

Working to improve health care through health personnel education  
in Allegany, Garrett, and Washington Counties



# Annual Report 1984-1985

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## CHAIRMAN'S MESSAGE

Constance J. Spates  
Chairman of the Board

This past year has been my second term of service as Chair of the CAHEC Board of Directors, and my experience has helped me to realize anew how vision, persistence, flexibility, and help from our friends sometimes does make the impossible . . . possible! We are very pleased to be able to look forward to a more secure future for the organization, and at this time of annual reflections, we are also feeling very proud of the work that many volunteer health professionals and institutions have contributed to AHEC's services during some very difficult times. We are grateful for the dedicated commitment of UMAB leadership to AHEC services in Western Maryland, and we are very thankful for the support of our legislators and other public officials who have provided generous, long-standing support for the organization's services.



Constance Spates and Dr. James Hudson,  
Associate Dean for Administration, UMAB.

In looking to the future, we know that rapid changes in health care of all types are only beginning. It will be important for the organization to keep pace with change and keep on discovering ways in which it can contribute to the education of health professionals and thereby support the quality of interdisciplinary patient care.

# DIRECTOR'S REPORT

Donald L. Spencer  
Executive Director

As Connie Spates points out in her message, in the health care world - and its clinical and educational dimensions - it is change, change, everywhere! Because the Cumberland AHEC is in a large measure a reflection of what is taking place at the University of Maryland at Baltimore (UMAB) and in local health care agencies, many of the changes occurring at all locations are having both a direct and an indirect impact on the AHEC program.

To the casual reader, this report might suggest that there has been little change in the AHEC program in the last several years. Indeed, Cumberland AHEC still has students; the year's program continues to sponsor continuing education events, provide library services, facilitate consumer health care education, and do most of the types of things that have been done in the past.

As far as generic activities are concerned, the types of services and their purposes have remained the same. There are, however, important changes taking place, and the organization's major challenge has been and will be to keep pace with change as it occurs and to respond creatively in a manner consistent with our educational mission.

One of the best changes that greets the organization as it prepares to begin its tenth year of service is the message from Dr. John Dennis, Vice Chancellor at UMAB, that the Cumberland AHEC will be continuing service in 1985-1986 with a 33% increase in funding. This restores the Cumberland AHEC budget to the 1983 dollar level and offers an important boost in morale for Board, Interdisciplinary Health Education Council (IHEC), Caucus members and all who have been working under the shadow of possible discontinuation, a distinct possibility during each of the past two fiscal years.

While the Cumberland AHEC has been coping with its fiscal uncertainties, there have obviously been similar uncertainties at UMAB in numerous schools, departments, and programs where changes have had implications for the AHEC program. Changes in the medical residency program have brought about a steady decline in the number of residents coming to Cumberland and in the amount of time that each resident is actually placed in Western Maryland. Other significant changes are the continued hiatus in placement of dental and social work students in the Cumberland AHEC program and the steady decrease in the number of nursing students who can take advantage of community nursing placements in the Western Maryland area. There has also been a reduction in the number of continuing education programs offered by each UMAB school and cutbacks in some of the faculty and clinical services to correspond with losses in capitation funds, reduction in reimbursement for services, and, in some cases, cutbacks in clinical services provided by the University.

The Cumberland AHEC has been able to respond effectively to several of the changes at the University. For instance, medical students in the Ambulatory Care Program report that their Cumberland experiences have contributed to their sense of direction in their medical education which otherwise often becomes mechanical in high pressure, high-tech urban hospital environments. Most have described their work with preceptors and their experience with the AHEC curriculum in the Cumberland area in very complimentary terms, and it appears that the Cumberland rotation is perceived by an increasing number of students as

a most significant part of their medical education as a whole.

In responding to the changing needs of medical residents, CAHEC is now being asked to assume a new role which involves providing "gap filling experiences" for third year residents. In the past, most residents came to Cumberland with an interest in learning about the management of specific types of practices. Now residents more often come with an interest in being exposed to various facets of medical practice and specialization less familiar to them including neurology, orthopedics, gynecology, ophthalmology, and rural practice where there is less high technology available.

With the changes that have occurred in the participation of UMAB students in CAHEC's placement programs, there has been less interdisciplinary sharing among students with different backgrounds. Pharmacy students still come on a frequent basis, but because fewer disciplines are represented, there is no longer the ready-made opportunity for interdisciplinary sharing that existed three and four years ago. Consequently, the Cumberland AHEC has moved toward involving local health professionals from other disciplines in its seminars and tours, giving medical and pharmacy students a new opportunity to appreciate how other professions contribute to a totality of health care and influence quality and efficiency in patient care.

In some measure the changes which have been occurring in placement programs, continuing education, and in various other services have created a situation in which both the University and local health care professionals are now having some difficulty relating to each other. Local professionals and institutions seem to be asking in different ways "how do we relate to the changing shape of the University." Conversely, the University does not seem certain how it can now best offer education to local health care providers. The Board, IHEC, Caucuses and staff of the Cumberland AHEC have found continual review of programs and services necessary in order to facilitate the most constructive relationship possible. At times it also seems that CAHEC needs to evaluate its own organizational structure and program so that it can best respond to the needs and opportunities of both elements while preserving quality in its ongoing services.

As in the past, it has become very clear to those working very closely with the Cumberland AHEC program that the organization is more than the sum of its leadership components, i.e. the Board and IHEC. The organization is also its Caucus members - many of whom serve as volunteer preceptors, while others serve as continuing education resource persons, and all of whom who have given support in various ways during the course of the year. CAHEC people are also its contact persons at UMAB with Dr. James Hudson serving most ably as its administrative link. AHEC supporters are also the off-campus education people who include Helen Kohler, Gail Mazzocco and Sue Coyle in nursing and Iona Hiland in the School of Social Work; the legislative delegation from Washington, Garrett and Allegany Counties and many other prominent persons such as Dr. Toll, University of Maryland president, Governor Hughes, and various leaders who have supported the vision of a University which reaches out to fulfill the needs of people in different localities in the State. To all such individuals, CAHEC is indebted for their teaching, support and visionary leadership.

The new CAHEC staff has done a superb job this year in coping with the increased workload while having to contend with a reduced number of hours. Our new office manager, Heidi Dietterich-Singer, and our part-time librarian, Catherine Ray, and part-time bookkeeper, Janet O'Rourke, have all made important

contributions this year in helping to maintain services while assisting the organization as it has explored new opportunities for service to health care personnel and ultimately the citizenry of Western Maryland.

## **PROGRAMS AND SERVICES**

### **The IHEC**

**Lee B. Ross, Chair**

The Interdisciplinary Health Education Council this year spent a significant amount of its time doing future planning for new programs even before the continuation of the Cumberland AHEC was assured. One of its planning efforts has been directed toward the preparation of a Health Careers Opportunity Program grant. The program would recruit low-income and disadvantaged students for training in under-staffed health services in the Western Maryland area. This program is a three year program which would relate to high school seniors in a nine-county locality. The plan was not approved by the Division of Disadvantaged Assistance of the Health Resource and Services Administration for the current year, but the plan may be reconsidered for FY 1987 funding.

A second planning effort has involved the preparation of an application for Federal AHEC funding for a one-year Special Initiatives Program to begin October 1, 1985. This program will assist the organization in helping to develop up-to-date training in geriatrics for various area professionals working with older adults in both long-term and acute care settings. The program received strong endorsement by the University of Maryland, and Federal AHEC action is expected to be completed by September.

As the organization's advisory council, the IHEC has the responsibility for long-range and short-term planning. In addition, it also provides program oversight for the various components for CAHEC services. Some of the highlights relating to various services provided by the organization are presented in the following paragraphs.

### **Education Services**

#### **Interdisciplinary Continuing Education**

During the first part of the year, the continuing education services had the benefit of several months of resources from the Microcomputers Special Initiatives program funded by the Federal AHEC program. Even though the computer educator who worked with the grant accepted other employment in July, 1984, several workshops were conducted for Nursing Administrators, Nursing Educators and for health personnel at eight area institutions. CAHEC was able to fulfill the objectives projected for the program with the important assistance of its consultant, Dr. Gilbert Austin, who assumed responsibility for program implementation and completion during the final months of the federal program agreement.

## Caucus-Based Planning

The Social Work and Psychology Caucuses responded to diminished staff services by taking steps to develop a series of programs for the benefit of their professional peer groups. The Psychology Caucus worked with Dr. Austin to organize an initial workshop on the use of computer-based psychological testing; and Dr. Kenneth Stewart and Dr. Charles Cantone developed the principle presentations for the event. Dr. Stewart developed a follow-up event for psychologists and psychiatrists to examine DSM-III classification scales with assistance of computer programs. Both events incorporated the work and participation of Psychology Caucus membership.

The Social Work Caucus met in August to develop a series of five lectures to help update area social workers on topics judged to be of general interest. Warren Davis and John Sangiovanni, Chair and Vice-Chair of the Caucus respectively, provided the coordinating leadership for this series which included faculty representatives from UMAB and West Virginia Schools of Social Work as well as speakers from the Maryland Chapter of NASW and from the State Attorney General's office.



Benjamin Davis, Executive Director of NASW, Maryland Chapter, spoke to area social workers as part of a program planned by Warren Davis and the Social Work Caucus. He is shown here with Warren Davis.

## Off-Campus Education



Susan Coyle

During the past year, off-campus education programs relating to Western Maryland experienced important changes. The Outreach Nursing Program which has had tenuous funding for several years now has received continuing budgetary status as part of the nursing education services provided by the University of Maryland - Baltimore County. With this change, the program in Western Maryland offered assurance of ongoing program stability in its services to nurses who wish to complete their Bachelor's degree in nursing without traveling from the Western Maryland area. Dr. Helen Kohler, Gail Mazzocco and Sue Coyle continue to be the primary resource persons for this program.



The School of Social Work has re-established a MSW program for students in Hagerstown and Cumberland areas to help increase the availability of Masters trained social workers in the Western Maryland area. Students still travel to Baltimore for some course requirements, but having the program even in its present form is an important resource for area social workers and agencies. Iona Hiland has been the coordinator for this program during the past year.

Both off-campus education programs relate closely with the Cumberland AHEC. There is shared planning and coordination among staff members, and CAHEC provides liaison, office and classroom space for both programs at the CAHEC Center.

### **Community Education**



Dr. LaParle giving free oral screening exam at Health Fair 1985.

Due to several unresolved questions regarding public preferences for having screening services available in the Allegany County Health Fair, the IHEC convened a meeting of area hospital administrators to develop a plan for the event for 1985. The administrators agreed to work cooperatively toward making various screening services available to the public at different site locations. This decision set the foundations for a successful 1985 Health Fair Week, April 20-25. The Fair provided health screening and education services at locations throughout the County and was made possible by the contributions of 50 organizations and countless numbers of volunteers. Over 1,700 screening tests of various types were provided to over 700 county residents during the five day period. The feedback received by various institutional representatives was very positive. Fair planning for FY 1986 will likely begin by September, 1985.

### **Learning Resource Services**

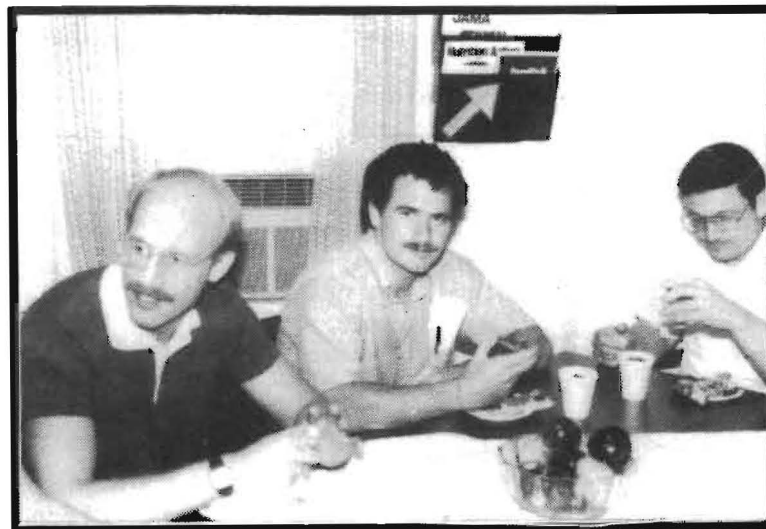
Due to a change in staff and a cutback in staff time, the use of Learning Resource Services for 1984-1985 showed a marked change compared to the previous year. The number of patrons served declined slightly from 287 to 283. The number of reference questions received, interlibrary loans requested, and Medline searches completed fell primarily because of difficulty in securing National Library of Medicine training for CAHEC's new librarian. Even with the changes which occurred throughout the year, the number of books and journals in circulation dramatically from 74 to 172.

To enhance CAHEC's provision of patron service, Catherine Ray, CAHEC Information Specialist, has been involved in the establishment of the Potomac Health Information Network (PHIN) library consortium. The objectives of PHIN are to increase resources available for interlibrary loan to area professionals and to provide basic skills training in library education for non-professional librarians throughout the region. CAHEC's involvement in PHIN has been encouraged by the IHEC in hopes that the organization will be able to support the development of libraries in smaller hospitals throughout the area and to serve as a training and technical assistance resource to other area libraries as needs require.

The additional function of the Information Specialist has been the production of the CAHEC newsletter and other publications and publicity.

## PLACEMENT PROGRAM

During 1984-1985, the number of program participants in the CAHEC placement program has increased from 33 in 1983-1984 to 40 participants. During the past year, 63 area professionals served as preceptors on a voluntary basis, and the program continues to be the priority service for UMAB in the Western Maryland area. The data collected as of July 1, 1984 indicates that the first practice location for CAHEC participants after completing professional training is remaining constant at 26% serving small cities and rural areas and 14% of all participants returning to Western Maryland.



UMAB students at CAHEC orientation.

PLACEMENT PROGRAM PARTICIPANTS - UNIVERSITY OF MARYLAND AT BALTIMORE  
July 1, 1984 - June 30, 1985

SCHOOL OF MEDICINE

Ambulatory Care Program

Preceptor	Student	Location
Dr. Anthony Bollino	Mark Taylor	Private Practice
Dr. George Breza	Keith Kaplan	Braddock Medical Group
Dr. Robert Brodell	John Knight	Private Practice
Dr. Nick Casto	Cynthia Ackrill	Memorial Hospital
	Keith Kaplan	Emergency Medical Group
	Kevin Laser	
	Spiros Lazarou	
	David Mauterer	
	Bruce Reiner	
	Mark Taylor	
Dr. R. Fadl	Mark Taylor	Sacred Heart Hospital
	Chris Murphy	Emergency Department
	Mark Sauer	
Dr. Robert Feddis	Bruce Reiner	Private Practice
Dr. Raul Felipa	Robert Clinton	Private Practice
	Christine Murphy	
Dr. Jane Fiscus	Richard Citrenbaum	Health Department
	Robert Clinton	
Dr. W. Guy Fiscus	Deborah Benzil	Private Practice
Dr. Thomas Graff	David Mauterer	Private Practice
Dr. Thomas Johnson	Whit Dunkle	Garrett Medical Group
	Catherine Smoot	
Dr. Peg Kaiser	Christopher Baldwin	Emergency Department
	Thomas Johnson	Garrett Co. Hospital
Dr. Myung-Sup Kim	Cynthia Ackrill	Radiology Department
	Keith Kaplan	Sacred Heart Hospital
	David Mauterer	
	Bruce Reiner	
Dr. William Lamm	Kevin Laser	Private Practice
Dr. Isagani Laurencio	Robert Clinton	Emergency Department
	Christine Murphy	Sacred Heart Hospital
	Bruce Reiner	
	Mark Sauer	
	Vivek Varma	
Dr. Paul Livengood	Charles Hames	Braddock Medical Group
	John Knight	
Dr. Victor Mazzocco	Charles Hames	Braddock Medical Group
Dr. H. Curtiss Merrick	Cynthia Ackrill	Private Practice
Dr. Margaret Merrick	Cynthia Ackrill	Private Practice
	Mark Sauer	
Dr. Walter Naumann	Christopher Baldwin	Private Practice
	Whit Dunkle	



Dr. Owen Oksanen	Bruce Reiner	Emergency Department
Dr. Deborah Pepper	Mark Taylor	Sacred Heart Hospital
Dr. Donald Pepper	Kevin Laser	Memorial Hospital
Dr. William Pope	Kevin Laser	Emergency Medical Group
Dr. N.A. Rangithan	Christopher Baldwin	Garrett Co. Health Dpt.
Dr. Vimala Rangithan	Vivek Varma	Private Practice
Dr. C.J. Rogers	Vivek Varma	Private Practice
	Richard Citrenbaum	Radiology
	Keith Kaplan	Sacred Heart Hospital
	Bruce Reiner	
Dr. Mary Schipper	David Mauterer	Private Practice
	Mark Sauer	
Dr. Phil Schroeder	Spiros Lazarou	Private Practice
Dr. Karl Schwalm	Thomas Johnson	Private Practice
Dr. E. Timothy Souweine	Richard Citrenbaum	Hyndman Area
	Bruce Reiner	Health Center
	Mark Sauer	
Dr. John Stansbury	Richard Citrenbaum	Emergency Medical Group
	Kevin Laser	Memorial Hospital
	Bruce Reiner	
Dr. Andrew Stasko	Keith Kaplan	Surgery
	David Mauterer	Memorial Hospital
Dr. George Stoltzfus	Thomas Johnson	Private Practice
Dr. Christopher Stoner	Christopher Baldwin	Emergency Department
		Garrett Mem. Hospital
Dr. Gary Wagoner	Cynthia Ackrill	Private Practice
Tony Zaloga	Mark Taylor	Frostburg State College

#### Primary Care Residency Program

Preceptor	Resident	Location
Dr. Darrell Buchanan	Dr. Constantine Gean	Private Practice
	Dr. Andrew Lazin	
	Dr. Sherrie Lazin	
Dr. Samuel Bucher	Dr. Charles Sheehan	Private Practice
Dr. Robert Dawson	Dr. Constantine Gean	Private Practice
Dr. Richard Johnson	Dr. Constantine Gean	Private Practice
Dr. Myung-Sup Kim	Dr. Andrew Lazin	Radiology
	Dr. Sherrie Lazin	Sacred Heart Hospital
Dr. Victor Mazzocco	Dr. Constantine Gean	Braddock Medical Group
Dr. Mike McCagh	Dr. Sherrie Lazin	Private Practice
Dr. Ken Roberts	Dr. Sherrie Lazin	Private Practice
Dr. C.J. Rogers	Dr. Andrew Lazin	Radiology
	Dr. Sherrie Lazin	Sacred Heart Hospital
Dr. Timothy Souweine	Dr. Constantine Gean	Hyndman Area
	Dr. Andrew Lazin	Health Center
Eather Waugaman	Dr. Constantine Gean	All.Co. Health Dept.

#### Family Practice Program

Preceptor	Student	Location
Dr. Robert Goralski	Dr. John Shutta	Garrett Medical Group

## **SCHOOL OF PHARMACY**

### **Professional Experience Program**

<b>Preceptor</b>	<b>Student</b>	<b>Location</b>
John Balch	Rana Ahed	Bedford Road Pharmacy
Steve Hoapodavis	Thomas Pfaff	Steve's Pharmacy
Dr. Raymond C. Love	Thomas Pfaff	Thomas B. Finan Center
	Joyce Prince	
	Charlene Ozanne	
Robert Martin, Jr.	Mary Kremzner	Potomac Valley Pharmacy
	Thomas Pfaff	
	Brian Robinette	
Richard Ottmar	Donna Ebey	Sacred Heart Hospital
	Thomas Pfaff	

## **SCHOOL OF SOCIAL WORK & COMMUNITY PLANNING**

<b>Preceptor</b>	<b>Student</b>	<b>Location</b>
Louella McAloose	Maureen Connelly	Thomas B. Finan Center
Betty Myers	Jack Parsons	Thomas B. Finan Center
Jean Reinhard	Jan Chippendale	All. Co. Health Dept.
Mike Stevens	Sandy Davis	All. Co. Health Dept.

## **SCHOOL OF NURSING**

<b>Preceptor</b>	<b>Student</b>	<b>Location</b>
Anna Clauson	Bobbi Burdis	All. Co. Health Dept.

## **PARTICIPANTS FROM OTHER PROGRAMS**

<b>Preceptor</b>	<b>Student</b>	<b>University/College/Program</b>
John Balch	Leslie Cioffi	Duquesne University - Pharmacy
Dr. Renato Espina	Dwight Pyles	WV School of Osteopathic Medicine
Dr. Raul Felipa	Dwight Pyles	WV School of Osteopathic Medicine
Debi Fisher	Renard Brooks	University of Maryland - Dietary
	Lynn Ott	
	Julia Spikes	
	Marcella Wood	
Robert Martin, Jr.	Jill Rumon	Duquesne University - Pharmacy
Richard Ottmar	Leslie Cioffi	Duquesne University - Pharmacy
	Jill Rumon	
Joyce Shelleman	Zoe Boniface	Penn State - Public Admin.

# CAUCUS REPORTS

## Dental

Frank A. LaParle, Chair

- With the leadership of Dr. Robert Wood, organized participation in the 1985 Allegany County Health Fair.

## Medical

V. Raul Felipa, Chair

- At the request of UMAB, organized the submission of nearly 50 sets of credentials from area physicians to establish or update clinical faculty status with the UMAB School of Medicine.
- Provided preceptor services for 24 students and residents in 1984/1985.
- Organized a site visit for new Ambulatory Care Coordinator, Dr. Sallie Rixey.
- Endorsed the invitation of UMAB to have Dr. Felipa serve as a member of the Advisory Committee for the UMAB General Internal Medicine Program.
- Conducted a survey of all members regarding preceptor contact preferences for FY 1987.
- Decided to discontinue payment of stipends for preceptors working with residents.
- Agreed to participate in a UMAB program for faculty development for preceptors practicing internal medicine.

## Nursing

Susan Coyle, Chair

- Conducted a discussion on long-term development of additional nursing education programs in Western Maryland.
- Received a report on a hearing conducted by the Governor's Task Force on Nursing Education conducted in Hagerstown in September, 1984.
- Surveyed all heads of nursing organizations and commissions to determine a follow-up action on the Caucus' April 1984 forum on "Entry into Practice".
- Developed preceptor arrangements for a UMAB student interested in community-based nursing experience in a rural area.
- Discussed the need for organizing a health professional employment placement service to help promote professional growth and development among unemployed health care personnel and to facilitate awareness of accessible training programs and alternate employment opportunities.
- Offered two computer review courses for ACC students preparing to take the NCLEX examinations.

## Pharmacy

Richard Ottmar, Chair

- Received students from UMAB and Duquesne University.
- Surveyed local pharmacists on their interest in and willingness to become preceptors in the UMAB program.
- Gave a presentation in Baltimore to UMAB first and second year pharmacy students on Professional Experience Program placement alternatives in Western Maryland.
- Established communication with the University of Maryland Geropharmacy Training Program to work in conjunction with AHEC services during a three-month training period to begin in July, 1985.

## Psychology

Spencer Deakin, Chair

- Developed a procedure allowing the Cumberland AHEC to serve as a repository for computer based psychological testing programs which could be used by local psychologists.
- Initiated the development of a computer software management policy which was approved by the IHEC and incorporated in the CAHEC library guidelines.
- Enabled the organization of two seminars for psychologists, and one for psychologists and psychiatrists to evaluate the applicability of selected computerized psychological test scoring and analysis test programs.

## Social Work

Warren Davis, Chair

- Met with Dr. Young, Iona Hiland and representatives of the University of Maryland Social Work faculty and Delegate George Edwards to discuss ways of increasing off-campus education services to individuals seeking and working toward MSW degrees.
- Organized a planning session to develop a series of open meetings which would feature presentations by lecturers from UMAB, the Attorney General's office, and the Maryland NASW.
- Provided preceptor services for four graduate students in Allegany County.
- Met with Iona Hiland to receive information on plans for the off-campus program in 1984-1985.
- Conducted a preliminary planning session to identify social work professional needs in preparation for a program planning session to be held in August, 1985.

# FINANCIAL PROFILE

## Income

Maryland Statewide Medical Education and Training System	\$106,800
Health Professions Education Assistance (Federal Funds - Special Initiatives)	13,989
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	\$120,789

## Expenditures by Functional Category

Placement Program	\$43,262	
Program Development	14,019	
Continuing Education	13,989	- (computers)
Learning Resource Services	12,078	
Administration - CAHEC	10,871	
Community Health Education	9,663	
Board, IMEC, & Caucus Activity	8,453	
Public Information	7,851	
Career Recruitment Program	603	
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	\$120,789	

## Line Item Expenditures

Personnel	\$72,186
Communications	6,504
Printing and Supplies	4,388
Equipment Contracts	946
Office Operations	9,400
Placement Programs	23,100
Continuing Education	87
Learning Resource Services	2,403
Travel	1,775
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	\$120,789

# DIRECTORY

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Robert Donnelly  
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George Neeley  
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Amy Shuman  
Timothy Souweine

## CAHEC Staff

Executive Director: Donald L. Spencer  
Information Specialist: Catherine C. Ray  
Computer Education Coordinator: Gilbert R. Austin Ph.D.  
Office Manager: Heidi J. Dietterich-Singer

## UMAB Professional School Liaisons

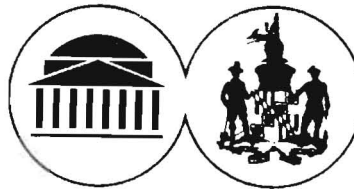
Ambulatory Care: Sallie Rixey, M.D.  
Dental Extern: Mark L. Wagner, D.M.D.  
Family Practice: C. Earl Hill, M.D.  
Nursing: Helen R. Kohler, Ph.D.  
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Marguerite Moran, M.D.  
Social Work: Ruth Young, Ph.D.  
Iona B. Hiland, M.S.W.

## Maryland Statewide Medical Education and Training System

John M. Dennis, M.D., Dean, School of Medicine, Acting Chancellor for Health Affairs  
James I. Hudson, M.D., Associate Dean for Administration, School of Medicine

This report has been published by the Cumberland Area Health Education Center, The Algonquin, Suite 210, Cumberland, Maryland. 21502 (301) 777-9150.





Maryland  
Statewide  
Medical Education  
and Training  
System



Cumberland Area Health Education Center

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