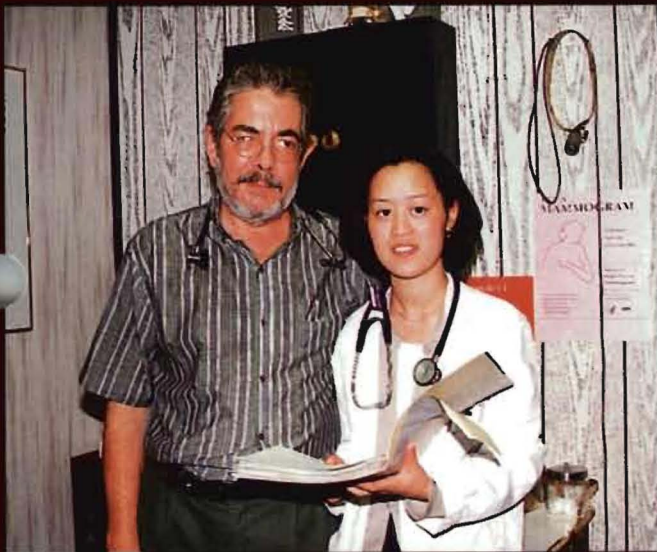




# Western Maryland Area Health Education Center



*... a partner in the  
future of health care*



*Annual Report 1998-99*

# Our Mission

*The Western Maryland Area Health Education Center (WMAHEC) is a community-based health personnel development organization working to improve access to and promote quality in health care through educational partnerships with centers for higher education, community health professionals, and other vital supporters and advocates.*

## Contents

Board Report	1
IHEC Report	2
Director's Vision	3
The Year in Review	4
Information	5
Advocacy	6
Recruitment	7
Retention	15
Outreach Programs	21
Annual Awards	22
Mentors	23
Financial Highlights	24

*On the Cover: Top: The Cumberland Fire Department describes emergency medical procedures to middle school students participating in Student Health Action and Recruitment Education (S.H.A.R.E.). Center: University of Maryland medical student Charissa Chang is precepted by James Bosley, MD. Bottom: Michele Beaulieu, Coordinator of Health Information Services, shows health career Web sites to Health Connections Coordinator Kathryn Robinson.*

This year, by actively revitalizing current partnerships as well as developing new associations, WMAHEC met the future head on. WMAHEC strengthened its ties to the University System of Maryland through partnership opportunities that benefitted both the University System and our area. With the Geriatrics and Gerontology Education and Research program, mini-grants were awarded to four regional agencies to provide multidisciplinary geriatric education for area providers. Through the *Geriatric Assessment Interdisciplinary Team* project, health professions students received first-hand exposure to geriatric services in Western Maryland. As a part of the *Interdisciplinary Prevention in Rural Communities* project, students from four universities collaborated to develop health promotion activities for targeted Head Start programs and senior centers. These are just a few examples of the benefits gained from community-campus partnerships.

WMAHEC also enhanced its regional network. Negotiations continued with the Washington County Health System to establish a satellite office and student housing in that county. A telehealth grant was submitted to the Appalachian Regional Commission (ARC) to provide telemedicine equipment at each of the three county health departments, the Western Maryland Health System, and several satellite locations. Continued efforts will address the use of these facilities and equipment for educational and clinical programming throughout the region.

Several internal procedures were modified this year to meet current and future workplace needs. A salary study was performed, bringing employee compensation to par with the base salary of similar positions within the region. An employee handbook was compiled with personnel policies reviewed by legal counsel, and the accounting system was automated.

As evident in this report, the Center has had a very productive year in many areas. With continued commitment from the Board, executive director, staff, and our partners, I am confident that WMAHEC will continue to be a leader in improving both education and health care for Western Maryland.



*Walter Donalson*

Walter Donalson, MBA  
Chairperson, Board of Directors

**Volunteer Hours: 104**



In FY 99, WMAHEC maintained its commitment to integrate the perspectives of health professional groups and the community in program development. Building partnerships and increasing support by caucus members were crucial to our success. Working with over 100 partners, WMAHEC has been able to provide service in all three Western Maryland counties. Through community service projects, mentoring, advocacy efforts, and continuing education, the caucuses have helped prepare a more vital community for the future. Students, ranging from middle school through residency, have also aided the community through WMAHEC.

Caucus participation in the Western Maryland Health System Health Fair, food drives, and other community service projects best illustrate this year's commitment to partner with others and build a healthier, more vital community. Students involved in clinical education, interdisciplinary rural training, and the *Student Health Action and Recruitment Education* program have participated in service projects promoting healthy behaviors to both the young and elderly in Allegany, Garrett, and Washington counties.

With funding from the Maryland Chapter of the Susan G. Komen Foundation, WMAHEC was able to partner with the Western Maryland Health System and health departments in Allegany and Garrett counties to design and implement a breast cancer prevention project in response to an identified community need. Responding to community needs through educational partnerships continued to be a priority for WMAHEC.

As we prepare for the future, IHEC is exploring continued promotion of caucus opportunities and the design of interdisciplinary continuing education. Critical to the success of all WMAHEC endeavors are the time and effort contributed by the health care and education community. This year approximately 20,061 volunteer hours were contributed to WMAHEC programs with an estimated value of \$944,218.

**Volunteer Hours: 72**

Sue Coyle, MSN  
Chairperson  
Interdisciplinary Health Education Council



*Sue Coyle*



Western Maryland Area Health Education Center, a partner in the future of health care, quickly approaches its silver anniversary. WMAHEC remains active in the community, facing opportunities and challenges to improve access to and promote quality in health care. Relationships fostered over the years will continue to prosper in the future.

We are developing and implementing programs that enable future health professionals to gain the needed competencies to succeed in their careers. This year we expanded our role in the health career pipeline through after-school programs and *Health Connections*.

We are teaching health care professionals how to gain access to quality information that will enhance the care they provide. Participation in the Western Maryland Information Technology Coalition and the Consortium of Health Information Library Outreach (CHIL-Out) has expanded WMAHEC's ability to provide information services.

We are helping to build healthier communities throughout Western Maryland. As a result of the *Community Needs and Assets Assessment Project*, we were collaboratively able to develop a community building coalition in Allegany County. Through continued participation in the Maryland Rural Health Association (MRHA), we have helped develop positions on rural health policy and advocated for the needs of the region.

The WMAHEC continues to be a leader and partner in national, state, and local endeavors. In June WMAHEC helped organize the first Regional Mid-Atlantic AHEC conference in Baltimore. Partnering with regional AHECs has stimulated cooperative projects and a leadership role for us with the National AHEC Organization.

The maturity of our organization allows for commitments to be made and honored. Change is the only certainty of the future, and WMAHEC approaches it with the same commitment we have given in the past.

Kery Hummel, MS  
Executive Director



*Kery Hummel*

# Director's Vision

## Recruitment

- ◆ 214 students were supported in the health care education pipeline this fiscal year.
- ◆ 81 preceptors/mentors were utilized by WMAHEC this fiscal year.
- ◆ WMAHEC collaborated with 22 universities/schools this fiscal year.
- ◆ Students representing 14 health care disciplines participated via WMAHEC this fiscal year.

## Retention

- ◆ 194 continuing education hours were offered with WMAHEC this fiscal year.
- ◆ 1,629 health professionals participated in continuing education programs through WMAHEC this fiscal year.
- ◆ 924 hours were contributed by members to caucus, IHEC, and Board activities this fiscal year.

## Information

- ◆ 349 people were educated about information services this fiscal year.
- ◆ 1,377 information requests were processed by WMAHEC this fiscal year.
- ◆ Interactive video equipment was utilized for 413 hours at WMAHEC this fiscal year.
- ◆ Patrons utilized the Learning Resource Center 360 times this fiscal year.

## Advocacy

- ◆ WMAHEC networked with 122 agencies this fiscal year.



### In Memoriam

*Deborah Ebel Hartman, MTS  
March 8, 1950 - March 11, 1999.  
Deb was employed as Coordinator of Program  
Development with the WMAHEC.*

The role of information services continued to grow as the Internet and other electronic resources change the way health care is delivered. Service contracts were maintained with the Western Maryland Health System (WMHS), Garrett County Memorial Hospital, and Somerset Hospital Center for Health.

- ◆ Processed 1,377 information requests.
- ◆ Instructed 349 persons including clinical education and health career recruitment program students; Western Maryland Health System, WMAHEC, and Department of Health and Mental Hygiene (DHMH) staff; and area health professionals on Internet and related health information services.
- ◆ Coordinated hands-on training on PubMed for area librarians and health information providers in cooperation with National Network of Libraries of Medicine/Southeastern Atlantic Region (NN/LM SE/A).
- ◆ Provided training on MEDLINE<sup>plus</sup>, health literacy, and Y2K preparedness to the Consortium of Health Information Libraries/Outreach (CHIL-Out).
- ◆ Assisted Somerset Hospital Center for Health in gathering information for Joint Commission on Accreditation for Healthcare Organizations (JCAHO) accreditation.
- ◆ Helped design and maintain Garrett County Memorial Hospital's health references database.
- ◆ Shared information on National Library of Medicine and National Network of Libraries of Medicine, Southeastern/Atlantic Region, through exhibit at Rural Maryland's Development and Health Care Summit, attended by 164 participants.
- ◆ Offered Internet training sessions for MEDLINE<sup>plus</sup> and PubMed at the Rural Maryland's Summit on Development and Health Care.
- ◆ Provided over 200 hours of library coverage at the Western Maryland Health System.

**Volunteer Hours: 282**



*As part of its contract with the Western Maryland Health System (WMHS), WMAHEC staff Gigi O'Baker (left) and Michele Beaulieu (center) assist WMHS librarian Margie Gacki (right) in archiving health journals.*



Through a variety of partnerships, WMAHEC addressed several health care and education needs in the region. Advocating for access to and quality in health care remained our focus. WMAHEC staff maintained membership in and actively participated on the board or committees of numerous local, state, and national organizations.

- ◆ Provided state-of-the art breast cancer prevention training and resources to 38 nurses and nurse practitioners through the *Allegany Breast Care Outreach* education program (ABC Outreach), funded by the Maryland Chapter of the Susan G. Komen Foundation.
- ◆ Initiated ABC Outreach efforts, educating over 60 consumers to date.
- ◆ Participated in the Allegany County Family Violence Council and received subcontract for coordination of Council activities.
- ◆ Served on Coalition for a Healthier Washington County & Garrett County Health Planning Council.
- ◆ Coordinated *Community Needs and Assets Assessment Project* funded by the City of Cumberland's Community Development Block Grant and the Governor's Office of Children, Youth and Families, resulting in a comprehensive snapshot of Allegany County across 12 factors of community health.



In June, the first Mid-Atlantic AHEC Conference was held in Baltimore, Maryland. Pictured at the meeting, from left to right, are Lyn Hainge, Executive Director, Northern Virginia AHEC; David Matos, Jr., AHEC Program, AHECs of New Jersey; Audrey Koertvelyessy, Deputy Chief, AHEC Branch, National AHEC Office; Kery Hummel, Executive Director, WMAHEC; Sally Henry, Director, Garden AHEC, New Jersey; and Louis D. Coccodrilli, Chief, AHEC Branch Office, National AHEC Office.

- ◆ Co-sponsored *Building Our Community From the Inside Out* in April with keynote speaker Tyler Norris, President of the National Coalition for Healthier Cities and Communities.
- ◆ Served on planning committee for *Healthy Communities 2000 Summit* in Washington County.
- ◆ Co-founded an ongoing Allegany County community building coalition with representation from 36 agencies, organizations, and government officials.
- ◆ Facilitated planning for the first Regional Mid-Atlantic AHEC Conference attended by 13 area AHECs from 5 Mid-Atlantic states.
- ◆ Continued leadership role with the Maryland Rural Health Association (MRHA) and through MRHA partnered with the FORVM for Rural Maryland and the State Office of Rural Health to have the first annual *Rural Maryland's Summit on Development and Health Care* at Rocky Gap Lodge and Golf Resort in November.
- ◆ Spearheaded Health Professional Shortage Area designations for portions of Allegany County.

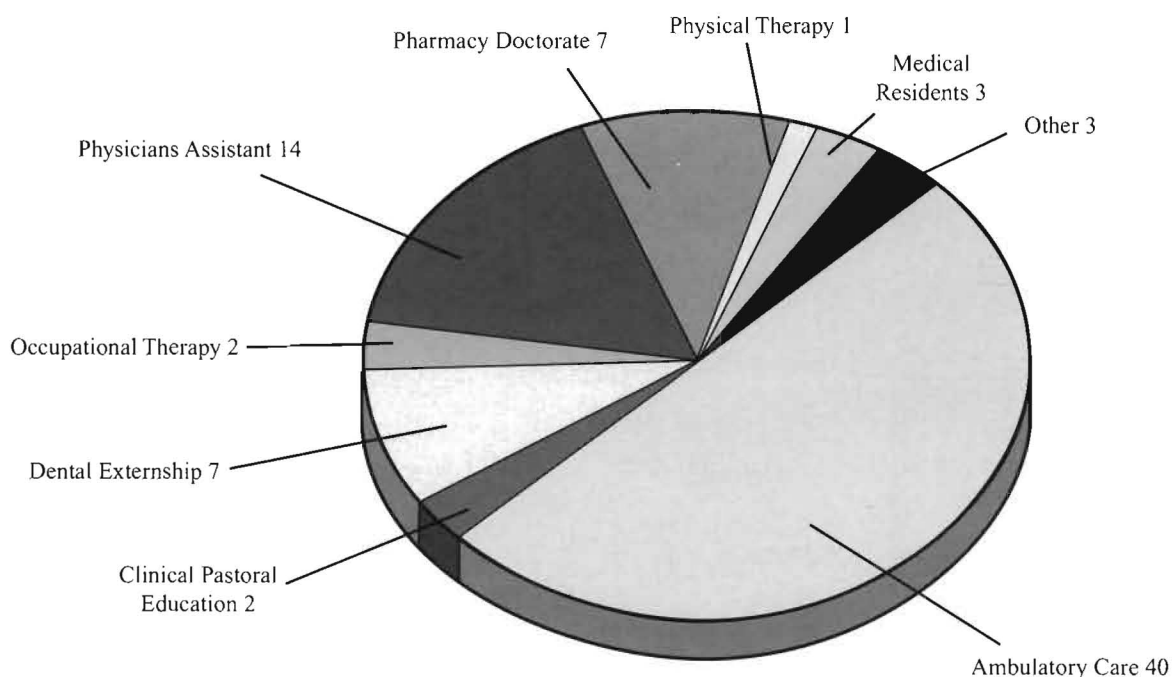
# Clinical Education

WMAHEC, in planning for the future, has continued its collaborative partnerships in the Clinical Education program. Forty-five preceptors in Allegany, Garrett, and Washington counties, as well as Pennsylvania and West Virginia, provided students and residents representing 7 disciplines and 14 universities, colleges, and programs with a diverse exposure to quality rural health care. Additional health care professionals enriched students' experiences by presenting at interdisciplinary seminars and hosting student site visits.

- ◆ Added three new medical preceptors: Vasant Datta, MD; Daniel Dorsey, MD; and Huma Shakil, MD.
- ◆ Continued to build the program with Union Memorial Hospital, having three medical residents involved in rural rotations.
- ◆ Streamlined student orientation to focus on the importance of rural clinical experience in a rural area, the value of site visits, and a commitment to community service.
- ◆ Debuted *Western Maryland, The Region, Its People, and Health Care*, a new video featuring Western Maryland health practitioners.
- ◆ Began negotiating an agreement with Washington County Health System to increase housing and clinical opportunities in Washington County.
- ◆ Expanded the information available on WMAHEC's Web site about the Clinical Education program, housing at the AHEC, and links to other community sites about the region.

**Volunteer Hours: 17,120**

## Clinical Education Program Rotations July 1, 1998 to June 30, 1999



# Clinical Rotations

## University of Maryland School of Medicine

***"My rotation increased my range of experiences, demonstrating the challenges and benefits to practicing in a rural environment."***

**--Medical student**

*Pictured: University of Maryland medical student Stephen Engroff is shown with his preceptor, Dr. Eugene Nallin, of the Hyndman Community Health Center in Pennsylvania.*

### Preceptor

Matthew Beckwith, MD  
James Bosley, MD

Thomas Chappell, MD

Vasant Datta, MD

Daniel Dorsey, MD

V. Raul Felipa, MD

Martin Gallagher, MD

Laurence Greenspoon, MD

Jesse Jalazo, MD

Thomas Johnson, MD

Margaret Kaiser, MD

William Lamm, MD

Virginia Magbojos, MD

Mary Money, MD

Eugene Nallin, MD

Walter Naumann, MD

John Reed, MD

Karl Schwalm, MD

### Student

Sameer Mehta  
Charissa Chang  
Danny Herman  
Nia Jewell  
Thomas McIntyre

Sunguk Jang

Vishal Datta  
Philip Efron  
Hitesh Patel

Michael Garofalo

David Asreal  
Sara Mess  
Randal Riesett

Elizabeth Hartman  
Neesha Pammi

Edwin Preston

Richard Rosol

Elizabeth Weaver

Matthew Duran  
Michael B. Lee  
Ana Maldonado  
Jamokay Taylor  
Ursina Teitelbaum

Susan Hsieh

Susan Padrino

Poonam Gutt  
David Potter

Stephen Engroff

Claudia Ranniger

Trinh Ly  
Todd Tenenholz

Christine Browning





## University of Maryland School of Medicine

(Continued from Previous Page)

### Preceptor

Huma Shakil, MD  
Arnold Vera, MD  
Albert Villarosa, MD  
Gary Wagoner, MD  
Annette Warrenfeltz, MD

### Student

Katherine Noe  
Christopher Murphy  
Ivan Wu  
Punit Aghera  
Michael Bang  
Rashmi Hande  
Anisha Varma  
Catherine Nelson

## University of Maryland School of Dentistry

### Preceptor

John Davis, DDS  
Daniel Koch, DMD  
Frank LaParle, DDS  
Daniel Parthoff, DDS  
Jeffery Rhodes, DDS

### Student

Sina Malekuti  
James Lee  
Hee Kim  
George Papadimitriou  
Gina Kaiser  
Yi Tan

*"The practice I was in showed me the exciting future dentistry holds and the high standards of care that can be upheld, even in a sparsely populated area. The dental practice has shown to me that the well-managed practice can thrive in a wide array of settings just by doing what is most fitting for the patient: providing modern and intelligent care."*

--Dental student

## University of Maryland School of Pharmacy

*"I don't know  
when I would ever  
get [another]  
opportunity to see  
so many other  
disciplines  
interacting in our  
busy curriculum.  
[My experience]  
will allow me to  
better understand  
what other health  
professionals go  
through and what  
they mean in their  
[patient] notes."*

--Physical therapy  
student

### Preceptor

Jon Wes Hann, RPh

Gerard Herpel, PD

Robert Martin, RPh

Richard Ottmar, RPh, MBA

Jerry Stewart, PD

### Student

Danny Timney

Gregory Donylk

Michael Cameron  
John McKigney

Jennifer Koterwas

Nneka Anwah  
Tina Bayuse

## University of Maryland Department of Physical Therapy

### Preceptor

John Staggers, PT

### Student

Michael Ritucci

## Participants From Other Universities and Programs

### Ambulatory Care Medicine

#### Preceptor

Matthew Beckwith, MD  
Arseen Salimon

#### Student

Ashraf Elsayegh

#### University/Program

Ross University

### Clinical Pastoral Education

#### Preceptor

Gene Gall, D Min

#### Student

Cheryl Berner  
Gary Beagles

#### University/Program

Lutheran Theological Seminary  
Western Maryland Health System

### Dental

#### Preceptor

Randall Vaught, DDS

#### Student

Maylene Chu

#### University/Program

University of Louisville



## Medical Residency

### Preceptor

V. Raul Felipa, MD

### Resident

Waindel Belizaire, MD  
Peiging Gao, MD  
Husam Semann, MD

### University/Program

Union Memorial Hospital

## Occupational Therapy

### Preceptor

Lydia Martin, MS, OTR/L  
and John Stuckey, MS, OTR/L

### Student

Jennifer Chambers  
Brit Jodon

### University/Program

Elizabethtown College  
University of Pittsburgh

## Physician Assistant

### Preceptor

David Baer, MD  
Elliot Bilosky, MD  
Anthony Bollino, MD  
  
Marc Finder, MD  
  
Sandra Howard, MD  
  
Rohollah Moainie, MD  
Randall Stroup, PA-C

### Student

Katherine Keranen  
Chris Ross  
Katie Aloe  
Jamie Alton  
Nicole Bobiak  
Allison Bureau  
Kara Gradek  
Jami Grim  
Timothy Melinson  
Erin Rutkoski  
  
Andrea Lipchik  
  
Rebecca Bayer  
  
Danielle Groce  
Nancy Scott

### University/Program

St. Francis College  
St. Francis College  
Duquesne University  
Duquesne University  
Duquesne University  
Duquesne University  
Duquesne University  
Duquesne University  
Duquesne University  
St. Francis College  
  
Chatham College  
  
George Washington University  
George Washington University

***"The experience was greater than [my] expectations. It was really a great chance to open your eyes to the entire world of health care and the team approach to management."***

***--Physician assistant student***

***"The experience gave me a very good idea about practice in rural areas, which is very important for me. I liked this area and I will try to practice [here]. I found myself working with a very popular physician and an excellent teacher. It is a busy practice and I definitely enjoyed this experience."***

***--Medical resident***

*Jennifer Chambers, Elizabethtown College, occupational therapy student, is shown with her preceptor, John Stuckey, MS, OTR/L, at the Thomas B. Finam Center.*



## S.H.A.R.E.

### Student Health Action and Recruitment Education

WMAHEC and A STAR!, an AmeriCorps program, partnered with schools and community health professionals to ensure that middle school students were made aware of a variety of health careers and educational pathways. Students learned about healthy behaviors and shared that information in community service projects.

- ◆ Visited 13 area middle schools and presented health career related information to 3,005 middle school students.
- ◆ Involved 40 middle school students in service projects impacting 105 community residents and expanded to year-round health related activities including after-school program field trips.
- ◆ Sponsored summer health careers camps with 30 middle school students participating. Parents of participants unanimously reflected a perceived increase in their child's interest in health and health occupations. Summer camp activities included Murder Mystery Days, in which students learned about various aspects of forensics; Martin Luther King Diversity Garden service project; and a site visit to a local veterinarian hospital and nursing home.



*S.H.A.R.E. students practice teambuilding skills at the summer camp held in June.*

**Volunteer Hours: 70**

*"I feel this program has greatly helped me to prepare for college. Before I was nervous, but now I'm confident since I know what to expect... I have realized this from my percentage improvement on tests."*

*--H.C.O.P. participant*

## HCOP

### Health Careers Opportunity Program

WMAHEC continued its partnership with West Virginia University (WVU) under the Central Appalachian Health Careers Opportunity Network to recruit and support young people interested in future health careers. Participating institutions of higher education included University of West Virginia System; University of Maryland, Baltimore; Frostburg State University; Garrett Community College; Allegany College of Maryland; and Hagerstown Community College.

- ◆ Contacted 831 students from 30 school districts in Western Maryland and West Virginia, promoting health careers and advising students about the educational pathway.
- ◆ Coordinated a preliminary education program with 15 entering freshman and 2 high school students interested in allied health careers at Frostburg State University and assisted in facilitating entry program at West Virginia University.
- ◆ Collaborated to host summer enrichment programs for 75 students at Frostburg State University and West Virginia University.
- ◆ Students visited the University of Maryland Medical System and Ruby Memorial Hospital, touring various health sites.

**Volunteer Hours: 910**

# NEOP

## Nursing Education Opportunities Program

WMAHEC collaborated with the University of Maryland, Baltimore; Towson University; and Allegany College of Maryland to introduce high school students to the nursing profession through summer recruitment and preliminary education.

- ◆ Completed the second summer recruitment workshop and preliminary education program (June-July 1998) with 14 students.
- ◆ Visited 15 high schools, speaking with 831 students about changes in the nursing field and career opportunities.
- ◆ Visited the University of Maryland Medical System and Ruby Memorial Hospital, toured various health sites, and learned clinical skills at the University of Maryland, Baltimore School of Nursing Clinical Simulation Laboratories.
- ◆ Planned recruitment workshop and preliminary education programs to be held in July 1999.

**Volunteer Hours: 107**

*"I have been planning on being a Respiratory Therapist for many years, but I never really knew what it really involved. Now I do."*

--Health Connections student



*Chemistry instructor Melissa Blank, upper left, looks on while NEOP students, left to right, Heather Gant, Mindy Shroyer, and Denise Ross conduct a litmus test during the Preliminary Education program.*

## Health Connections

With Career Connections Employer Incentive Funds, WMAHEC was able to develop *Health Connections*, a collaborative of health industry representatives and educators from regional secondary and post-secondary systems. The project included development and implementation of a regional conference, coordination of work-based experiences for students in three western Maryland counties, and planning a work-based model for future implementation.

- ◆ 36 participants, representing 11 professional career tracks, participated in the *Assessing Resources for Development of Tomorrow's Health Professional* conference held in November at Rocky Gap Lodge and Golf Resort, Cumberland, Maryland.
- ◆ 34 students shadowed health professionals representing seven disciplines to gain first-hand exposure to a professional health care worksite.
- ◆ Designed a model for student-to-student learning focusing on disease prevention and the role of future health professionals.

**Volunteer Hours: 133**



## IRT

### Interdisciplinary Rural Training

WMAHEC's interdisciplinary rural training program is funded by the Department of Health and Human Service, Quentin N. Burdick Program for Rural Interdisciplinary Training. Participating faculty and students are affiliated with Allegany College of Maryland (Respiratory Therapy Program), Towson University (Occupational Therapy Department), University of Maryland (Schools of Nursing and Social Work and Department of Physical Therapy), and University of Pittsburgh (Graduate School of Public Health and Health Promotion & Education Degree Program). Through community campus partnerships, health professions student teams develop and demonstrate health promotion programs in Western Maryland by working with senior centers and Head Start programs.

- ◆ 20 health professions students, representing 7 disciplines, completed courses developed through the *Interdisciplinary Prevention in Rural Communities* project.
- ◆ The course *Interdisciplinary Team Research: Applied Outcomes Research by Interdisciplinary Teams* was developed and implemented for the first time.
- ◆ Interdisciplinary student teams developed and field-tested population-based health promotion programs in the course *Interdisciplinary Prevention in Rural Communities*.
- ◆ *Strides for Life*, a walking program developed for seniors by IRT students, received an award from the Maryland Public Health Association in recognition of outstanding contributions to the health and well being of an at-risk group; the walking program has been continued at two sites.
- ◆ 53 students, faculty, regional health professionals, and community agency representatives attended the symposium titled *Interdisciplinary Approaches to Prevention*.



*"Although this class was fast-paced, the opportunity to work with other disciplines dealing directly with a societal and community issue was very rewarding."*

-- IRT participant

*Interdisciplinary Prevention in Rural Communities student Kathie Tusaie-Mumford uses bubbles to demonstrate a method for releasing anger with Jennings Head Start preschoolers in Grantsville, Maryland.*

**Volunteer Hours: 145**



# GAIT

## Geriatric Assessment Interdisciplinary Team

The *Geriatric Assessment Interdisciplinary Team* (GAIT) project provides students with a rural, clinical training experience in health care team skills and interdisciplinary geriatric assessment. Participating institutions include Frostburg State University; Towson University; University of Maryland, Baltimore; and Salisbury State University, which joined this year.

- ◆ 48 students representing counseling psychology, communication sciences, dentistry, nursing, medicine, occupational therapy, pharmacy, physical therapy, and social work participated in 7 GAIT projects in Western Maryland.
- ◆ 20 health care professionals shared their expertise in interdisciplinary geriatric care at host sites in Allegany, Frederick, Garrett and Washington counties, and nearby West Virginia.
- ◆ Established new sites at Garrett County Adult Evaluation and Review Services, formerly (G.E.S.), and Western Maryland Health System's Extended Care Unit and Adult Medical Day Care.
- ◆ Presented the GAIT curriculum model at the annual meeting of the Association for Gerontology in Higher Education in St. Louis, Missouri, and the Interdisciplinary Team Training Institute in Geriatric and Primary Care in Newport, Rhode Island.



*GAIT students, pictured left to right, Stephanie Comer-Concordia, University of Maryland School of Nursing; Sameer H. Mehta, University of Maryland School of Medicine; Punit Aghera, University of Maryland School of Medicine; and Robin Reed, Towson University, Department of Occupational Therapy, visit the Homewood Nursing Care Center, Williamsport to learn interdisciplinary assessment skills.*

**Volunteer Hours: 141**

# GGEAR

## Geriatrics and Gerontology Education and Research

WMAHEC once again received support from the University of Maryland's Geriatrics and Gerontology Education Research program to bring interprofessional education and research efforts in the field of aging to Western Maryland.

- ◆ Co-sponsored 8 geriatric continuing education programs for 566 participants on topics ranging from the management of spinal cord related disorders to end-of-life care.
- ◆ Continued to offer mini-grants enabling area health care agencies to plan and implement interdisciplinary geriatric education.
- ◆ Supported needs identified by providers through various formats, including a Train the Trainer program for adult day care staff and clients and a program on the care of the dying that was brought to 11 nursing homes in Washington County.
- ◆ Coordinated a vendor fair in conjunction with an education program at Robinwood Medical Center.
- ◆ Planned conference and follow-up project on Senior Community Case Management.

**Volunteer Hours: 24**



*Pictured, left to right, are John Davis, member of the Dental Caucus, and Frank LaParle, Chairperson.*

- ◆ Precepted six dental students from the University of Maryland, with one returning to practice in Allegany County.
- ◆ Explored opportunities for program development with Harry Goodman, DDS, for expanded dental health services in rural Western Maryland.

**Volunteer Hours: 16**



*Nationally known speaker Carol Coughlin, RD, LD, pictured far right, presented *Picky Eaters: Keeping Children Healthy* in October. The Dietetic Caucus sponsored the program. Members pictured, front row, left to right, are Elaine Flick, Theresa Stahl, Michelle Mealie; back row: left to right, Debbie Bowen, Becky Schneider, Jennifer Wilson, Amy Ritchie, and Sandy Fletcher.*

- ◆ Celebrated Nutrition Month with daily tips in the *Cumberland Times-News*.
- ◆ Sponsored *Picky Eaters: Keeping Children Healthy* and *Providing Quality Nutritional Services* continuing education courses.
- ◆ Collected donations for the Western Maryland Food Bank in conjunction with the *Picky Eaters* lecture for the general public.
- ◆ Participated in the WMHS Health Fair, sharing nutrition information.

**Volunteer Hours: 68**

## Dental Caucus

Chair: Frank LaParle, DDS  
 Board: Frank LaParle, DDS  
 IHEC : Vincent Fiorentino, DDS

## Dietetic Caucus

Chair: Jennifer Wilson, RD, LD  
 Vice Chair: Elaine Flick, RD, LD  
 Secretary: Theresa Stahl, RD, LD  
 Board: Jennifer Wilson, RD, LD  
 IHEC : Deborah Bowen, RD, LD



## Medical Caucus



*In recognition of Raul Felipa's contributions to rural health care through his participation in the Medical Caucus and dedicated preceptorship of numerous medical students, WMAHEC nominated him for the Maryland Rural Health Association's Outstanding Health Care Practitioner award. Pictured at the award ceremony is Dr. Felipa receiving the congratulations of Wayne Spiggle, while Kery Hummel looks on after presenting the award.*

Chair:	V. Raul Felipa, MD
Board:	Susan Raver, MD
IHEC:	Victor Mazzocco, MD
Garrett County:	Margaret Kaiser, MD
Washington County:	William Plavcan, MD

- ◆ Recruited new preceptors for the clinical education program.
- ◆ Surveyed preceptors regarding computer access to determine future networking capabilities.
- ◆ Sponsored a continuing medical education course, *Evidence Based Practice*, by Robert Lawrence, MD.
- ◆ Reviewed benefits for preceptors and the process for University of Maryland faculty appointment and promotion.

**Volunteer Hours: 46**

## Nurse Practitioner Caucus



*The Nurse Practitioner Caucus advocated the role of nurse practitioners in primary care at the state and national level. Pictured is Caucus member Jackie Snelson, right, who practices primary care at the Friendsville Clinic. Snelson discusses a case with Dr. Margaret Kaiser of the Garrett Medical Group.*

Chair:	Cathy Chapman, CRNP
Vice Chair:	Mary Tola, CRNP
IHEC:	Jackie Snelson, CRNP
Board:	Cathy Chapman, CRNP
Treasurer:	Vicki Willey, CRNP

- ◆ Continued to offer continuing education components at each meeting.
- ◆ Participated in Western Maryland Health System Health Fair, performing body fat analysis.
- ◆ Supported the NEOP and S.H.A.R.E. programs by mentoring students and offering educational workshops.
- ◆ Supported the Allegany Breast Cancer Outreach program by participating in the training and outreach activities.
- ◆ Expanded membership to include clinical nurse specialists, nurse midwives, and nurse anesthetists.
- ◆ Worked closely with the Nurse Practitioner Association of Maryland to gain recognition as primary care providers.

**Volunteer Hours: 219**



## Nursing Caucus

Chair: Jean Seifarth, MSN  
 Vice Chair: Gail Mazzocco, EdD, RN  
 Board: Donna Walbert, MS, RN  
 IHEC: Molly Lilly, BSN, RN

- ◆ Sponsored *Remind Me Again Why I Took This Job*, a continuing education program with Leo Frangipane, MD.
- ◆ Supported the NEOP program by recruiting and mentoring students.
- ◆ Supported the *ABC Outreach* program by participating in the training and outreach activities.



*The Nursing Caucus supported Allegany Breast Cancer (ABC) Outreach. Pictured, center, is Robert Swan Lawrence, MD, Johns Hopkins University, who presented the latest research in breast cancer prevention to nurse practitioners, nurses, and other health professionals.*

**Volunteer Hours: 30**



## Occupational Therapy Caucus

Chair: Laura Robinson, OTR/L  
 Vice Chair: Heather Wilson, OTR/L  
 IHEC: Heather Wilson, OTR/L  
 Board: Elaine Keane, OTR/L

- ◆ Partnered with Allegany College of Maryland on the continuing education program *Understanding and Managing Visual Perception Deficits: A Guide for Therapists*.
- ◆ Hosted a vendors' fair with the Physical Therapy Caucus.
- ◆ Provided a scholarship to an Occupational Therapy Assistant student at Allegany College of Maryland.
- ◆ Assisted the Occupational Therapy Assistant students and YMCA with a community service project in honor of Occupational Therapy Month.



*In honor of Occupational Therapy Month, the Caucus promoted the profession's "help with the occupation of living." Pictured, left to right in a publicity photograph, are Caucus members Amy Smith and Heather Wilson at the Western Maryland Health System's Occupational Therapy Department.*

**Volunteer Hours: 39**

# Pharmacy Caucus



*Pharmacy Caucus member Jerry Stewart, PD, left, served as a preceptor to Nneka Anwah at the Western Maryland Health System.*

Chair: Jim Kessel, RPh  
Board: Jerry Stewart, PD  
IHEC: Bill McKay, RPh

- ◆ Sponsored continuing education program *Distance Education, Pharmacy Education and Pharmacy Practice* with Evan T. Robison, RPh, PhD.
- ◆ Continued to explore non-traditional PharmD program.
- ◆ Met with Department Chairs from the University of Maryland School of Pharmacy.

**Volunteer Hours: 26**



# Physical Therapy Caucus



*The Physical Therapy Caucus, together with the Occupational Therapy Caucus, sponsored a vendors' fair in May. Caucus Chair Mike Staggars is shown third from the left.*

Chair: Mike Staggars, MS, PT  
Vice Chair: Jenny Vought, PT  
IHEC: John Staggars, MS, PT  
Board: Jenny Vought, PT

- ◆ Partnered with Allegany College of Maryland on the following continuing education programs:

*Shoulder Update: Instability and Impingement* with Gary Lynch and Richard Hinton, MD.

*Reimbursement Issues for Rehabilitation Therapists and Medical Legal Documentation* with Steve Levine, PT and Patty Gilman West, JD.

*Practical Principles in Wound Care* with N. Blair Nall.

- ◆ Advocated against the Medicare cap on rehabilitation services.

**Volunteer Hours: 29**



## Psychology Caucus

Chair: Jack Zealand, PhD  
 Board: Judith Altemus, PsyD  
 IHEC: Sandra Negley, EdD  
 Sec./Treas.: Karla Hildreth, EdD

- ◆ Sponsored *Object Relations Brief Therapy* continuing education program with Michael Stradter, PhD.
- ◆ Continued to offer continuing education components at meetings and planned continuing education psychology series.
- ◆ Established speakers bureau with over 25 identified topics.
- ◆ Sponsored continuing education programs *What is the Enneagram* by Jack Zealand, PhD and *Understanding Cults and Battering Relationships* by Beth Peterson, MA.



*Psychology Caucus members, pictured left to right, are Jack Zealand, Lee Ross, Sandra Negley, Mikal Crawford, and Antoinette Wiseman.*

**Volunteer Hours: 60**

## Social Work Caucus

IHEC: Mary Lou Mosbey, LCSW-C  
 Board: John Kenney, LCSW-C

Allegheny/Garrett Chair: Anita Hartman, LCSW-C  
 Vice Chair: Sue Dotson, MSW  
 Secretary: Jan Chippendale, LCSW  
 Treasurer: Amy Monaco, LCSW

Washington County Chair: Kathleen Curtin, LCSW-C  
 Vice Chair: Charlie Breakall, LCSW  
 Secretary: Carrie Thomas, LASW  
 Treasurer: Charlie Breakall, LCSW

- ◆ Sponsored continuing education series *Trends and Techniques in Social Work* and *Issues Impacting on Social Work*.
- ◆ Assisted University of Maryland School of Social Work with a reaccreditation survey.
- ◆ Coordinated a food drive in honor of Social Work Month.
- ◆ Participated in luncheons hosted by the WMHS and WCHS during Social Work Month.



*Officers of the Washington County unit of the Social Work Caucus, pictured left to right, are Charlie Breakall, Carol Suller, Carrie Thomas, and Kathy Curtin.*

**Volunteer Hours: 215**



*The WMAHEC offers its facility and support to university programs to reach health professions students in Western Maryland. In FY 1999, WMAHEC contributed to its university partners in the ways identified below.*

## **University of Maryland School of Nursing Western Maryland Outreach**

WMAHEC maintained its commitment to the undergraduate outreach program in Cumberland and Hagerstown. In 1999, 18 students from Western Maryland and Frederick County completed the program via the 2 sites. Support for graduate programs has continued and is growing. The School of Nursing is awaiting completion of the University System of Maryland facility in Hagerstown. Once completed, graduate courses will also be offered in Hagerstown. The University of Maryland also plans to expand graduate offerings in Cumberland.

WMAHEC continues to support the University of Maryland Family Nurse Practitioner program in Cumberland. Six students from the WMAHEC service area are taking classes using the PictureTel video conferencing system at WMAHEC.

### **Nursing Outreach Program Staff**

Gail Mazzocco, EdD  
Jackie Snelson, CRNP  
Barbara Dobish, MSN

*Coordinator/Faculty Member*  
*Faculty Member*  
*Faculty Member*



*Kathy Zorb, a student in the RN-to-BSN program, takes a Strides for Life participant's blood pressure at the Frostburg Senior Center as part of the Interdisciplinary Prevention in Rural Communities course.*

## **Towson University Occupational Therapy Department**

Ten students graduated from the Occupational Therapy Outreach program in December 1998, earning Bachelor of Science degrees. In 1998, three of the undergraduate students and one graduate student completed a 470-hour Level II Fieldwork experience at the Thomas B. Finan Center in Cumberland, Maryland. Eight students in this outreach program are projected to receive their Master's of Science in Occupational Therapy in January 2000. WMAHEC has provided support for outreach students through the Learning Resource Center and via the Occupational Therapy Caucus.

## Distinguished Service Award

Presented to  
**Nancy Forlifer, MA**

In recognition of her dedication to the Western Maryland Area Health Education Center's mission through service and leadership, her commitment as an employee and key member of the AHEC staff, her encouragement to fellow co-workers to achieve their personal best, her partnership with university colleagues to promote educational opportunities and quality health care, her participation in national, state and local organizations to further AHEC goals, and her influence as an educator in western Maryland among her peers and co-workers.



## John M. Dennis Award

Presented to  
**Gail O. Mazzocco, EdD**

In recognition of her contributions to the Western Maryland Area Health Education Center's mission through leadership and service on the Board of Directors, her commitment and skills as an educator and her influence among her peers as a respected source of reliable, current medical information, her commitment to community advocacy, her dedication to nursing education opportunities for the people of the Appalachian region, and her partnership with the University of Maryland.



# In appreciation

Partners who contributed to our programs in FY 99 were acknowledged in the June issue of *Communiqué*. WMAHEC would not succeed in the future without its many volunteers. We appreciate the people serving on our Board and IHEC, attending the caucus meetings, and providing educational instruction. Here, we acknowledge the practitioners who mentored the health professionals of tomorrow.

## HEALTH CONNECTIONS

Chris Adams, PT  
Heartland Nursing Home

Audie Klinger  
Allegany Chiropractic Center

John Richards, MD  
Private Practice

James Bosley, MD  
Private Practice

Jim Lauder, PT  
RehabSolutions

Andy Rinker, RT  
WMHS - Sacred Heart Campus

John Carr, MD  
St. Mary's Clinic

Dan Leibman, MD  
WMHS - Memorial Campus

Richard Snider  
WMHS - Memorial Campus

Chris Claar, OT  
Memorial Hospital

Jim Loy, PT  
Robinwood Medical Center

Mike Staggars, PT, MS  
Progressive Physical Therapy &  
Sports Medicine

Don Gaumer, EMT  
Frostburg Ambulance

Ian McFawn  
LaVale Veterinary Hospital

Gail Stoner, RN  
Robinwood Medical Center

Debbie Groetzinger  
Westvaco Pharmacy

Elmaslias Menchavez, MD  
Private Practice

Robert Tanksley, AT  
Finan Center

Wes Hann  
Revco Pharmacy

Joyce Nutter  
Garrett Memorial Pathology Lab

Jack Harvey, MD  
Private Practice

Julia Oakley, MD  
Washington County Health System

## HCOP: Summer of 1999

Lisa Raber Armmons, PT  
Health South Mountain View  
Regional Rehabilitation Hospital

Randy Meador, AT  
West Virginia University

Mike Staggars, PT, MS  
Progressive Physical Therapy &  
Sports Medicine

Eric Beard, PT, MS  
Health South Mountain View  
Regional Rehabilitation Hospital

Dawn Metzger, OT  
RehabSolutions

Steve Brennon, PT  
Health South Mountain View  
Regional Rehabilitation Hospital

Barbara Regan, PA  
Allegany Health Right

## NEOP: July 1999

Brenda Blackburn  
Frostburg Village  
Nursing Care Center

Norma Howe, CRNP  
Veterans Affairs Clinic

Vicki Willey, CRNP  
Westernport Family Clinic

Cathy Chapman, RNP  
Garrett Medical Group

Ellen Stevenson, RN  
Allegany County League  
for Crippled Children

Patty Wright  
WMHS - Memorial Campus

Many thanks are also extended to the 12 nurses at WMHS' Memorial Campus who mentored NEOP students in the summer of 1998.

## ***Income\****

Maryland Statewide Medical Education and Training System	\$324,000
Department of Health and Mental Hygiene (DHMH) - AHEC Funding	\$150,000
University System of Maryland Redeployment Initiative	
Geriatric Assessment Interdisciplinary Team (GAIT) Project	\$90,000
Geriatrics and Gerontology Education and Research (GGEAR)	
Program of the University of Maryland	\$30,000
Quentin N. Burdick Rural Health Interdisciplinary Program	
(DHHS, Bureau of Health Professions)	
Interdisciplinary Prevention in Rural Communities	\$185,087
Health Careers Opportunity Program	
(DHHS, Bureau of Health Professions, Subcontract of WVU)	
Central Appalachian Health Careers Opportunity Network	\$90,157
Nursing Education Opportunities Program	
(DHHS, Bureau of Health Professions)	
Eastern Alleghenies Nursing Education Opportunities Program	\$103,333
AmeriCorps - Corporation for National Service	
(A STAR! In Western Maryland, Western Maryland Alliance for Service)	\$3,191
Maryland Foundation, Student and After School Activities	\$1,284
Western Maryland Health Information and Resource Network	\$18,500
National Network of Libraries of Medicine, Southeastern Region	
Maryland Rural Health Conference Exhibit Grant	\$1,109
Career Connections Employer Incentive Funds	
Health Connections	\$9,663
Governor's Office of Crime Control & Prevention (VAWA)	
Subcontract of Family Crisis Resource Center	
Family Violence Council	\$9,116
Maryland Office of Children, Youth & Families	
Prototype Communities (Subcontract of HRDC)	\$5,000
Community Development Block Grant	
Community Needs & Assets Assessment Plan	\$22,053
The Maryland Chapter of the Susan G. Komen Foundation	
ABC Outreach	<u>\$3,704</u>
Total	\$1,046,197

## ***Line Item Expenditures\****

Personnel	\$566,744
Contractual Services	\$195,340
Communications	\$36,199
Printing and Supplies	\$37,307
Equipment and Equipment Contracts	\$18,368
Office Space and Utilities	\$87,099
Travel	\$26,919
Direct Student Support	\$57,377
Learning Resources	<u>\$20,844</u>
Total	\$1,046,197

## ***Expenditures by Functional Category\****

Recruitment	\$474,681
Retention	\$134,596
Information	\$163,663
Advocacy	\$124,017
Administration	<u>\$149,240</u>
Total	\$1,046,197

*\*For the fiscal year of July 1, 1998, through June 30, 1999*



## Board of Directors

Walter Donalson, MBA, Chair  
Cathy Chapman, CRNP, Vice-Chair  
Thomas Jimerfield, MPH, Secretary  
Frank LaParle, DDS, Treasurer  
Judith Altemus, PsyD  
Claudia Baquet, MD  
Verna Bender, RN  
Chuck Blackwell, PharmD  
Rodney Gtoflety, MPH, RS  
Christine Grontkowski, PhD  
Senator John Hafer  
Elaine Keane, OTR/L

John Kenney, LCSW-C  
Henrietta Lease, MBA  
Edward A. Malloy, Jr., JD  
Lesley Perry, PhD, RN  
Sue Raver, MD  
Sandra Rowland, MA  
Mark Rulle, EdD  
Jenny Vought, PT  
Jennifer Wilson, LD  
Sue Coyle (ex officio)

## Interdisciplinary Health Education Council

Sue Coyle, MSN, Chair  
Myra Binau, MLS  
Debbie Bowen, RD  
Deborah Bradley, MS  
Vincent Fiorentino, DDS  
Laurel Grant, MNEd  
Molly Lilly, BSN  
Bill MacKay, RPh

Victor Mazzocco, MD  
Mary Lou Mosbey, LCSW-C  
Sandra Negley, EdD  
Jane Paulson, MEd  
Jackie Snelson, CRNP  
John Staggars, PT  
Donna Walbert, MS  
Heather Wilson, OTR/L

## Core Funding

### Maryland Statewide Medical Education & Training System University of Maryland Department of Health and Mental Hygiene

Donald E. Wilson, MD  
*Dean, University of Maryland School of Medicine*

Claudia Baquet, MD, MPH  
*Associate Dean for Policy and Planning, University of Maryland  
School of Medicine; Project Director, Maryland AHEC Program*

Joann Boughman, PhD  
*Vice President of Academic Affairs, University of Maryland*

Georges Benjamin, MD  
*Secretary, Department of Health and Mental Hygiene*

## WMAHEC Staff

*(Listing includes full-time, part-time, and volunteer positions)*

### Kery Hummel, MS, Executive Director

D. Michele Beaulieu, RN, BSN, *Coordinator of Health Information Services*

Martha Bird-Middleton, MPA, *Coordinator of Advocacy and Development*

Nathan Blatchley, BS, *Community Assessment Program Specialist*

Carol Bogacz, MA, *Coordinator of Clinical Education*

Jackie Booth, *Administrative Specialist I*

Ed Bridges, BS, *Operations System Specialist*

Mary Clites, *Custodian*

Amy Crock, *Administrative Specialist I*

Karen Dell, AA, *Administrative Specialist I*

Robin Deter, AA, *Bookkeeper*

Suzanna Dotson, MEd, MSW, *Coordinator of Community Education*

Jason Edgerly, *Information Aide*

Mary Spalding-Edgerly, MA, *Coordinator of Information Management*

Beth Eubanks, PhD, *Coordinator of Health Careers Recruitment*

Nancy Forlifer, MA, *Associate Director*

Jim Harris, BS, *Computer Services Specialist*

Phaedra Harris, BA, *Administrative Specialist II*

Deb Hartman, MTS, *Coordinator of Program Development*

Nellie Mock, *RSVP Volunteer*

Gigi O'Baker, AA, *Health Information Specialist*

Amy Lynn Robison, MPH, *Coordinator of Health Personnel Development*

Terri Sochia, BA, *Coordinator of Clinical Education*

Harry L. Taylor, *Administrative Specialist I*

Tyron Tracy, BS, *Computer Services Specialist*

Rebecca Whitehill, *Executive Secretary*

Allison Zapf, BS, *Health Careers Enrichment Facilitator*



Western Maryland  
Area Health  
Education Center  
Columbia Building  
11 Columbia Street  
Cumberland, MD 21502

**Return Service Requested**

Non-Profit Organization  
U.S. Postage  
**PAID**  
Bulk Rate Permit 748  
Cumberland, MD 21502