

Western Maryland Area Health Education Center



*...where education
and health care meet*

ANNUAL REPORT
1997-1998

Our Mission

The Western Maryland Area Health Education Center (WMAHEC) is a community-based health personnel development organization working to improve access to and promote quality in health care through educational partnerships with centers for higher education, community health professionals, and other vital supporters and advocates.

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On the Cover:

WMAHEC's generous space in the Columbia Building affords students and area health professionals the means to meet and work together. The building features student housing, meeting rooms and classrooms, and offices for personnel who coordinate WMAHEC's many programs. Pictured on the building's front steps are Jeremy Barron, medical student, University of Maryland; Ed Zimmerman, physician assistant student, Duquesne University; and Karin Anderson, Daniel Podberesky, and Alpa Dharia, medical students, University of Maryland.

From Our Chairpersons



Patricia E. Lund, EdD, RN
Chairperson,
Board of Directors

The Western Maryland Area Health Education Center (WMAHEC) has experienced an extraordinary year through major personnel changes while employed in the continuance of programs and community support of rural health education.

Don Spencer, the executive director of this organization for 18 years, announced his December retirement in August of 1997. An able search committee comprised of Dr. John Davis, Tom Jimerfield, and Dr. Gail Mazzocco worked many long hours to recruit, interview, and select an individual who could carry this organization into the next millennium and continue to maintain the integrity and focus that has been so important to our success. Don was recognized for his contribution to WMAHEC at a retirement celebration on December 17.

The search committee, as you know, did such an admirable job that we were able to have Kery C. Hummel assume the leadership for this organization in January. Kery brings much expertise and knowledge of the state and has already had a positive impact on our working relationship with the University of Maryland. Certainly from the Board's perspective, this transition has been effected very smoothly.

Volunteer Hours: 145

WMAHEC's services and programs in information, advocacy, recruitment, and retention have continued unabated through all of this major change. The year ended in a very successful luncheon at Rocky Gap where the people who contributed to these programs were recognized. This next year should be just as exciting as the WMAHEC proactively moves forward to embrace the challenges that the changes in health care delivery initiatives will bring to our mission.



As society moves toward the new millennium, education and health care are two very dynamic environments. The Interdisciplinary Health Education Council (IHEC) has the responsibility of advising Western Maryland AHEC (WMAHEC) on both. Through strategic action planning, attention has been devoted to collaborating with the community in education and health.

Numerous examples of how WMAHEC has enhanced community/campus partnerships can be found in the highlights of this fiscal year. Through the *Interdisciplinary Prevention in Rural Communities* project, students and faculty from four universities partnered with community site representatives from Head Start and senior centers to develop health promotion projects which address the needs of those populations. With funds from the Geriatrics and Gerontology Education and Research (GGEAR) program, mini-grants enabled area agencies to plan geriatric continuing education addressing their unique needs. This annual report gives numerous other examples of WMAHEC's collaborative efforts with various sectors of the regional community. Volunteer hours contributed to WMAHEC programs are valued at \$923,608.



Tim Longest, DDS
Chairperson, IHEC

Volunteer Hours: 60

Our world's increased reliance on information technology and services mandates expansion in this realm. The WMAHEC Web site is up and running, and PictureTel interactive video is being used more regularly for credit classes and continuing education. Information technology offers a fertile meeting ground for health care and education, and WMAHEC will continue to explore opportunities to provide services and resources using the latest technology.

From Our Director



Kery Hummel

A year of challenge and change greeted the Western Maryland Area Health Education Center (WMAHEC) in 1997-1998. Because of the transition of executive directors which occurred in January, a new person is writing this annual message. I am confident that, for the most part, the transition has been smooth. This is due to a very capable staff, a committed Board of Directors, and the success of an organization that has been in existence for 22 years. The challenge is to maintain the stability and to continue growth.

The previous executive director, Donald L. Spencer, was both a colleague and a friend. Don and I worked together for a number of years when I was associated with the Western Maryland Health Planning Agency. The announcement of his retirement provided me the impetus and opportunity to return to Western Maryland.

My time since January has been spent reacquainting myself with and meeting local and regional providers of health care, learning about the various programs associated with WMAHEC, and, most of all, developing a team with WMAHEC staff.

Having recently attended the National Rural Health Association Conference and the first meeting of the National AHEC Organization, I am pleased to report that the reputation of our WMAHEC is well established with other AHECs and with the federal representatives in the Bureau of Health Professions. We are at a maturity in our organization that will certainly lead us into the next millenium. Our emphasis on clinical education for students, the cooperative provision of continuing education programs, our excellence in promoting health careers, and the information services provided through the Learning Resource Center continue to maintain the viability and vitality of the organization.

As I look forward to my association with WMAHEC, I am proud to represent an organization that has the support of many colleges and universities; federal, state, and local government; and many education and health care organizations and volunteers in the region. The partnerships and networks of the WMAHEC will continue to expand, bringing cooperative efforts for improving access to and promoting quality in health care that have the potential for national impact.

It is with humility and confidence that I look forward to serving as executive director and to continue the excellent reputation of the WMAHEC.

Kery Hummel, MS
Executive Director

The Year In Review

Information

- ◆ Educated 220 individuals about information services and processed 700 information requests.
- ◆ Developed and published Web site at www.allconet.org/ahec.
- ◆ Published *Health Voice*, a newsletter identifying resources and health needs in the region.

Advocacy

- ◆ Began community health needs assessment project with town meetings and survey.
- ◆ Networked with 138 community agencies, coalitions, and task forces.

Recruitment

- ◆ Supported 260 students in education pipeline preparing for 16 different health care disciplines.
- ◆ Introduced health careers to middle school students in after-school programs.
- ◆ Offered special rotations for first-year medical students from University of Maryland and residents from Union Memorial Hospital.

Retention

- ◆ Established mini-grants with the Geriatrics and Gerontology Education and Research program.
- ◆ Collaborated to offer 250 continuing education hours for 1,200 participants.



The 1998 WMAHEC annual meeting, held at Rocky Gap Lodge and Golf Resort, was attended by many AHEC supporters and advocates. Keynote and luncheon speakers Casper R. Taylor, Speaker of the Maryland House of Delegates, and Secretary of the Department of Health and Mental Hygiene Martin Wasserman delivered important messages on the state of Maryland health care now and in the future. Pictured at the meeting are Kery Hummel, WMAHEC Executive Director, Pat Lund, Chairperson of the Board of Directors, Speaker Taylor and Secretary Wasserman.

Information Services

While maintaining service contracts and networking relationships with area libraries and health care organizations, WMAHEC focused its information services efforts on introducing health care professionals to the Internet and enhancing the skills of those already surfing the World Wide Web.

WMAHEC's efforts to connect area health care professionals with reliable information and efficient use of information technology included these highlights:

- ◆ Trained Somerset Hospital and Garrett County Memorial Hospital employees on Internet Grateful Med and Loansome Doc.
- ◆ Demonstrated Internet search strategies and provided hands-on training for environmental health employees at the Allegany County Health Department and Maryland Department of the Environment.
- ◆ Exhibited information and offered training on Internet Grateful Med at the Fourth Annual Rural Health Conference in collaboration with other AHECs.
- ◆ Exhibited resources at continuing education course *Chronic Disease is Preventable: Help Design a Program to Work*.
- ◆ Provided Internet training for Psychology, Occupational Therapy, and Nursing Caucuses.
- ◆ Trained clinical education and health career recruitment program students on Internet and other health information resources.
- ◆ Provided orientation to Eastern Shore AHEC Learning Resource Center staff.

Volunteer Hours: 112



Michele Beaulieu, center, shows Maryland Department of the Environment employees Susan MacKenzie and Jim Richmond reliable Web sites for environmental health information.

Health Care Advocacy

WMAHEC collaborated with A STAR! in Western Maryland, an AmeriCorps program, to provide a forum for health care consumers and providers to discuss current resources and perceived health care needs. Results of the project will be presented in an upcoming report to be distributed to policy makers, health care providers, consumers, and other interested parties.

This project helped health care administrators, practitioners, and consumers meet and communicate, with these highlights:

- ◆ Developed and disseminated a Community Health Survey completed by 454 individuals.
- ◆ Held 9 town meetings with a total of 154 attendees in Garrett, Allegany, and Washington Counties.
- ◆ Published 4 issues of *Health Voice*, a newsletter combining information on health care programs and access issues, reports on survey results and town meetings, and tips for healthy living.

Volunteer Hours: 120

Networking

WMAHEC facilitated or participated in task forces and coalitions to address health care and related issues in the region. Networking activities included:

- ◆ Developed a Community Assessment proposal with a variety of community agencies.
- ◆ Helped coordinate the Maryland Rural Health Association Policy Committee.
- ◆ Worked with the Coalition for a Healthier Washington County to update its health needs assessment.
- ◆ Participated in the Western Maryland Health System Health Fair.
- ◆ Continued to facilitate the Telecommunications Coalition of Western Maryland which:
 - ◆ Developed its mission statement.
 - ◆ Met bimonthly using interactive video classrooms at Garrett Community College, Allegany College of Maryland, Hagerstown Community College, and Frostburg State University.
 - ◆ Began holding individual county meetings with health care, government, education, and business sectors for input to regular Coalition meetings.

Volunteer Hours: 224



Members of the Telecommunications Coalition of Western Maryland discuss the impact of Dr. Stephen Herman's presentation to the Maryland Information Technology Board (ITB). Dr. Herman, president of Garrett Community College, gave a keynote address at an ITB retreat in May, highlighting technology issues and concerns in the Western Maryland region.

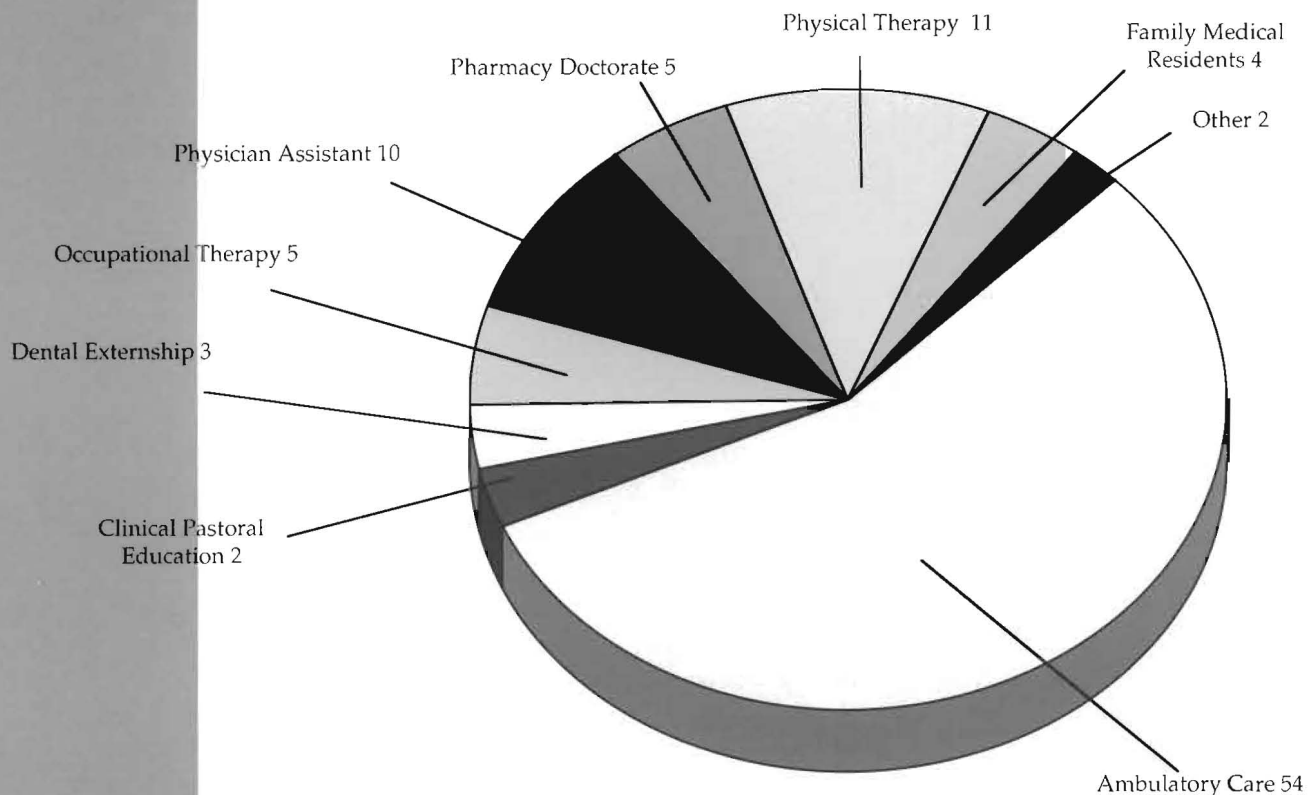
Clinical Education

WMAHEC continued to coordinate and facilitate rural rotations in Western Maryland and the surrounding region for health professions students and medical residents. WMAHEC linked students with preceptors, provided or located housing for out-of-town students, offered information resources and training, and facilitated weekly interdisciplinary seminars. The Clinical Education program expanded this year to include residents from Union Memorial Hospital in Baltimore, and a new program for first and second-year medical students from the University of Maryland School of Medicine was initiated.

The following pages list preceptor-student partnerships coordinated by WMAHEC.

Volunteer Hours: 16,960

Clinical Education Program Rotations July 1, 1997 to June 30, 1998



Clinical Rotations

University of Maryland School of Medicine Family Medicine Residency Program

Preceptor

Laurence Greenspoon, MD

Arnold Vera, MD

W. Guy Fiscus, MD

Resident

Jay Cooper, MD

Oliver Bennett, MD

T. Q. Le, MD

Ambulatory Care Program

Preceptor

James Bosley, MD

Thomas Chappell, MD

Robert Coughlin, MD

V. Raul Felipa, MD

Martin Gallagher, Jr., MD

Laurence Greenspoon, MD

Jesse Jalazo, MD

Margaret Kaiser, MD

Student

Truong Bao
Susanne Bobenrieth
John Cox
Illy Dominitz
Anne Hunter

Paul Anderson
Jonathan Davis

Aneel Mandava
Karen Raksis
Penny Volcjak

Herlene Chatha
Anuj Gupta
Thomas Kenney
Daniel Podberesky

Mwe Mwe Chao
Maryam Jaber
Kenneth Schwartz
Marc Simon

Louise Chamberlain
James Morton

Titus Abraham

Alexander Chudnovsky
Jean Jeudy
Timothy McAveney
Steve Shih
Marian Shin
Ian Tucker

"My preceptor is an outstanding role model for a physician in training. He is a very knowledgeable and energetic pediatrician, but his greatest strengths are the genuine compassion he has for his patients and his ability to effectively communicate with them.... I am much more likely to consider working in a rural area following my AHEC experience."

--Medical student

Pictured: Jesse Jalazo, MD, of Martinsburg, West Virginia, became a WMAHEC preceptor during this fiscal year. He is shown here with University of Maryland medical student Titus Abraham.

University of Maryland School of Medicine Ambulatory Care Program

(Continued from Previous Page)

"This is an excellent medical and psychosocial opportunity from which to grow. I am very pleased that I came-- I would do it again!"

--Medical student

Preceptor

William Kerns, MD

William Lamm, MD

Michael Levitas, MD

Jose Loveria, MD

Virginia Magbojos, MD

Elmaslias Menchavez, MD

Rohollah Moainie, MD

Mary Money, MD

Eugene Nallin, MD

Martha Riggle, MD

Karl Schwalm, MD

Wayne Spiggle, MD

Arnold Vera, MD

Albert Villarosa, MD

Annette Warrenfeltz, MD

Student

Trinh Ly
Jennifer Wallace
Harry Yfantis

Elizabeth Bennett
Erika Schweitzer
Jeremy Barron

Kelly Stone

Jenny Lee

Monique Nolan

Christina Figlozzi
Heather Mannuel

Sina Moainie

Alpa Dharia
Mary Goyer

Lorraine Burns
Greg Cohen
Emily Cootauco
Manjokumar Shirodkar
Charles Wright

Shannon Winakur

Joung Woo

Michael Burton

Karin Anderson
Shannon Shook

Eric Park
Mark Wrona

Georgia Willie

Students in Special Rotations

Chris Murphy
Kevin Poole

Pictured: Oliver Bennett, MD, left, a medical resident from the United Kingdom, came to the United States to learn about health care on our side of the Atlantic. He spent a month in Western Maryland with preceptor Arnold Vera, MD.

University of Maryland Dental Program

Preceptor (Rotating)

John Davis, DDS
Tim Longest, DDS
Jeffery Rhodes, DDS
William Yant, DDS

Student (Rotating)

David Metzdorf
Jeffrey Kearns
Bilal Ahmed

University of Maryland PharmD Program

Preceptor

Wes Hann, RPh
Gerry Herpel, RPh
Robert Martin, RPh
Richard Ottmar, RPh
Jerry Stewart, RPh

Student

Jennifer Bosley
John McKigney
Susanne Morsberger
Joshua Thomas
Kevin Chapple

University of Maryland Physical Therapy Program

Donald Heare, PT
Audrey Kennedy, PT and
Sherry Stakem, PT
Teresa Reynolds, PT
Jose Bonifacio, PT

Angela Wakefield
Doug Warfel
Carlene Berents
David Flynn
Jennifer Gloyd
Rose Newport
Robert Kans

"Practicing in a rural setting like Cumberland exposes a student to factors that would not be as prevalent in a city system. I believe this made me grow both as a student and a professional."

--Pharmacy student

Participants From Other Universities and Programs

Clinical Pastoral Education

Preceptor

Gene Gall, D Min

Student

Cheryl Berner

Betty Redding

University/College

Gettysburg Seminary

Gettysburg Seminary

Medical Residency Program

V. Raul Felipa, MD

Benjamin Cooperman, MD

Union Memorial Hospital

Occupational Therapy Programs

Lydia Martin, OTR/L

Christie Borum

Virginia Commonwealth University

Jami Hemminger

Elizabethtown College

Kristi Scott

Elizabethtown College

Jill Thompson

Mt. Aloysius

Vibhuti Trehan

University of Pittsburgh

"I enjoyed waking every morning to go to work. I learned a great deal about interacting with people that come from different walks of life. This proved to be a very positive experience, and I thank you for affording me the opportunity to work and reside at the Western Maryland AHEC."

--Physician assistant student

Pictured: Physician assistant (PA) Randy Stroup of Children's Medical Group (CMG) discusses a patient's file with Julia Friend, a student in the PA program at George Washington University. Dr. Michael Levitas, also of CMG, co-precepted Friend and Carrie Hubbard, a PA student at St. Francis College.

Physical Therapy Programs

<u>Preceptor</u>	<u>Student</u>	<u>University/College</u>
Joan Divinagracia, PT	Jumana Adenwalla	D'Youville College
Jane Rossi, PT	Nancy Martin	West Virginia University
Mike Staggers, PT	Allen Carpenter	West Virginia University
Teresa Reynolds, PT	Dawn Sanger	Wheeling-Jesuit College

"Western Maryland will definitely be a major consideration in my future choice of employment, due foremost to the kind, friendly and 'down to earth' people of the area. I have had nothing but positive experiences from patients and health professionals."

-- Physical therapy student

Physician Assistant Programs

Anthony Bollino, MD	Chrisanne Butko Susan Dubendorfer Lynda Hancharik Molly Malay Jennifer Scheiderrick Edward Zimmerman	Duquesne University Duquesne University Duquesne University Duquesne University Duquesne University Duquesne University
Laurence Greenspoon, MD	Brian Paik	Georgetown University
Michael Levitas, MD and Randy Stroup, PA	Julia Friend Carrie Hubbard	George Washington University St. Francis College
Western Maryland Health System	Ronald Taylor	Anne Arundel Community College

"I learned a significant amount in the management of hypertensive patients. I also achieved a greater understanding of diabetes management. I [will] work in an area much like Cumberland."

--Physician assistant student

IRT

Interdisciplinary Rural Training

Interdisciplinary Prevention in Rural Communities forged new collaborative relationships between educational institutions and community programs (Head Start programs and senior centers) serving low-income residents of Western Maryland, with these highlights:

- ◆ Supported a continuing education course titled *Chronic Disease is Preventable: Help Design a Program to Work*.
- ◆ Developed 2 courses for credit in 8 different degree programs at University of Maryland; Towson University; Allegany College of Maryland; and University of Pittsburgh:



Renee Davis, respiratory therapy student, Allegany College of Maryland, Jennifer Gloyd and Clarence Smith, both physical therapy students at the University of Maryland, pictured above, and Pam Ackerman, RN-BSN student at the University of Maryland (not pictured) designed a nutrition promotion program for preschoolers and their families presented at Jennings Head Start in Garrett County.

- ◆ *Interdisciplinary Prevention in Rural Communities*, offered this summer, involved students in 7 disciplines who worked in teams to identify consumer needs and develop appropriate health intervention programs.
- ◆ *Interdisciplinary Team Research: Applied Outcomes Research by Interdisciplinary Teams* was developed for offering in fall 1998.

“Having different disciplines represented on each team was great! I found that each of us had something different to bring to our project.”

-- IRT participant

Volunteer Hours: 242

GAIT

Geriatric Assessment Interdisciplinary Team

The Geriatric Assessment Interdisciplinary Team (GAIT) project continued to provide opportunities for students in a variety of health care disciplines to meet and develop working relationships with each other, health care professionals in geriatric settings, and patients. Each project consisted of teambuilding seminars, interdisciplinary team planning, patient assessment, and developing team treatment plans.

In FY 1998, GAIT brought students, professionals, and patients together with these highlights:

- ◆ Coordinated 9 projects in geriatric settings.
- ◆ Included students from various disciplines from the University System of Maryland health professions schools.
- ◆ Added 3 new sites (Devlin Manor Nursing Home, Frostburg Village Nursing Care Center, and Homewood of Williamsport).
- ◆ Assisted the Eastern Shore AHEC in planning 2 GAIT projects.

“This interdisciplinary group interaction is a realistic clinical experience for the future in health care.”

-- GAIT participant

Volunteer Hours: 154

S.H.A.R.E.

Student Health Action and Recruitment Education

S.H.A.R.E. introduced middle school students to health careers, with these highlights:

- ◆ 154 middle school students were given health career-related information.
- ◆ 55 middle school students completed family health needs assessments.
- ◆ 11 students participated in the health careers camp held June 15-26 at Frostburg State University, with these highlights:
 - ◆ Tour of Ruby Memorial Hospital and West Virginia University Health Sciences Center.
 - ◆ CPR/First Aid training.
 - ◆ Water safety demonstration at Riverside YMCA.
 - ◆ Teambuilding and rock climbing.
 - ◆ Art and music therapy.

"Toward the end of camp, I realized that all the things we did weren't just fun, but also had something to do with health."

--S.H.A.R.E. participant



HCOP students Monique Raynor, Amber Riba, Serita Southern, and LaToya Barnes don scrubs before entering the surgical suite at the University of Maryland Medical Center as part of their tour in Baltimore.

Volunteer Hours: 68

HCOP

Health Careers Opportunity Program

WMAHEC continued its collaboration with West Virginia University (WVU) under the Central Appalachian Health Careers Opportunity Network, with these highlights:

- ◆ Visited 16 high schools and 14 colleges and universities in Western Maryland and West Virginia to promote health careers and to advise students about the educational pathway.
- ◆ Coordinated a preliminary education program with 13 entering freshmen and a facilitating entry program with 9 students held at Frostburg State University beginning in June.
- ◆ Assisted with recruiting 50 students who attended preliminary education, facilitating entry, and retention programs held at WVU in May and June.

"I have a jump-start on my semester that will make the transition easier."

--HCOP participant

Volunteer Hours: 955

NEOP

Nursing Education Opportunities Program

NEOP continued to introduce students to the nursing profession. Recruitment efforts focused on the need for bachelor's prepared and advanced practice nurses due to changes in health care delivery.

In fiscal year 1998, NEOP brought students, nurses, and educators together in these ways:

- ◆ Completed the first summer recruitment workshop and preliminary education program (June-July 1997) with 14 students.
- ◆ Visited 16 high schools, speaking with 430 students about the changing nursing field.
- ◆ Held an information session open to the public at Frostburg State University.
- ◆ Planned recruitment workshop and preliminary education programs to be held in July 1998 (FY 1999).

Volunteer Hours: 71



NEOP students Susan Holt and Renee Mogle learn clinical skills in the Clinical Simulation Laboratories at the University of Maryland School of Nursing.

Retention

GGEAR

**Geriatrics and Gerontology Education and Research
University of Maryland**

- ◆ Co-sponsored 7 continuing education courses for health professionals.
- ◆ Established mini-grants for area health care agencies.
- ◆ Sponsored a geriatric dental rotation for students with the dental program.

Volunteer Hours: 23



*The Dental Caucus, Dental Society of Allegany/Garrett County, and Frostburg State University School of Business co-sponsored a continuing education course on the popular *Seven Habits of Highly Effective People*. Larry Kokkelenberg of the Franklin-Covey Institute, pictured first row, left, led the day-long seminar. Beside him is Marcia Dieterle, and, in the second row, are John Davis, Curtis Friedenbergl, Bill Yant, and John Dowell.*

Volunteer Hours: 20

Dental Caucus

Chair: Frank LaParle

Board: John Davis

IHEC: Tim Longest

- ◆ Sponsored *Seven Habits of Highly Effective People* with Dental Society of Allegany/Garrett County and FSU School of Business.
- ◆ Hosted 2 dental students for geriatric rotations.
- ◆ Collaborated with Dental Society of Allegany/Garrett County and Warner-Lambert on a continuing education program about antimicrobials.
- ◆ Met with Dr. Leonard Cohen from the University of Maryland about dental externships.
- ◆ Hosted joint meeting and continuing dental education program with the Dental Society utilizing PictureTel.



*The Dietetic Caucus started the year with an exciting program on *Intuitive Eating* with nationally renowned author and columnist Evelyn Tribble, pictured center. The event, held at the Cumberland Holiday Inn, attracted dietitians, other health professionals, and the general public interested in Tribble's theories on how to eat right. Pictured are Caucus members Amy Shuman, Elaine Flick, presenter Tribble, Debbie Bowen, and Jennifer Wilson.*

Volunteer Hours: 80

Dietetic Caucus

Chair: Elaine Flick

Vice Chair: Jennifer Wilson

Secretary: Michelle Mealie

Board: Jennifer Wilson

IHEC: Debbie Bowen

- ◆ Hosted Evelyn Tribble presentation on *Intuitive Eating* with support from numerous sponsors.
- ◆ Sponsored continuing education program with Novartis on Enteral and Parenteral Nutrition.
- ◆ Offered store tours during Nutrition Month.



The Medical Caucus continues to support WMAHEC's clinical education program. Area physicians willing to precept medical students and residents ensure a rural experience for these students, many of whom go on to practice in a rural or small town environment. Pictured at the annual meeting with Carol Bogacz, Clinical Education Coordinator, and their certificates of appreciation are Caucus members Wayne Spiggle and Arnold Vera.

Medical Caucus

Chair: V. Raul Felipa
Board: Sue Raver
IHEC: Wayne Spiggle
Garrett County Rep: Margaret Kaiser

- ◆ Met with university representatives to discuss ambulatory care rotations and preceptor requirements in Western Maryland.
- ◆ Explored concept of community-based family medicine residency program.
- ◆ Discussed evidence-based medicine and planned program for the fall.

Volunteer Hours: 9



Nurse Practitioner Caucus



The Nurse Practitioner Caucus consists of an active group of dedicated health professionals. Shown, left to right, front row, are members Pat Stevens, Patty Delligatti, Linda Drummond, Bonnie Gallo, Jeanette Sweitzer; second row, Norma Howe, Ruth Rettig, Cathy Chapman, Vicki Willey, and Jackie Snelson.

Chair: Cathy Chapman
Vice Chair: Mary Tola
Board: Cathy Chapman
IHEC: Jackie Snelson
Treasurer: Vicki Willey

- ◆ Continued to offer continuing education components at each meeting.
- ◆ Planned continuing education course on reading laboratory results.
- ◆ Participated in Western Maryland Health System Health Fair.
- ◆ Supported the NEOP and S.H.A.R.E. programs by mentoring students and offering educational workshops.

Volunteer Hours: 134

Nursing Caucus

Chair: Jean Seifarth
 Vice Chair: Gail Mazzocco
 Board: Patricia Lund
 IHEC: Molly Lilly
 Secretary: Maureen Swogger

- ◆ Incorporated one-hour continuing education components at each Caucus meeting.
- ◆ Participated in Internet training at Allegany College of Maryland.
- ◆ Supported NEOP program.

Volunteer Hours: 32



Keeping abreast of information technology is important in any health profession. The Nursing Caucus recognized this need and requested one of its members, Michele Beaulieu of WMAHEC, to demonstrate Internet searching techniques at one of its meetings. The Nursing Computer Lab at Allegany College of Maryland was used for this workshop attended by Caucus members Charlene Bennett, Maureen Swogger, Gail Mazzocco, and others not pictured.



Occupational Therapy Caucus

Chair: Margie Orth
 Vice Chair: Heather Wilson
 Secretary: Laura Robinson
 IHEC: Heather Wilson
 Board: Elaine Keane

- ◆ Co-sponsored continuing education course *Assessment and Treatment of Sensorimotor and Attentional Problems in Infants and Young Children* with Georgia DeGangi, PhD, OTR.
- ◆ Co-sponsored vendors' fair with Physical Therapy Caucus held at WMAHEC.



Participation in the Occupational Therapy Caucus grew this year, with activities such as a vendors' fair drawing much interest. Pictured, seated, are members Margie Orth and Elaine Keane. Standing, left to right, are Tracy Haller, Wendy Strawderman, Gayle Gabagen, Heather Wilson, Laura Robinson, and Amy Smith.

Pharmacy Caucus



Two members of the Pharmacy Caucus, pictured here at Western Maryland Health System's Memorial Hospital Campus, are Bill MacKay and Chuck Blackwell.

Chair: James Kessel
Board: Jerry Stewart
IHEC: Bill MacKay

- ◆ Sponsored continuing education courses on Diabetes Mellitus Type 2 and Osteoporosis.
- ◆ Supported Great American Smokeout.
- ◆ Continued to explore non-traditional PharmD program.

Volunteer Hours: 30



Physical Therapy Caucus



The Physical Therapy Caucus continues to strongly support WMAHEC activities. Many members precept students and advocate for local students applying to highly competitive physical therapy schools. Shown, left to right, are Beth Eubanks, WMAHEC Liaison, Caucus members Beth Patton, Jane Rossi, Mike Staggers, Mari Vaughn, Stephanie Morton, Donna Durrwachter, Jenny Vought, and Linda Hawk, Allegany College of Maryland representative.

Chair: Mike Staggers
Vice Chair: Jenny Vought
IHEC: John Staggers
Board: Mike Staggers

- ◆ Co-sponsored continuing education courses titled *Knee Update*; *Incontinence*; *Current Trends in Pediatric Rehabilitation*; and *Frail Elderly in Rural Settings*.
- ◆ Presented awards of excellence to Beth Patton, PT, and Holly Torbet, PTA, at WMAHEC annual meeting.
- ◆ Explored establishment of an APTA-MD District in Western Maryland.

Volunteer Hours: 43

Psychology Caucus

Chair: Jack Zealand
 Board: Judith Altemus
 IHEC: Sandra Negley
 Sec./Treas.: Conrad Cole

- ◆ Sponsored *Spirituality in Healing*, a continuing education course.
- ◆ Hosted Kelly Cover from Family Crisis Resource Center who gave an overview of the Center's new facility.
- ◆ Participated in *Basics of the Internet*, a Caucus training offered by WMAHEC.

Volunteer Hours: 59



Psychology Caucus members Jack Zealand and Antoinette Wiseman are pictured here at the WMAHEC annual meeting.

Social Work Caucus

AG Chair: Mary Lou Mosbey
 Vice Chair: Sue Dotson
 Secretary: Mary Jean Trenter
 Treasurer: Mike Stevens

WC Chair: Kathy Curtin
 Vice Chair: Charlie Breakall
 Secretary: Carrie Thomas
 Treasurer: Charlie Breakall

IHEC: Tom Butler
 Board: Ed Branthaver/John Kenney

- ◆ Continued to offer series of continuing education courses.
- ◆ Explored establishment of separate Garrett County unit.
- ◆ Celebrated Social Work month with proclamation, promotions, luncheons, and community service.



The 2 units of the Social Work Caucus, Washington County and Allegany/Garrett, promoted the centennial year of the profession in 1998. Pictured at an Allegany County commissioners' meeting in March, from left to right, are social workers Amy Monaco, Tim Rowan, Commissioner Arthur Bond, Deloris Gingerich, Mary Lou Mosbey, Commissioner Bernard Loar, Anita Hartman, Jan Chippendale, Mark Roeder, Sue Dotson, Commissioner Dale Lewis, and Ann Eblers.

Volunteer Hours: 195

The WMAHEC offices provide a focal point for university programs to reach health professions students in Western Maryland. In FY 1998, WMAHEC supported these programs in the ways identified below.

University of Maryland School of Nursing Western Maryland Outreach

WMAHEC continued to support the undergraduate outreach program in Cumberland and Hagerstown. In 1998, 23 students at the 2 sites completed the program and now actively contribute to health care services in the 3 Western Maryland counties and in Frederick County. Graduate-level programs were also supported.

WMAHEC helped promote the University of Maryland Family Nurse Practitioner program in Cumberland, which currently includes 6 students from the WMAHEC service area.



Gail Mazzocco, assistant professor with the University of Maryland School of Nursing, meets with Joan Harvey, one of two students in an advanced-practice program unique to the eastern United States in Interdisciplinary Rehabilitation.

Towson University Occupational Therapy Department Western Maryland Outreach

Eighteen students continue in the occupational therapy outreach program, with BS-level students beginning advanced clinicals in summer/fall. WMAHEC supported the outreach program in FY 98 by providing space for staff and classes, proctoring exams, housing outreach program resources, and serving in an advisory capacity via the Occupational Therapy Caucus.

University of Maryland School of Social Work Western Maryland Outreach

WMAHEC's support for the MSW outreach program was limited in 1998 to providing space for the Western Maryland coordinator as well as occasional support services, including the mailing of surveys to social workers for input on the curriculum. WMAHEC assisted in the program's move to its new location in Hagerstown, and Don Spencer attended several meetings with University of Maryland and Frostburg State University during that transition. The Social Work Caucus hosted Geoffrey Greif, DSW, Associate Dean for Academic Affairs at the University of Maryland School of Social Work, who traveled to Western Maryland to describe changes in the on-campus and outreach programs.

Annual Awards

Distinguished Service Award

Presented to
Victor E. Mazzocco, MD



In recognition of his dedication to the people of the Appalachian region and his advocacy for quality health care on their behalf, his contributions to the Western Maryland AHEC mission through leadership and service on the Board of Directors and Medical Caucus, his long-term commitment as a skillful preceptor and teacher, his encouragement of lifelong learning, his partnership with university colleagues to advance health care knowledge through research, and his educational influence among his peers as a respected source of reliable, current medical information.



John M. Dennis Award

Presented to
Reba Cornman, MSW

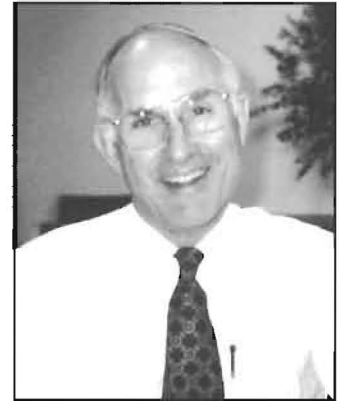


In recognition of her outstanding leadership through the years in geriatric education, her enthusiasm for involving students with the geriatric population and their unique needs and assets, her support of the Western Maryland AHEC staff, her resourcefulness in facilitating the development of the Geriatric Assessment Interdisciplinary Team project, her significant support of innovative programs between the Western Maryland AHEC and the University System of Maryland, and her dedicated advocacy for education and research to improve geriatric care.

In appreciation...

A Tribute to Donald Spencer

The Western Maryland AHEC, earlier called the Cumberland AHEC, was operational for just two years when Don Spencer was named as Executive Director in 1979. In the ensuing two decades, under his guidance and stewardship, the Center grew in stature to emerge as a nationally recognized resource for community-based learning, serving the health professions schools of the University of Maryland as well as other universities in the region. In 1994, the Center also received a National Center award for achievement in learning resource services. Over the years, when staff at the national AHEC headquarters wanted to demonstrate a successful AHEC center to visitors, they would schedule a field trip to Cumberland to showcase a program "that does things AHECs should be doing."



Donald Spencer, MPA
Executive Director, 1979 - 1997

WMAHEC's road to success was characterized more by peaks and valleys than by a continuous upward slope. To survive such a course, an organization requires leadership focused steadfastly on mission and imbued with a flexible approach to adversity and uncertainty. Luckily, the Center found such attributes in its director over these two decades. He was able to attract and retain a cadre of highly effective staff who, at considerable personal sacrifice, held the program together during periods of economic turn-down. Thanks to Don's vision, encouragement, and personal participation and to the work of a dedicated staff, the Center amassed a truly impressive string of successful grant applications at the federal level. These individual initiatives were helpful in creating the "glue" that kept the program intact over exceedingly difficult periods.



James I. Hudson, MD

Don's adherence to the principles of broad-based community input, as expressed through the structure of the Board, the Interdisciplinary Health Education Council, and the health professions caucuses, was an important factor in securing the longstanding, enthusiastic participation of volunteers representing all the professional disciplines in the region. Under Don's leadership, the Center also enjoyed strong support from friends in the Maryland State Legislature. Don was able to cultivate similarly strong and lasting friendships within the U.S. Congress. During the early 1990s when federal legislation was introduced to allow for joint federal-state funding for AHECs, the University of Maryland scheduled numerous trips to Capitol Hill. We had easy entrée to congressional offices where Don had cultivated valuable friendships among our Maryland delegation staff on both sides of the political aisle.

In recent years, a new AHEC has been launched on Maryland's Eastern Shore. Characteristically, Don gave tirelessly of his time and energies to that effort with on-site consultation during the early months of its organization. He has done all the right things in support of the principles for which he has stood and, fortunately for all of us, his imprint will be felt on the national and Maryland levels in the years to come.

James I. Hudson, MD
Former Statewide AHEC Director

Acknowledgments

Many people volunteer their time to make WMAHEC's programs successful. Whether by serving on our board and IHEC, attending caucus meetings, speaking at town meetings, providing educational instruction, or contributing in other ways, these supporters of WMAHEC are the vital links that bring health care and education together in Western Maryland.

Many of the partners who contributed to our programs in FY 98 were acknowledged in the June issue of *Communiqué*. Here, we would like to give a special thanks to health professionals and educators who provided a mentoring or shadowing experience for the young people who participated in our health professions recruitment programs. Each year, students cite these one-on-one learning opportunities as highlights of their enrichment experiences.

NEOP

Summer of 1997

Cathy Chapman, CRNP
Family Health Care

Melissa Clopper, BSN
Robinwood Family Medicine

Kathy Folk, BSN
Westernport Adult Day Care

Rene Haak, RN
Robinwood Internal Medicine

Vivian Harris, BSN
Thomas B. Finan Center

Norma Howe, CRNP
Veterans Affairs Clinic

Sharon Metz, BSN
Cumberland Adult Day Care

Cathy Miles, BSN
Garrett County Memorial Hospital

Lori Sanders, BSN
Robinwood Family Medicine

Connie Skelley, BSN
Cumberland Valley Center

Vicki Willey, CRNP
Frostburg Health Center

HCOP

Summer of 1998

Alice Butner, PT
Garrett County Memorial Hospital

Lorie Laber, COTA/L
Frostburg Village Nursing Home

Pamela Lee, COTA/L
Heartland Nursing Center

Kathy Moody, COTA/L
Moran Manor

Jenny Vought, PT
Heather Wilson, OTR/L
Rehab Solutions

Bucky Whiteman, MBA, PT
Progressive Physical Therapy

We would also like to extend our thanks to the bureaus and agencies that fund our programs. These are listed on the Financial Highlights page. We appreciate the guidance we receive from the staff of these organizations and look forward to continuing our association.

Acknowledgments

Financial Highlights

Income*

Maryland Statewide Medical Education and Training System	\$324,000
Department of Health and Mental Hygiene (DHMH) - AHEC Funding	\$150,000
University System of Maryland Redeployment Initiative Geriatric Assessment Interdisciplinary Team (GAIT) Project	\$90,000
Geriatrics and Gerontology Education and Research (GGEAR) Program of the University of Maryland	\$30,000
Interdisciplinary Training in Health Care for Rural Areas (DHHS, Bureau of Health Professions, ITHCRA Funds) Interdisciplinary Prevention in Rural Communities	\$131,074
Health Careers Opportunity Program (DHHS, Bureau of Health Professions, HCOP Funds) Central Appalachian Health Careers Opportunity Network	\$106,844
Nursing Education Opportunities Program (DHHS, Bureau of Health Professions, NEOP Funds) Eastern Alleghenies Nursing Education Opportunities Program	\$104,276
A STAR! in Western Maryland, Western Maryland Alliance for Service (AmeriCorps - Corporation for National Service)	\$3,617
Student and After School Activities, Maryland Foundation	\$3,100
Western Maryland Health Information and Resource Network	\$21,102
National Network of Libraries of Medicine, Southeastern Region Internet Training for Hospital Librarians and Health Information Providers Maryland Rural Health Conference Exhibit Grant	\$2,000 <u>\$1,500</u>
Total	\$967,513

Line Item Expenditures*

Personnel and Contractual Services	\$691,089
Communications	\$34,508
Printing and Supplies	\$45,964
Equipment and Equipment Contracts	\$29,573
Office Operations	\$64,341
Travel	\$25,402
Student Programs	\$61,574
Learning Resources	<u>\$15,062</u>
Total	\$967,513

Expenditures by Functional Category*

Recruitment	\$438,980
Retention	\$124,473
Information	\$151,354
Advocacy	\$114,690
Administration	<u>\$138,016</u>
Total	\$967,513

*For the fiscal year of July 1, 1997, through June 30, 1998

Board of Directors

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John Davis, DDS, Vice-Chair	Senator John Hafer
Thomas Jimerfield, MPH, Secretary	Elaine Keane, MS, OTR/L
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Claudia Baquet, MD, MPH	Lesley Perry, PhD, RN
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Jane Fiscus, MD	

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Myra Binau, MLS, AHIP	Bill MacKay, RPh
Debbie Bowen, RD	Sandra Negley, EdD
Deborah Bradley, MS	Jackie Snelson, MSN, CRNP
Keith Broome, RPh	Wayne Spiggle, MD
Tom Butler, LCSW-C	John Stagers, PT
Sue Coyle, MSN	Heather Wilson, OTR/L
Laurel Grant, RNC, MNEd	

Nursing Outreach Program Staff

Gail Mazzocco, EdD, RN	<i>Coordinator/Faculty Member</i>
Jackie Snelson, MSN, CRNP	<i>Faculty Member</i>

MSW Outreach Program Staff

Janice Chippendale, LCSW-C	<i>Coordinator</i>
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OT Outreach Program Staff

Elaine Keane, MS, OTR/L	<i>Coordinator</i>
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Maryland Statewide Medical Education & Training System

Donald E. Wilson, MD
Dean, University of Maryland School of Medicine

Claudia Baquet, MD, MPH
Associate Dean for Policy and Planning, University of Maryland School of Medicine; Project Director, Maryland AHEC Program

Judith Emery, EdD
Interim Assistant Dean for Graduate Medical Education, University of Maryland School of Medicine; AHEC Program Office Representative

Priscilla Pearson, JD
Assistant Director, Policy and Planning, University of Maryland School of Medicine; Assistant AHEC Program Director

WMAHEC Staff

(Listing includes full-time, part-time, contractual, and volunteer positions)

Donald Spencer, MPA
Kery Hummel, MS
Executive Directors

Angie Anderson, BA
Administrative Specialist I

D. Michele Beaulieu, RN, BSN
Coordinator of Health Information Services

Nathan Blatchley, BA
Rural Health Information Facilitator

Carol Bogacz, MA
Coordinator of Clinical Education

Jackie Booth
Administrative Assistant

Mary Clites
Custodian

Amy Crock
Administrative Associate

Robin Deter, AA
Bookkeeper

Sharon Donahoe, CMSC
Health Information Specialist

Suzanna Dotsen, MEd, MSW
Coordinator of Community Education

Mary Edgerly, MA
Coordinator of Public Information

Beth Euhanks, PhD
Coordinator of Health Careers Recruitment

Nancy Forlifer, MA
Associate Director

Phaedra Harris, BA
Administrative Specialist II

Deborah Hartman, BA, MTS
Coordinator of Program Development

Kathleen Lese, MT, MA, MLIS
Director of Information and Advocacy

Tracy Little
Health Careers Enrichment Educator

Nellie Mock
RSVP Volunteer

GiGi O'Baker, AA
Health Information Specialist

Amy Lynn Robison, BS, MPH
Coordinator of Health Personnel Development

Beth Wescott, MLS
MLS Consultant

Rebecca Whitehill
Administrative Specialist I

Directory



Western Maryland
Area Health Education Center
11 Columbia Street ♦ Cumberland, MD 21502

Non-Profit Organization
U.S. Postage
PAID
Bulk Rate Permit 748
Cumberland, MD 21502