

Working to improve health care through health personnel education  
in Allegany, Garrett, and Washington Counties



# Annual Report 1983 - 1984

## CHAIRMAN'S MESSAGE

**Constance J. Spates**



During my association with the Cumberland AHEC, I have come to develop a growing appreciation for what the organization does and what it represents. As Chair of the Board of Directors this year, I want to take this opportunity to thank all who have given so generously as preceptors, seminar leaders, and as contact persons with local services and employers. Our special thanks also go to CAHEC's strong supporters at UMAB, the Bureau of Health Professions, and the National Library of Medicine. We are also grateful for the support of our legislators, county commissioners, and other public officials who have been strong advocates for the continuation of CAHEC services. We are pleased with what has been completed in 1984 and are particularly grateful for the opportunity to continue our current level of services and to plan new programs in the year ahead.

## DIRECTOR'S REPORT

**Donald L. Spencer**

The basic CAHEC transitions in funding levels, staff reductions, and consequent reduction in program this year were up-front. The Grand Central Station atmosphere of rapid change in health care and in health personnel education is having an impact on all programs, and CAHEC is no exception. Professional schools have lost substantial amounts of public subsidy and therefore have been busy revamping curriculum and programs; changes in leadership and fiscal systems have influenced changes in priorities for institutions, services and programs at UMAB and elsewhere; changes in levels of employment and in third-party coverage are once again influencing the location patterns of new professionals and the participation of area practitioners in continuing education programs.

Many of the needs for which CAHEC was established years ago continue. The metropolitan environments of professionals schools have not changed, but the reduction in the amount of primary care being offered by teaching hospitals and the increased attention being given to

tertiary care has changed. The need for responsive learning environments in community settings is therefore even greater - perhaps especially so for medical students. The quality of CAHEC preceptors' work this year and in past years has brought the CAHEC student training program to a point of high demand for 1984-1985 when a record number of medical students will be coming to Western Maryland.

Students continue to cite the value of interdisciplinary communication and contact with students from other disciplines and with professionals of various practices which is made possible in the CAHEC program. With the retrenchment of many training programs and the survival-type preoccupations created by severe financial changes, emphasis on interdisciplinary cooperation often receives lower priority than in the past decade.

The Cumberland AHEC has continued to offer other services as well this year. The learning resource services - with the assistance of a library improvement

grant from the National Library of Medicine - have been restored and expanded to a very effective level under the direction of Mary Jo Maloney. Continuing education services - made possible by a one-year grant from the federal AHEC office - has given an unexpected boost to continuing education services with Steve Holowenzak's help.

Many persons on the Board of Directors, the IHEC, and in the caucuses have contributed to help 1983-1984 be a good year for CAHEC, but there are four groups who seem to warrant special mention in this brief report. First of all the CAHEC preceptors - all volunteers - once again have done an outstanding job in teaching students on placement from various programs and institutions. Secondly, the Nursing Caucus met on an average of once each month and succeeded in fulfilling each of their objectives for the year and were particularly effective in helping to solidify support for the continuation of the UMAB Nursing Outreach Program for Western Maryland. Thirdly, the legislative delegation from Washington,

Garrett and Allegany counties has done an excellent job in giving support and impetus to the work which was required to support the continuation of CAHEC in both this year's and next year's legislative sessions. And fourthly, Dr. John Dennis and Dr. James Hudson of UMAB have been especially helpful to CAHEC by providing guidance and leadership toward helping CAHEC to prepare for its future services. For the work of all of these persons, the organization and the people that CAHEC serves can be most appreciative.

To conclude this report without commenting on the work of Kathy Coakley, the CAHEC office manager, would be inappropriate. Kathy has helped the organization cope with several changes this year, learned how to use a computer, and contributed very effectively to help sustain the momentum of the organization's services. We are appreciative for the responsive and responsible ways in which she has done her work and for the enthusiastic way which she has helped the organization provide its services.

## **PROGRAMS AND SERVICES**

### **The IHEC**

**Lee B. Ross, Chair**

The role of the Interdisciplinary Health Education Council in a year of significant reduction in program funds has been pivotal in providing direction for the Center's changing programs. In addition to planning various options for future directions and service, the Council has provided guidance for this year's educational and library services.

### **Education Services**

#### **Interdisciplinary Continuing Education**

The two primary interdisciplinary continuing educational events planned for 1983-1984 have been a symposium on alcohol and drug abuse prevention conducted in Hagerstown for over 100 health and human service professionals. This conference was planned in coordination with the Washington County Health Department and featured a number of prominent speakers. The second event was planned in cooperation with the Maryland Lung Association and Memorial and Sacred Heart Hospitals and addressed needs for information on asthmatic bronchitis. Dr. Steven Shonfeld of Johns Hopkins and Sinai Hospital was the principal resource person, and Dr. James Raver and Dr. Richard Schwitt were the two coordinators for separate presentations at the two hospitals.

#### **Computer Education Services**

The 1983-84 Continuing Education Program was made possible to CAHEC by a "Health Educational Initiatives with Microcomputers" grant from the Department

of Health Resources and Services Administration through the Maryland Statewide Education and Training System. CAHEC's continuing education planning, development, and implementation activities have emphasized the interaction between presenters, participants and machines in a series of six professional development seminars on the use of desktop computers in health care services. Through lectures, discussions, demonstrations, and "hands-on" experiences, each seminar program provided pharmacists, social workers, psychologists, physicians, and dentists with state-of-the-art clinical and practice management information on microcomputer hardware and software applications. To date 102 health personnel have attended.

Another aspect of the computer education services has included computer training to students and residents involved with CAHEC's Placement Program. In addition, the Health Risk Appraisal computer program was offered to the general public at the Allegany County Health Fair. The services will continue with a seminar for nurses and a series of workshops scheduled for the summer of 1984.

### **Community Education**

In spite of reduction in services in health career education and speakers bureau services, CAHEC continued to provide leadership in the coordination of the Allegany County Health Fair. The Fair involved the participation of 31 health organizations and 142 volunteers as well as the financial contributions of 10 businesses and organizations. It was held at the Country Club Mall and several thousand people attended.

### **Learning Resource Services**

1983-1984 marked a year of expanded library services despite reduction in staff support. After a summer hiatus, CAHEC was able to restore Learning Resource Services with the help of the University of Maryland at Baltimore School of Medicine, Health Sciences Library, and the Southeastern Atlantic Regional Medical Library Services.

With funds received from a National Library of Medicine Resource Improvement Grant, CAHEC more than doubled its book and journal collection. To seek additional funds for staff support, CAHEC offered contractual library services to local organizations. Potomac Valley hospital utilized the service and hired the Information Specialist as a Library Consultant. She prepared a Library Development Plan, a Policies and Procedures Manual, a list of recommended purchases and trained a member of the PVH staff in basic library skills. Garrett Memorial Hospital medical staff also requested a presentation and preliminary analysis of their collection.

Another departure from past years, the Information Specialist assisted local hospital staff to take MEDLEARN, a computer-programmed course in MEDLINE training; provided basic MEDLINE instruction to students in the Placement Program; and spoke at a meeting of Maryland's public library administrators regarding CAHEC's library services.

As another function of Learning Resource Services, two newsletters have been published and numerous news releases written for the Allegany County Health Fair and other CAHEC-sponsored events held this past year. Additional library statistics follow: patrons assisted . . 337; MEDLINE searches performed . . 131; reference questions received . . 152; interlibrary loans requested . . 223; materials added and catalogued . . 133; materials circulated . . 74.

# PLACEMENT PROGRAM

With a 35% reduction in funding from the previous year, CAHEC was requested to plan a reduced size in its placement program for 1983-1984. Several University of Maryland programs also were undergoing change, and as a result of both circumstances, the number of participants dropped from 55 in 1982-1983 to 33 in 1984-1985. It is already evident, however, that CAHEC placement participation will increase in 1984-1985. As far as first practice location of CAHEC participants after completing professional training is concerned, as of July 1, 1983, 40% serve small cities and rural areas and 26% of all participants have returned to Western Maryland.

## PLACEMENT PROGRAM PARTICIPANTS - UNIVERSITY OF MARYLAND AT BALTIMORE July 1, 1983 - June 30, 1984

### SCHOOL OF MEDICINE

#### Ambulatory Care Program

Preceptor	Student	Location
Dr. Martin Becker	Joseph Eshelman	Private Practice
Dr. Renato Espina	Joseph Adams	Private Practice
Dr. Ramsey Farah	Joseph Eshelman	Private Practice
Dr. Raul Felipa	Catherine Abrams	Private Practice
Dr. Guy Fiscus	Thomas Abendroth	Private Practice
	Thomas Jordan	
Dr. Thomas Graff	Thomas Jordan	Memorial Hospital
Dr. Walid Hijab	Joseph Adams	Private Practice
	Lurette Semmes	
Dr. Shin Eung Kim	Thomas Jordan	Private Practice
Dr. Daniel Kohn/Coord.	Thomas Abendroth	Emergency Medical Group
Dr. John N. Casto	Catherine Abrams	Memorial Hospital
Dr. Deborah Pepper	David Freas	
Dr. Donald Pepper	Thomas Jordan	
Dr. John Stansbury	Ron Khazan	
	Daniel Marder	
	Tanya Schwartz	
	Lurette Semmes	
Dr. Paul Livengood	David Freas	Braddock Medical Group
Dr. Akbar G. Matadar	Thomas Jordan	Private Practice
Dr. Mary Schipper	Daniel Marder	Children's Med. Group
	Lurette Semmes	
Dr. Timothy Souweine	Ron Khazan	Hyndman Area Health Ctr
	Lurette Semmes	
Dr. Judith Stone	Joseph Adams	Private Practice
Dr. Gary Wagoner	Tanya Schwartz	Private Practice

#### Primary Care Residency Program

Preceptor	Resident	Location
Dr. George Breza	Dr. Robert Levitt	Braddock Medical Group
Dr. Darrell Buchanan	Dr. Kevin Doyle	Private Practice
	Dr. Scott Maurer	
Dr. Raul Felipa	Dr. Robert Fuld	Private Practice
Dr. Jane Fiscus	Dr. Carla Alexander	All. Co. Health Dept.
	Dr. Maura Dollymore	

Dr. Elizabeth Jackson  
 Dr. Victor Mazzocco  
 Dr. Timothy Souweine  
 Dr. Wayne Spiggle  
  
 Dr. George Stoltzfus

Dr. Kevin Doyle  
 Dr. Robert Levitt  
 Dr. Kevin Doyle  
 Dr. Carla Alexander  
 Dr. Gary Milles  
 Dr. Maura Dollymore

Private Practice  
 Braddock Medical Group  
 Hyndman Area Health Ctr  
 Braddock Medical Group  
  
 Private Practice

#### Family Practice Program

Preceptor	Student	Location
Dr. Anthony Bollino	Terri Lally	Private Practice
Dr. Carl Schwalm	Robert Howse	Garrett Medical Group

#### SCHOOL OF PHARMACY

#### Professional Experience Program

Preceptor	Student	Location
John Balch	Carol Steinhilber	Bedford Road Pharmacy
	John Williams	
Dr. Raymond C. Love	Kathleen Moore	Thomas B. Finan Center
Robert Martin, Jr.	Brian Robinette	Potomac Valley Pharmacy
Richard Ottmar	Janet Holsopple	Sacred Heart Hospital
	Thomas Pfaff	
	John Williams	

#### PARTICIPANTS FROM OTHER PROGRAMS

Preceptor	Student	University/College/Program
Dr. Renato Espina	Dwight Pyles	WV School of Osteopathic Medicine
Debi Fisher	Laura Fisher	University of Maryland - Dietary
	Michelle McGonigal	
	Sally Murray	
	Elizabeth Wright	
Richard Ottmar	Jo Lynn Clauson	WVU - Pharmacy
	Mark Reed	
	Gregory Rettger	Duquesne Univ. - Pharmacy
Joyce Shelleman	Zoe Boniface	Penn State - Public Admin.



# CAUCUS REPORTS

## Dental

Frank A. LaParle, Chair

- Reviewed the Computer Education Training Grant Program.
- Advised and recommended various ways to assure appropriate content and participation at the computer seminar for dentists.

## Medical

Walid Hijab, Chair

- Reviewed the contract delineating the relationship of CAHEC and the UMAB Primary Care Internal Medicine Residency Placement Program.
- Maintained preceptor commitment with the UMAB Ambulatory Care Program to enable 20 medical students to participate in the CAHEC program for fiscal year 1984-1985.
- Reviewed the Computer Education Training Grant Program.
- Advised and recommended various ways to assure appropriate content and participation at the computer seminar for physicians.

## Nursing

Donna Walbert, Chair

- Focused on three chosen priority areas: 1) to provide continued support for the UMAB Nursing Outreach Program; 2) to provide information on the "Entry Into Practice" issue; 3) to help nurses become familiar with computer technology.
- Received a report on the ANA Conference, Potomac - 1983, from member Anna Clauson.
- Sponsored and organized a forum on the "Entry Into Practice" issue for local nurses with representatives from state nursing organizations and University faculties.
- Prepared and distributed to nurses in Western Maryland an Attitudinal Survey designed by member Sue Coyle on the "Entry Into Practice" issue.
- Prepared and distributed a summary of responses to the Attitudinal Survey.
- Identified and explored with local college administrators several alternatives for funding the Nursing Outreach Program in the event that UMAB ceased support of the program.
- Proposed co-sponsorship of the Nursing Outreach Program by UMAB and local institutions at a meeting with UMAB Nursing Outreach Director, Dr. Helen Kohler.
- Received report that UMAB had found the funds to permanently support the Nursing Outreach Program in Western Maryland.
- Reviewed the CAHEC nursing mailing list and recommended a change in distribution pattern.
- Reviewed the Computer Education Training Grant Program.
- Advised and recommended various ways to assure appropriate content and participation at the computer seminar for nurses.

## Pharmacy

Richard Ottmar, Chair

- Explored ways for providing additional support for CAHEC.
- Maintained interest in continuing and increasing student placements with local pharmacists.
- Reviewed the Computer Education Training Grant Program.
- Advised and recommended various ways to assure appropriate content and participation at the computer seminar for pharmacists.
- Chairperson, on behalf of the Caucus, maintained lines of communication with the University of Maryland at Baltimore and other schools of pharmacy.

## Psychology

Lee Ross, Chair

- Proposed a teleconference program with a prominent authority in the mental health field.
- Surveyed Caucus members soliciting suggested names or subjects of interest for the teleconference program.
- Reviewed the Computer Education Training Grant Program.
- Advised and recommended various ways to assure appropriate content and participation at the computer seminar for psychologists.

## Social Work

Carolyn Clauson-Andrews, Chair

- Received a report on the status of the Sondheim Commission Report from member Barbara Boyle.
- Received a report on the Social Service Agency Coalition on Legislative Priorities prepared by member Dave Cavanaugh.
- Identified topics of interest and names of resource persons for future meetings.
- Reviewed Caucus membership criteria.
- Received a report from Iona Hiland representing the UMAB School of Social Work on proposals and plans for reorganizing off-campus graduate programs for Western Maryland.
- Received a report on legislation affecting social work as enacted by 1984 State Legislative session.
- Received an analytical report on recidivism data at the Finan Center from Dr. Robert Grooms and Tim Rowan.
- Reviewed the Computer Education Training Grant Program.
- Advised and recommended various ways to assure appropriate content and participation at the computer seminar for social workers.

# FINANCIAL PROFILE

## Income

Maryland Statewide Medical Education and Training System	\$88,500
UMAB School of Medicine	2,727
Health Professions Education Assistance (Federal Funds - Special Initiatives)	42,100
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	\$133,327

## Expenditures

Educational Services	\$29,332
Placement Program	24,100
Board, IHEC, & Caucus Activity	21,330
Learning Resource Services	20,000
Public Information	17,332
Administration & Management	16,000
Community Education	5,000
Recruitment Program	<hr/> 333
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	\$133,327

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### Board of Directors

Constance J. Spates, Chairman	W. Guy Fiscus, Treasurer
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### Interdisciplinary Health Education Council

Lee B. Ross, Chairman	Frank A. LaParle
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Carolyn Clauson-Andrews	Richard A. Ottmar
F. Conrad Cole	Joyce Shelleman
Susan Coyle	Amy Shuman
Robert Donnelly	Timothy Souweine

### CAHEC Staff

Executive Director:	Donald L. Spencer
Information Specialist:	Mary Jo Maloney
Computer Education Coordinator:	Stephen P. Holowenzak
Office Manager:	Kathy L. Coakley

### UMAB Professional School Liaisons

Ambulatory Care:	Julian W. Reed, M.D.
Dental Extern:	Mark L. Wagner, D.M.D.
Family Practice:	C. Earl Hill, M.D.
Nursing:	Helen R. Kohler, Ph.D.
Pharmacy:	Marvin L. Ded, Pharm. B.S.
Primary Care:	Mohamed Al Ibrahim, M.D.
	Marguerite Moran, M.D.
Social Work:	Ruth Young, Ph.D.
	Iona B. Hiland, M.S.W.

### Maryland Statewide Medical Education and Training System

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