rural Health Interdisciplinary Program.

- ◆ 39 health professions students, representing undergraduate and graduate nursing, physical and occupational therapy, public health, and social work, completed courses developed through the *Interdisciplinary Prevention in Rural Communities* project.
- ◆ The course *Interdisciplinary Team Research: Applied Outcomes Research by Interdisciplinary Teams* evaluated two student team-developed programs. Conducting the research as interdisciplinary teams, students reported that they were more able to overcome discipline-specific jargon barriers, better understood their roles on an interdisciplinary team, and believed they were better prepared for clinical work. Overall the students found that the consumers were satisfied with the programs and some programs are being continued.
- ◆ 6 population-based health promotion programs were created and field-tested in the summer 2000 course *Interdisciplinary Prevention in Rural Communities* by interdisciplinary student teams. Geriatric health promotion efforts focused on senior fitness, physical and mental well-being, and nutrition. Pediatric projects targeted activities toward poison prevention, exercise, and learning about health care via play. These programs continue within the communities because students left the following:
  - Resource Guides and materials for each health promotion program and a staff training video for one site.
  - A permanent "Health First" play station which includes books, dress-up clothes, gross and fine motor activities, and toys associated with health care and health professionals.



*Georges Creek Adult Day Care Center clients, aged 21-91, participate in a parachute exercise led by an Interdisciplinary Prevention in Rural Communities team. The center is located in Lonaconing, Maryland.*

***"I now understand the meaning of the great disparity between urban and rural access to health care and the issues that create this disparity. I have also seen how a dedicated community truly works around barriers to provide what is needed."***

**--IRT participant**

**Volunteer Hours: 315**



# GAIT

## Geriatric Assessment Interdisciplinary Team

The coordination of care for the elderly is critical in today's highly specialized, cost-conscious health care environment. The elderly need comprehensive interdisciplinary health care that includes prevention, health maintenance, and chronic disease management. The GAIT project is designed to meet this challenge. Health professions students participate in experiential learning about health care team dynamics. They also work with a team of professionals at the site to learn how to assess and plan care for geriatric patients with multifaceted needs. Participating educational institutions were Frostburg State University, Salisbury State University, Towson University, and University of Maryland.

- ◆ Provided GAIT experiences involving 36 health professions from host sites for 48 students (representing medicine, nursing, occupational therapy, pharmacy, physical therapy, and social work), the Eastern Shore AHEC GAIT Coordinator, and Americorps members.
- ◆ Sponsored 5 theme-oriented GAIT projects: *Geriatric Rehabilitation; Quality Activity Programs; Caring for people with Alzheimer's: The Eden Alternative; Community-Based Hospice Care; and Leaving the Nursing Home: Rehabilitation and Discharge Planning.*
- ◆ Added 2 new GAIT project sites: Total Rehab Care of Washington County Hospital and Hospice of Garrett County, Inc.

**Volunteer Hours: 176**

***"We are privileged to be able to host the GAIT program. It is a very good learning experience for our staff, as well as the students...The exposure to the direct care setting is critical for students."***

**--Host site staff**

# GGEAR

## Geriatrics and Gerontology Education and Research

As the geriatric population grows, more needs are identified. With support from the Geriatrics and Gerontology Education and Research program, some of these needs have been addressed through interprofessional education focused on quality care and an evaluation of resources available to both providers and consumers.

- ◆ Collaborated on 6 geriatric continuing education programs for 308 participants through the mini-grant program: *End of Life Care; Care of the Aging Developmentally Disabled; Alzheimer's Care: Through the Maze, Directions in Memory Disorders in the 21<sup>st</sup> Century; Staying Alive: Minimizing Loss and Maximizing Potential; Humor, Exercise, Nutrition: Prescriptions for Stress Reduction; and A Practical Approach to Behavioral Management of Alzheimer's Disease & Other Dementias.*
- ◆ Developed Web page providing aging health and social resources for consumers and providers as part of WMAHEC Web site and assisted the Human Resources Development Commission with conversion of their Senior Resources Guide to an electronic format.



Western Maryland Hospital Center "Staying Alive" planning committee members take time out to prepare for the afternoon session. Standing, from left to right, are Barbara Resnick, Linda Zittle, Angie Clayborne, and Debbie Shank; sitting from left to right, Tammy Spitzer and Sandi Harbaugh.

**Volunteer Hours: 24**



Seated, left to right, are George Papadimitriou, DDS (former clinical education student) and Vincent Fiorentino, DDS (IHEC representative) at the "Mastering Esthetic Alternatives to Amalgam" continuing education program held at Rocky Gap State Park.

**Volunteer Hours: 20**

## Dental Caucus

Chair: Frank LaParle, DDS  
Board: Frank LaParle, DDS  
IHEC: Vincent Fiorentino, DDS

- ◆ Collaborated with Allegany/Garrett Dental Society on continuing dental education including *Mastering Esthetic Alternatives to Amalgam*.
- ◆ Supported water fluoridation campaign.
- ◆ Welcomed the pediatric fellow at the Allegany County Health Department to Western Maryland.
- ◆ Assisted with Dental Access proposal submitted by the Allegany County Health Department to the Maryland Healthcare Foundation.



Dietetic Caucus members attend "Big Fat Lies" continuing education program at Frostburg State University. Pictured, left to right, top row, are Jennifer Wilson, Susan Scarpelli, Sandra Fletcher, Jeff Hilzendeger, Amy Ritchie; bottom row, Theresa Stahl, Elaine Flick, Becky Schneider, Andrea Cole, and Jennifer Thorn.

**Volunteer Hours: 118**

## Dietetic Caucus

Chair: Jennifer Wilson, RD, LD  
Vice Chair: Elaine Flick, RD, LD  
Secretary: Theresa Stahl, RD, LD  
Board: Jennifer Wilson, RD, LD  
IHEC: Debbie Bowen, RD, LD

- ◆ Celebrated Nutrition Month by sharing nutrition tips in the *Cumberland Times-News*.
- ◆ Sponsored *Positive Nutrition: The Link to Healthy Aging* and *Big Fat Lies: The Truth About Your Weight and Your Health* continuing education courses.
- ◆ Participated in the Western Maryland Health System Health Fair and the Allegany County Commission for Women's *AIM for Health* event.
- ◆ Supported the water fluoridation campaign.
- ◆ Updated resource directory of area dietitians.
- ◆ Facilitated education campaign regarding a healthy diet and dispelling myths.

# Medical Caucus



*Husam Semaan, MD, right, joins Raul Felipa, MD in his internal medicine practice this summer after completing his clinical rotation at this site earlier in the year.*

Chair:	V. Raul Felipa, MD
Board:	Susan Raver, MD
IHEC:	Gene Mazzocco, MD
Garrett County:	Margaret Kaiser, MD
Washington County:	William Plavcan, MD

- ◆ Recruited new preceptors for the clinical education program.
- ◆ Supported telemedicine seminar for second-year medical students.
- ◆ Discussed residency program options as a mechanism for recruiting future primary care providers for Western Maryland.

**Volunteer Hours: 8**

# Nurse Practitioner Caucus



*Nurse Practitioner Caucus members, back row, left to right, are Cathy Chapman, Nanette Kelly, Jeannette Sweitzer, Bronwen Berliner, Vicki Willey, and Norma Howe; seated, front row, Peggy Heule, Mary Tola, Bonnie Gallo, Dawn Wolford, and Penny Delligatti.*

Chair:	Cathy Chapman, CRNP
Vice Chair:	Mary Tola, CRNP
IHEC:	Jackie Snelson, CRNP
Board:	Cathy Chapman, CRNP
Treasurer:	Vicki Willey, CRNP

- ◆ Participated in Western Maryland Health System Health Fair by performing body fat analysis.
- ◆ Continued to offer continuing education components at each caucus meeting. Topics included diabetes, arthritis, allergic rhinitis, and osteoporosis.
- ◆ Took a public position on fluoride, submitting an article to the *Cumberland Times-News* in support of water fluoridation.
- ◆ Advocated for the recognition of nurse practitioners as primary care providers by meeting with legislators.
- ◆ Supported Allegany Breast Care (ABC) Outreach Education Program by providing community education.

**Volunteer Hours: 127**

## Nursing Caucus

Chair: Jean Seifarth, MSN  
 Vice Chair: Gail Mazzocco, EdD, RN  
 Board: Donna Walbert, MS, RN  
 IHEC: Molly Lilly, BSN, RN

- ◆ Reviewed caucus mission and agreed to host continuing education program on spirituality.
- ◆ Supported Allegany Breast Care (ABC) Outreach Education Program by providing community education.

**Volunteer Hours: 17**



*Judy Menges, RNC, a clinician for WMHS's Pediatric/Young Adult Unit at the Memorial Campus, works at the Pyxis Med Station. Pyxis, a secured system, is accessed via touch screen and requires a password. It contains most common drugs, sedatives, and narcotics for each patient on the unit.*

## Occupational Therapy Caucus

Chair: Laura Robinson, OTR/L  
 Vice Chair: Heather Wilson, OTR/L  
 IHEC: Tracy Haller, COTA/L  
 Board: Elaine Keane, OTR/L

- ◆ Collaborated with Allegany College of Maryland to develop community service project for Occupational Therapy Assistant honors program students.
- ◆ Promoted Occupational Therapy month and made a donation to the LaVale Lions Club to purchase adaptive equipment.
- ◆ Provided a scholarship to an Occupational Therapy Assistant student at Allegany College of Maryland.
- ◆ Partnered with Allegany College of Maryland to provide continuing education programs: *Practical Principals in Wound Care II* and *Myofacial Therapy for the Upper Extremities*. Also with Allegany College and the Physical Therapy Caucus, provided *Co-occurring Disorders: Mental Illness and Substance Abuse; Geriatric Wellness and Rehabilitation; Vestibular Rehabilitation; and Healing Touch, Level I*.



*The Occupational Therapy Caucus celebrates Occupational Therapy Month by presenting a donation to the LaVale Lions Club to help those in the community with disabilities. Bob May, president of the Lions Club, receives a check from Laura Robinson, OTR/L, Occupational Therapy Caucus chairperson, far right. Also pictured, from left to right, are caucus members Gayle Gabagen, COTA/L, and Bud Hall, co-chair, Lions Club Convalescent Equipment Committee.*

## Pharmacy Caucus

Chair: Jim Kessell, RPh  
 Board: Vacant  
 IHEC: Bill MacKay, RPh



Pharmacist Jerry Herpel, PD, shows clinical education student Chris Asher an antique prescription bottle from his collection at Deep Creek Lake Pharmacy.

- ◆ Sponsored *Arthritis Update* and *New Directions in the Treatment of Asthma*.
- ◆ Co-sponsored *Heart Failure, Novopen*, and *Pharmacist Competency and Patient Care Improvement* continuing education programs.
- ◆ Officially joined with the Allegany and Garrett County Pharmacy Associations to support continuing education efforts in Western Maryland.
- ◆ Continued to advocate for outreach of University of Maryland PharmD program.

**Volunteer Hours: 32**

## Physical Therapy Caucus

Chair: Mike Staggers, MS, PT  
 Vice Chair: Jenny Vought, PT  
 IHEC: Diane Preaskorn, PTA  
 Board: Jenny Vought, PT



At the Allegany County Nursing Home, Diane Preaskorn, PTA, far left, and Mike Morrissey, COTA, far right, show Lori Depto, OTA student from Allegany College of Maryland, exercises using the "peanut," a modified form of the therapeutic ball, which is extremely useful for balance training.

- ◆ Provided scholarship to a Physical Therapy Assistant student at Allegany College of Maryland.
- ◆ Partnered with Allegany College of Maryland and Occupational Therapy Caucus on the following continuing education programs: *Geriatric Wellness & Rehabilitation*; *Vestibular Rehabilitation*; *Co-occurring Disorders: Mental Illness and Substance Abuse*; and *Healing Touch, Level I*.

**Volunteer Hours: 18**

## Psychology Caucus

Chair: Jack Zealand, PhD  
 Board: Judith Altemus, PsyD  
 IHEC: Jason Edwards, PhD  
 Sec./Treas.: Karla Hildreth, EdD

- ◆ Planned a series of psychology continuing education programs.
- ◆ Contributed to *Mountainside Mardi Gras* and efforts to combat domestic violence.
- ◆ Advocated position regarding professional continuing education requirements for psychologists.



*Pictured, left to right, are Caucus members Toni Wiseman and Jack Zealand sharing with caucus members the fact sheet for the Mountainside Mardi Gras fund raiser.*

**Volunteer Hours: 17**

## Social Work Caucus

IHEC: Mary Lou Mosbey, LCSW-C  
 Board: John Kenney, LCSW-C

Allegany/Garrett Chair: Anita Hartman-Rozas, LCSW-C  
 Vice Chair: Sue Dorson, MSW  
 Secretary: Jan Chippendale, LCSW  
 Treasurer: Amy Monaco, LCSW

Washington County Chair: Kathleen Curtin, LCSW-C  
 Vice Chair: Charlie Breakall, LCSW  
 Secretary: Carrie Strider, LASW  
 Treasurer: Carol Suker, LCSW-C



*Officers of the Allegany County unit of the Social Work Caucus, pictured left to right, are Anita Hartman-Rozas, Jan Chippendale, and Amy Monaco.*

- ◆ Sponsored continuing education series *Trends and Techniques in Social Work* and *Issues Impacting on Social Work*.
- ◆ Coordinated a food drive in honor of Social Work Month.
- ◆ Participated in luncheons hosted by the Western Maryland Health System and Washington County Health System during Social Work Month.
- ◆ Promoted profession in *Cumberland Times-News* during Social Work Month.
- ◆ Hosted legislative update via distance education.

**Volunteer Hours: 232**



## University of Maryland School of Nursing Western Maryland Outreach

WMAHEC continues to offer its facility and support to the University of Maryland School of Nursing outreach program. In 2000, 20 undergraduates and 7 graduate students from Western Maryland and Frederick County completed their nursing degrees via the sites in Cumberland and Hagerstown. These nursing professionals and future graduates will help address the nursing shortage.

Students in the region may now also complete either a Family Nurse Practitioner track or the MS/MBA program. The latter is a program that the School of Nursing supports in cooperation with Frostburg State University.

### Nursing Outreach Program Staff

Gail Mazzocco, EdD  
Jackie Snelson, CRNP  
Barbara Dobish, MSN

Coordinator/Faculty Member  
Faculty Member  
Faculty Member

***“Being a family nurse practitioner expands career opportunities. In Maryland, nurse practitioners, under agreement with a physician, are able to diagnose and treat acute and controlled chronic conditions and make referrals to other health care providers.”***

--Faculty, University of Maryland School of Nursing



*Brenda McKenzie, RN, right, a student in the RN-to-BSN program, gets an injection from a preschooler role-playing as her doctor at Jennings Head Start in Grantsville, Maryland, as part of the “Health First” program, developed by McKenzie’s team during the Interdisciplinary Prevention in Rural Communities course.*

## Distinguished Service Award

Presented to

**Jennifer Wilson, MEd, RD, LD**

In recognition of her contributions to the Western Maryland Area Health Education Center's mission through service and leadership, her commitment to the Dietetic Caucus and Board of Directors, her encouragement of others to get involved, her active participation in continuing education and community service, her support of interdisciplinary education, and her dedication to quality health care.



---

## John M. Dennis Award

Presented to

**Angie Battaglia, MS**

In recognition of her contributions to the Western Maryland Area Health Education Center's mission over the years, her commitment to clinical education and support of innovative programs between the Western Maryland AHEC and the University of Maryland School of Medicine, her influence in the Geriatric Assessment Interdisciplinary Team Project and interest in rural health advocacy, and her resourcefulness as liaison among the university, students, and preceptors throughout the state.



## In appreciation

We gratefully acknowledge the practitioners who mentored health professions students during special rotations and elective site visits.

### Mentors of Second-Year Medical Student Rotations

James Bosley, MD Private Practice	Debra Hurtt, MD Children's Medical Group	Michael Stasko, MD Stasko Surgical Associates
Cynthia Brown, CNM Private Practice	Susan Nuber, MD Children's Medical Group	Judy Stone, MD Private Practice
John Connolly, MD Private Practice	Heather Peirce, MD Private Practice	Staff Allegany County Health Department
Susan Coyle, MSN YMCA Family Center	Elizabeth Phalen, MD Westvaco Family Medical Center	Staff Family Crisis Resource Center
V. Raul Felipa, MD Private Practice	Susan Raver, MD Allegany County Health Department	Staff, Perinatal Unit Western Maryland Health System
Patricia Gotsch, MD Garrett Medical Group	John Reed, MD Smithsburg Family Medical Center	Staff YMCA Family Center
Jean Helz, MD Private Practice	Huma Shakil, MD Private Practice	

### Mentors for Elective Site Visits

Donna Alvarez, MD Garrett County Orthopaedics	Myung-Sup Kim, MD Tri-State Radiology	Emergency Department Western Maryland Health System
Cynthia Brown, CNM Private Practice	Sean McCagh, MD McCagh & Roberts Dermatology	Home Health Nurses Garrett County Health Department
Lena Horwitz Cerbone, CNM Preston Women's Health Center	Stephen R. Powell, MD Regional Eye Associates	Staff Allegany County Infants and Toddlers Program
F. Daniel Jackson, MD The Imaging Center	Howard Strauss, DDS Private Practice	Staff Diagnostic Imaging Services
J. V. Jones, OD Lifetime Vision Care Group	Medical Department Federal Correctional Institution	
Jong K. Kim, MD Tri-State Radiology	Medical Department Western Correctional Institute	

## ***Income\****

Maryland Statewide Medical Education and Training System	\$324,000
Department of Health and Mental Hygiene (DHMH) - AHEC Funding	\$138,889
University System of Maryland Redeployment Initiative	
Geriatric Assessment Interdisciplinary Team (GAIT) Project	\$67,000
University of Maryland, Baltimore	
Geriatrics and Gerontology Education and Research (GGEAR)	\$30,000
Quentin N. Burdick Rural Health Interdisciplinary Program	
(DHHS, Bureau of Health Professions)	
Interdisciplinary Prevention in Rural Communities	\$160,604
Health Careers Opportunity Program	
(DHHS, Bureau of Health Professions, Subcontract of WVU)	
Central Appalachian Health Careers Opportunity Network	\$96,959
Nursing Education Opportunities Program	
(DHHS, Bureau of Health Professions)	
Eastern Alleghenies Nursing Education Opportunities Program	\$48,008
Robert Wood Johnson Foundation	
Subcontract of University of Maryland Foundation, Inc.	
Maryland Initiative: Covering Kids	\$51,499
Western Maryland Health Information and Resource Network	\$22,000
National Network of Libraries of Medicine, Southeastern/Atlantic Region	
Electronic Access to Health Information for the Public: Western Maryland InfoHealth	\$7,377
National Library of Medicine	
Internet Training for Health Professionals	\$1,744
Governor's Office of Crime Control & Prevention (VAWA)	
Subcontract of Department of Social Services	
Family Violence Coordinating Council	\$11,000
Appalachian Regional Commission	
Western Maryland Multi-Use Telehealth Network	\$28,090
Community Development Block Grant	
Community Needs & Assets Assessment Plan	\$12,923
The Maryland Chapter of the Susan G. Komen Breast Cancer Foundation	
Allegany Breast Care Outreach Education Program	\$3,704
University of Maryland School of Medicine	
Funding for Renovations to Washington County Student Housing Facility	\$5,000
University of Maryland, Baltimore	
Funding for Travel Expenses of Medical Students in Rural	
Ambulatory Care Clinical Rotations	\$1,000
Total	\$1,009,797

## ***Line Item Expenditures\****

Personnel	\$568,560
Contractual Services	\$159,745
Communications	\$38,131
Printing and Supplies	\$25,142
Equipment and Equipment Contracts	\$45,209
Office Space and Utilities	\$88,012
Travel	\$21,199
Direct Student Support	\$47,930
Learning Resources	\$15,869
Total	\$1,009,797

## ***Expenditures by Functional Category\****

Recruitment	\$458,165
Retention	\$129,913
Information	\$157,969
Advocacy	\$119,702
Administration	\$144,048
Total	\$1,009,797

\*For the fiscal year of July 1, 1999, through June 30, 2000

## Board of Directors

Cathy Chapman, CRNP, Chair  
John Kenney, LCSW-C, Vice-Chair  
Sue Raver, MD, Secretary  
Frank LaParle, DDS, Treasurer  
Judith Altemus, PsyD  
Claudia Baquet, MD, MPH  
Verna Bender, RN  
Rodney Grotfelty, MPH  
Christine Grontkowski, PhD  
The Honorable John Hafer

Elaine Keane, OTR/L  
Henrietta Lease, MBA  
Edward A. Malloy, Jr., JD  
Dan McDougal, MD  
Lesley Perry, PhD, RN  
Sandra Rowland, MA  
Betty Shank, BA  
Jenny Vought, PT  
Jennifer Wilson, RD, MED  
Sue Coyle, MSN (ex officio)

## Interdisciplinary Health Education Council

Sue Coyle, MSN, Chair  
Debbie Bowen, RD  
Jason Edwards, PhD  
Vince Fiorentino, DDS  
Laurie Grant, MNEd  
Tracy Haller, COTA/L  
Molly Lilly, BSN  
Bill MacKay, RPh

Gene Mazzocco, MD  
Mary Lou Mosbey, LCSW-C  
Jane Paulson, MEd  
Maggie Pratt  
Diane Preaskorn, PTA  
Jackie Sams, MSEd  
Jackie Snelson, CRNP  
Donna Walbert, MS

## Core Funding

### Maryland Statewide Medical Education & Training System

#### University of Maryland

Donald E. Wilson, MD  
*Dean, University of Maryland School of Medicine*

Claudia Baquet, MD, MPH  
*Associate Dean for Policy and Planning, University of Maryland  
School of Medicine; Project Director, Maryland AHEC Program*

Joann Boughman, PhD  
*Vice President of Academic Affairs, University of Maryland*

#### Department of Health and Mental Hygiene

Georges Benjamin, MD  
*Secretary, Department of Health and Mental Hygiene*

## WMAHEC Staff

(Listing includes full-time, part-time, and volunteer positions)

Kery C. Hummel, MS, Executive Director

D. Michele Beaulieu, RN, BSN, Coordinator of Health Information Services

Martha Bird-Middleton, MPA, Coordinator of Advocacy and Development

Jennifer Blatchley, BS, Health Careers Enrichment Facilitator

Nathan Blatchley, BS, Community Assessment Program Specialist

Jackie Booth, Administrative Specialist I

Ed Bridges, BS, Operations Systems Specialist

Mary Clites, Custodian

Amy Crock, Administrative Specialist I

Karen Dell, AA, Administrative Specialist I

Robin Deter, AA, Administrative Specialist I

Suzanna Dotson, MEd, MSW, Coordinator of Community Education

Dan Fabbri, BS, Computer Services Specialist

Nancy Forlifer, MA, Associate Director

Nellie Mock, RSVP Volunteer

Gigi O'Baker, BS, Health Information Specialist

Amy Lynn Robison, MPH, Coordinator of Health Personnel Development

Terri Socha, BA, Coordinator of Clinical Education

Mary Spalding-Edgerly, MA, MLIS, Coordinator of Information Management

Harry L. Taylor, Administrative Specialist I

Tyron Tracy, BS, Computer Services Specialist

Rebecca Whitehill, Executive Secretary



Western Maryland  
Area Health  
Education Center  
Columbia Building  
11 Columbia Street  
Cumberland, MD 21502

Non-Profit Organization  
U.S. Postage  
**PAID**  
Permit 748  
Cumberland, MD 21502

