

Annual Report FY 2018

Maryland Area Health Education Center West

THE MISSION OF AHEC WEST:

*Improving access to and promoting quality in healthcare
through educational and other partnerships*

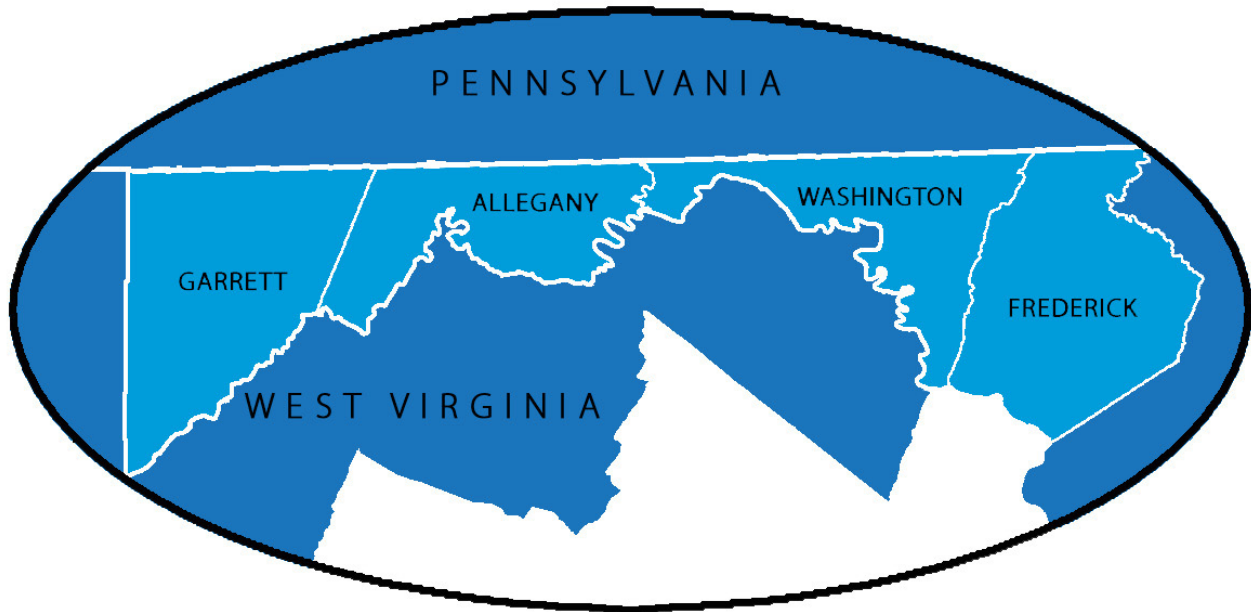


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Cover Photos (from top)

- Terri conducts GAIT exercises as part of the "AHEC West Experience" at the Annual Awards Dinner
- Jen's Teddy Bear drive for young victims of the opioid crisis netted more than 1,400 stuffed animals
- Katie and Catie staff the MHA table at the Garrett County Health Fair
- And ECHO student dons GAIT goggles to learn about visual and other impairments that often afflict the elderly
- Amanda accepts the Maryland Healthiest Businesses Silver Award
- Boss's Day!
- Allyson and Henry staff the Connector information table as part of year-round health insurance outreach efforts

LETTER FROM THE BOARD CHAIR AND EXECUTIVE DIRECTOR



JENNIFER GLOTFELTY
Chair, Board of Directors (FY18)



SUSAN K. STEWART
Executive Director

Did you know?

Upon reflecting on this year's letter, we came to believe we should take a trip down memory lane and remind others of the richness and depth of AHEC West and its impact on Western Maryland. And taking our cue from the Annual Meeting's AHEC West Experience activity, we ask you the following.

Did you know...?

AHEC West

- Has been collaborating in Western MD for 42 years, and the reach of these collaborations is almost immeasurable,
- Was a member of the planning committee that brought high speed internet to the region,
- Offered some of the original and only online medical library services to the region,
- Provided support and continuing education programming for a variety of health professions,
- Was a distance education site for RN to BSN, Family NP, MSW, and PharmD programs until the current online and regional courses were developed and implemented,
- Trained and hired the state's first oral health specific Community Health Worker,
- Created the Exploring Careers in Health Occupations Program (ECHO), which is being replicated statewide,
- Added Allegany Health Right's Dental Access program, cited as a national best practice,
- Piloted the first free denture clinic in Maryland,
- Counts nearly 500 former clinical education participants who have practiced in the region,
- Conducts the GAIT program, which for years was cited as the only interprofessional training health professions students had experienced,
- Geriatric continuing education programs draw large interprofessional audiences,
- Is the Connector entity for far Western MD, employing navigators who assist residents in enrolling in health insurance plans for the Maryland Health Benefit Exchange,
- Conducts an opioid prevention and education program for women of all ages in Allegany County,
- Is recognized nationally for best practices in oral health by the American Association of State and Territorial Dental Directors and the National Rural Health Association,
- Is a member of the Maryland AHEC Community Health Worker Training Institute,
- Provides the national continuing education project specialist for the Centers for Disease Control and Prevention's Human Papilloma Virus Immunization Program, and
- Is a "Superstar/Rockstar AHEC" according HRSA's Region III Senior public health analyst

Sincerely,

Jennifer Glotfelty

Jennifer Glotfelty

Susan K. Stewart

Susan K. Stewart

EXPLORING CAREERS IN HEALTH OCCUPATIONS



Melissa Clark
*Associate Director/
Program Coordinator*



AHEC West's signature health careers pipeline program this year celebrated 13 years of nurturing students' interest in becoming health professionals.

Students from rural Maryland, Pennsylvania and West Virginia were exposed to job opportunities in the health field through the ECHO Program throughout the year, including the Summer ECHO Program. Students from seven counties and three states participated.

The highly interactive, week-long residential summer program provides high school students with a variety of learning opportunities through presentations, tours, job shadowing and hands-on learning. The two-week summer program included ECHO 101 and ECHO 201.

ECHO 101 exposes students to nearly 100 careers in health. Partner sites include University of Maryland



ECHO students toured a number of partner sites in learning first-hand about healthcare career opportunities, including the University of Maryland Dental School in Baltimore.



Mark Boucot, President and CEO of Garrett Regional Medical Center, talked to students about regional career opportunities in the healthcare field.

School of Medicine, Western Maryland Health System, Garrett Regional Medical Center, Garrett College, Allegany College of Maryland and Allegany County Health Department, among many others. Students also learn about college entrance expectations, financial aid opportunities and resume writing skills. They become "Stop the Bleed" certified and learn basic health care skills.

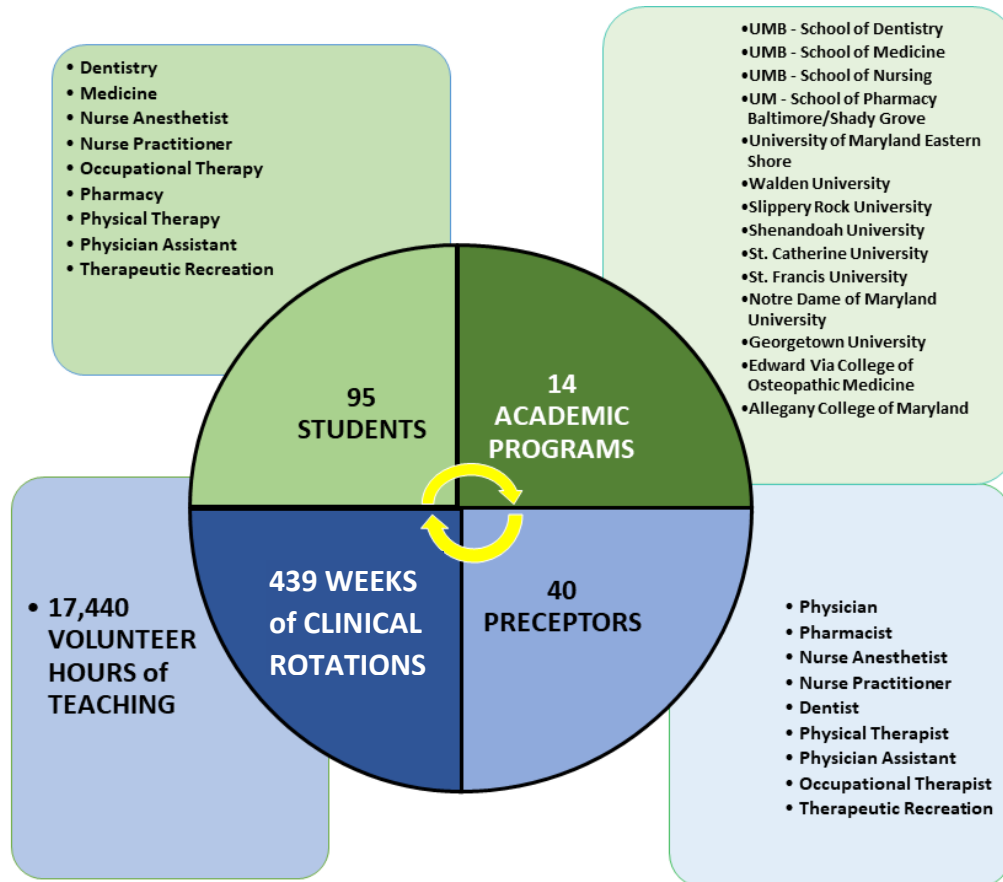
ECHO 201 builds on the ECHO 101 experience by immersing students in hands-on activities related to their chosen disciplines. This year's program included exposure to health careers at West Virginia University, visits to the National Institutes of Health and National Library of Medicine, volunteerism at Goodwill Mennonite Services, and continued reinforcement work on college entrance exams, financial aid and resume writing skills.

Nearly 90 preceptors, providers, and partners make ECHO a successful and truly unique program that continues to grow and evolve each year.



CLINICAL EDUCATION

Terri Socha
Program Coordinator



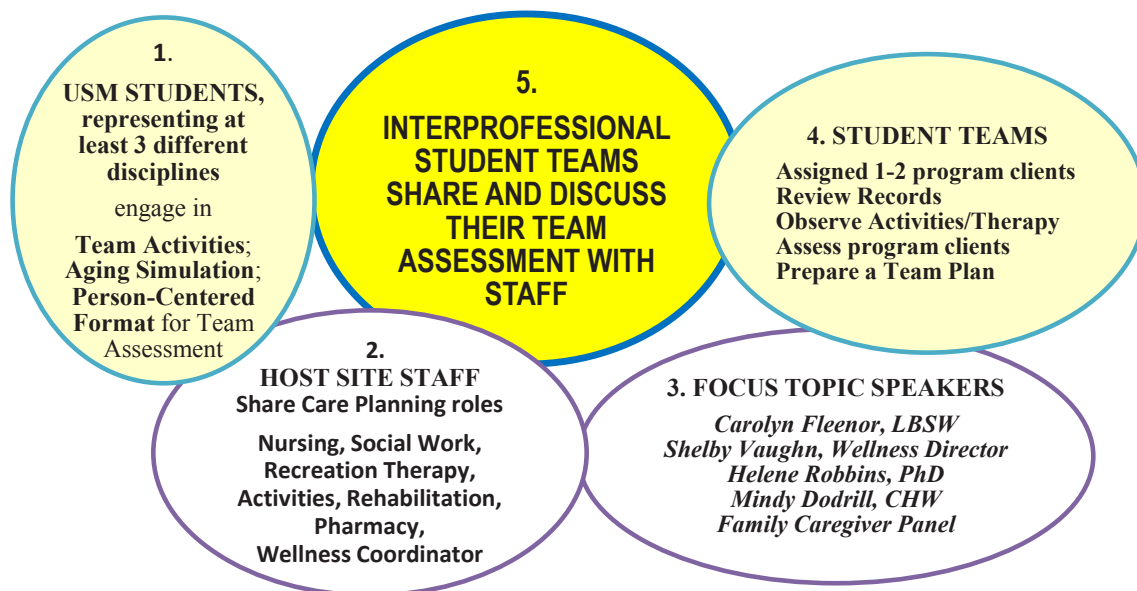
POST ROTATION SURVEY 2018	Strongly Agree /Agree
Interest in working in primary care increased	63%
Interest in working in medically underserved community increased	85%
Interest in working in a rural area increased	58%
Clinical skills/knowledge/cultural competency working with rural, underserved patients enhanced	94%
Would encourage others to consider rural practice as result of this rotation	83%
I made positive contributions to preceptor's practice/patients	96%
Preceptor provided appropriate supervision/teaching	100%
I was exposed to interdisciplinary care	87%



Terri Socha
Program Coordinator

GAIT: Geriatric Assessment Interdisciplinary Team

- Interprofessional didactic and experiential geriatrics learning opportunity for health professions students from: **Bowie State, Coppin State, Frostburg State, Salisbury and Towson Universities, University of Maryland Baltimore and Shady Grove, University of Maryland Baltimore County, University of Maryland College Park and University of Maryland Eastern Shore.**
- Funded by a University System of Maryland Redeployment Grant to the Geriatrics and Gerontology Education and Research (GGEAR) program at University of Maryland Baltimore



46 Participants at 4 GAIT projects in Allegany, Frederick, and Washington counties:
Social Work, Physician Assistant, Pharmacy, Nurse Practitioner, Nursing and Medicine
USM: Frostburg State, Salisbury, Towson, UMBC, UMSOM, UM-SOP, and UMB-SSW

- 98% Enhanced clinical skills, knowledge, cultural competency in geriatrics and rural areas
- 100% Would encourage others to consider Geriatrics as the result of this project
- 100% Would encourage others to consider rural/underserved practice as result of this project
- 100% Would recommend GAIT to other students

**"Absolutely invaluable resources provided
that I will use in clinical practice."
– FY18 GAIT Participant**

GGEAR Partnership www.umaryland.edu/gerontology



Maryland Rural Health Association recognized GGEAR as the 2017 OUTSTANDING RURAL HEALTH PROGRAM

The Geriatrics and Gerontology Education and Research program at University of Maryland Baltimore and its **Director, Reba Cornman, MSW** have honored, for over 25 years, the mandate to support projects enhancing care of older adults THROUGHOUT Maryland.

Sharing in the presentation, from left:

- Mary Hannah, RN, BSN, MPH, CDE, Manager, Population Health University of Maryland, Charles Regional Medical Center
- Reba Cornman, MSW, GGEAR
- Terri Socha, Program Coordinator AHEC West (nominated GGEAR for Award)
- Jennifer Berkman, Associate Director/Continuing Education ESAHEC



COLLABORATING on Interprofessional Geriatrics Continuing Education Programs

December 1, 2017

REACHING OUT AND WORKING TOGETHER WITH OLDER ADULTS

Making the Connections: Where They Are and What They Need!

98 Attendees:

- ✓ 98% rated Organization, Content, Quality, and Overall Program as Excellent or Good
- ✓ 94% Increased their Knowledge
- ✓ 86% would implement at least one Practice Improvement

Friday, June 1, 2018

PUTTING OUR ARMS AROUND IT: *Tools for Working with Complex Cases in Complex Times*

126 Attendees:

- ✓ 96% rated Organization, Content, Quality, and Overall Program as Excellent or Good
- ✓ 95% Increased their Knowledge
- ✓ 96% would implement at least one Practice Improvement

June 1 Conference. From left, Terri Socha, AHEC West, Everett Smith, LGSW, UM School of Social Work; Rebecca Bowman-Rivas, LCSW-C, UM School of Law, Amy Olack, BSN, NHA, WCCOA, Reba Cornman, MSW, GGEAR and Leah S. Bergen, Center for Advancing Holocaust Survivor Care, JFNA



Reba Cornman, MSW, GGEAR presents the 2018 MARYLAND AREA HEALTH EDUCATION CENTER West AWARD FOR EXCELLENCE IN GERIATRICS AND GERONTOLOGY TO FROSTBURG HEIGHTS for Collaboration on Health Education Programs for their residents, Interprofessional Health Careers in Geriatrics Workshops for Frostburg State Students, and Research with University of Maryland School of Pharmacy addressing health issues impacting Older Adults in Maryland.
Accepting the award, Cynthia McCutcheon, Activities Director, Frostburg Heights

AHEC West HPV

AHEC West helps lead national HPV Immunization campaign



Joy Taylor
Program Coordinator

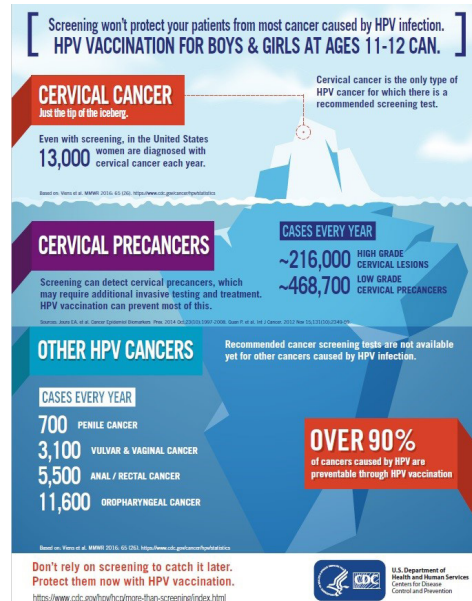
The National AHEC Organization (NAO) received funding from the Centers for Disease Control and Prevention for a project to provide education to health professionals regarding the Human Papillomavirus (HPV) vaccine. Through this cooperative agreement, NAO will strengthen HPV

vaccination recommendations and elevate awareness on HPV vaccination and its role in cancer prevention.

For Year 4 (October 1, 2017 – September 30, 2018) of this five-year project, leadership utilized four Project Specialists to focus on these core priority areas: Marketing, Partnership, Continuing Education and Integration. AHEC West Program Coordinator, Joy Taylor, was selected to be one of these four Project Specialists supporting training efforts to the thirty-four participating state entities across the country. Program goals include:

- Provide clinician outreach and training
- Disseminate educational materials
- Increase and form strong partnerships
- Push prioritization of HPV vaccination efforts to promote cancer prevention and bolster the number of HPV vaccinations administered in the region

As a member of the National HPV Vaccination Roundtable, the National AHEC Organization's HPV program helps promote health professional Continuing Education webinars and other events to increase awareness about HPV and the critical role that providers play in increasing vaccination rates. The announcement shown at right was posted on AHEC West's Facebook page to publicize an HPV webinar featuring experts from the American Cancer Society addressing partnerships with Federally Qualified Health Centers and Community Health Centers.



Graphics such as this public service announcement from the CDC are regularly shared on social media, helping to increase awareness of HPV and the importance of having young people vaccinated against the cancer.

Outcomes for the first nine months (Oct. 1, 2017 – June 30, 2018) of Year 4 include 198 HPV training events serving 10,055 health professionals.

The breakdown results are 1,495 physicians and other primary care providers, 2,492 nurses, 423 oral health professionals, 69 pharmacists and 1,552 other health professions. Additionally, 1,391 health professions students in a variety of disciplines also received training. Eighty-six percent of attendees reported practicing in a rural, frontier or underserved setting.



Partnering with FQHCs and CHCs to Increase HPV Vaccination

Molly Black | Associate Director, HPV Vaccination | American Cancer Society
Jane Harris | Health Systems Manager, Primary Care | American Cancer Society



Mountain Health Alliance



Catie Wampole
Network Director



Mountain Health Alliance (MHA) is a regional network dedicated to increasing access to affordable, comprehensive, quality healthcare for all. Members include health departments, hospitals, Federally Qualified Health Centers, non-profit organizations, and providers in the Tri-State region. Featured prominently in the program are Community Health Workers (CHWs). MHA's CHWs assist low income adults in finding the oral health care needed, either through dental clinics or private practitioners and work to assist behavioral health clients find the community resources they need to maintain independence and improve outcomes.

While much of the work is focused on oral health, MHA also addresses chronic disease. One CHW is a member of the Literacy and Education Committee for Maryland Dental Action Coalition, which featured MHA at its Oral Health Summit. One CHW works primarily with behavioral health. All CHWs also conduct the National Diabetes Prevention Program workshops and the Chronic Disease Self-Management Program workshops.

Oral Health Activity

115 Referrals

Allegany: 70
Garrett: 34
Washington: 4
Frederick: 4
Mineral: 1
Unknown: 2

77 received dentures, partials, or treatment

Allegany: 44
Garrett: 26
Frederick: 5
Washington: 2

Total Value of Services Provided:

\$73,771.00

Total Billed: \$34,988.00

Total Donated: \$38,783.00

Behavioral Health Activity

Resource	Number of Clients
Transportation	8
Rx Assistance	5
Social Support	28
CDSMP	15
Housing	6
Goal Setting	27
Form Assistance	17
Dental	2
Problem Solving	21
Other	13

Referrals:

Allegany Co., MD	26
Garrett Co., MD	1
Mineral Co., WV	7
Hampshire Co., WV	2

Referral Source:

WMHS (BHU, Outpatient Behavioral Health)	20
Private Practice	3
Self	8
Care Coordination	5

Community Health Workers



Dorian Birkholz



Mindy Dodrill



Katie Marvin

Western Maryland Health Insurance Connector



David Stewart
Program Director



In its second year, the Connector program grew its reach into the community. Enrollments went up 11% over the previous year. AHEC's main office was open late and took walk-in appointments most days during Open Enrollment. Key to this success was a grassroots outreach effort across the region and a significant investment in radio, print and digital advertising.

Our navigators attended many events including the Garrett County Health Fair, the NAACP Health Fair, Autumn Glory Festival, Hispanic Festival and LGBTQ Pride events in both Hagerstown and Cumberland.



Community outreach is big part of the Western Maryland Health Insurance Connector, with staff attending numerous community events to help spread the word about the importance of health insurance, and to provide information on how to obtain insurance under the Affordable Care Act. Here navigator Nefertiti Jean-Baptiste shares the Connector tent with two dancers at the Washington County Hispanic Festival.

Overview 2018 Financial Help

Qualified Health Plans (QHP)

Above 138% FPL** to 150% FPL				Above 150% FPL to 200% FPL			
	Family Size*	Income			Family Size*	Income	
If consumer income is between these numbers, they may qualify for lower premiums and significantly lower out-of-pocket costs.	1	\$16,643	\$18,090	If consumer income is between these numbers, they may qualify for lower premiums and lower out-of-pocket costs.	1	\$18,090	\$24,120
	2	\$22,411	\$24,360		2	\$24,360	\$32,480
	3	\$28,180	\$33,909		3	\$30,630	\$40,840
	4	\$33,948	\$36,900		4	\$36,900	\$49,200
	5	\$39,716	\$43,170		5	\$43,170	\$57,560
	6	\$45,485	\$49,440		6	\$49,440	\$65,920
	7	\$51,253	\$55,710		7	\$55,710	\$74,280
	8	\$57,022	\$61,980		8	\$61,980	\$82,640
94% Cost Sharing Reduction & Tax Credit				87% Cost Sharing Reduction & Tax Credit			
Above 200% FPL to 250% FPL				Above 250% FPL to 400% FPL			
	Family Size*	Income			Family Size*	Income	
If consumer income is between these numbers, they may qualify for lower premiums and lower out-of-pocket costs.	1	\$24,120	\$30,150	If consumer income is between these numbers, they may qualify for lower premiums.	1	\$30,150	\$48,240
	2	\$32,480	\$40,600		2	\$40,600	\$64,960
	3	\$40,840	\$51,050		3	\$51,050	\$81,680
	4	\$49,200	\$61,500		4	\$61,500	\$98,400
	5	\$57,560	\$71,950		5	\$71,950	\$115,120
	6	\$65,920	\$82,400		6	\$82,400	\$131,840
	7	\$74,280	\$92,850		7	\$92,850	\$148,560
	8	\$82,640	\$103,300		8	\$103,300	\$165,280
73% Cost Sharing Reduction & Tax Credit				Tax Credit Only, No Cost Sharing Reduction			

*Family size is the number of people claimed on your tax return.
**Note: most adults in Maryland are eligible for Medicaid up to 138% of the Federal Poverty Line (FPL)

An income-guideline sheet for health insurance developed by the Western Maryland Health Insurance Connector was approved for use statewide by the Maryland Health Benefit Exchange.

Navigators also volunteered during Homeless Resource Day and are increasing their presence in the faith-based community. Program Director David Stewart now appears on at least a monthly basis on WCBC radio in Cumberland.

Of note:

- Longtime AHEC West employee Christina Mackereth became certified as a navigator and moved to the Connector program fulltime.
- A new partnership was formed with The BEACON House in Hagerstown which will give us one more navigator in Washington County.
- Current partner Family Healthcare of Hagerstown has asked us to station a navigator at their site.

Over the course of the fiscal year the Connector entity staff hosted 2,427 appointments, enrolling 1,434 first-time consumers and answering 6,287 phone calls.

STEP: Stretching To EmPower



Jen Thomas
Program Coordinator



Program Description:

Stretching To Empower (STEP) is a cutting-edge program of AHEC West that employs yoga in a one-of-a-kind campaign to prevent opioid misuse and increase awareness of opioid risks among the under-served target population of low-income women in Allegany County.

Funded by the federal Office on Women's Health, STEP boasts three main components: Holistic wellness education, trauma sensitive yoga, and year-round Community Health Worker services. This comprehensive combination of tools aims to strengthen participants in mind, body, and spirit, enhance their self-care knowledge and skills, and empower them to take control of - not only their own - but their entire family's health and well-being to guard against the risks and ravages of opioid misuse and addiction. STEP provides two 10-week sessions each year at four public housing sites throughout the county, serving women of all ages.

STEP touched the lives of more than 300 women, including program participants and those attending related presentations, outreach events, and other activities. The program looks forward to upcoming years to reach further into the community to draw upon increased participation and community awareness.

Program Partners:

Allegany College of Maryland, Allegany County Housing Authority, Cumberland Housing Authority, Frostburg Housing Authority, Tri-State Community Health Center, Allegany County Sheriff's Department, Cumberland City Police, Frostburg City Police, Health Quality Innovators and Trivergent Health Alliance

FY2018 Highlights:

- Took part in the Red Ribbon Campaign by distributing red ribbon lapel pins to our public housing partners during the week of October 23-October 31.
- Served on a community panel for a discussion regarding the local opioid crisis following "Addressing the Opioid Crisis" with Dr. James Gordon.



Sera Beth Weaver, STEP Yoga instructor, leads a chair yoga session during a 10-week session held at Grande View Apartments.

- Applied for and received a donation of 10 yoga mats from the Give Back Yoga Foundation (Gaiam).
- Co-facilitated a four-hour training for all county library staff in mind/body skills and introduction to the STEP program to share with their patrons.
- Taught bi-weekly mindfulness lessons in PreK class at South Penn Elementary.
- A yoga mat drive gave individuals an opportunity to "give back" and help with the opioid crisis.
- Partnered with Health Quality Innovators and the Blue Bag Initiative along with a Trivergent Health Alliance pharmacist to provide personalized medication reviews to STEP participants.
- Front page newspaper article in the Cumberland Times-News highlighted a full-day program at Beall Elementary teaching mindfulness and stress reduction.
- The AHEC West STEP Opioid Prevention Awareness Teddy Bear Drive was a huge success. Over 1,400 teddy bears were donated and will be given to area first responders and law enforcement to provide children comfort and hope at the scene of a drug-related emergency. Hagerstown Local DVM news covered the story at Bel-Air Elementary School and the Times-News featured the story front-page on June 5.
- Offering "Stretch for Strength" resistance band classes at four public housing sites.

FY2018 Trainings:

- Naloxone administration certification
- SBIRT (Screening, Brief Intervention, and Referral to Treatment)
- Food, Nutrition & Brain Health with Dr. Drew Ramsey
- Self-Care and Group Support: Addressing the Opioid Crisis, Dr. Jim Gordon
- Empowered Health Consciousness Facilitator, National Wellness Institute
- Diabetes Prevention Program Lifestyle Coach

Health Right



Jan Chippendale
Program Coordinator/Case Manager

Health Right
A program of AHEC West



Health Right, previously an independent non-profit agency known as Allegany Health Right, became a program of AHEC West in December 2017. Health Right is dedicated to improving oral health through education and prevention, and by enabling low income adults to access treatment for urgent dental care needs. The program fits the mission of AHEC West very well and its services continued without interruption during the transition, due in large part to the pre-existing working relationship between the two agencies.

Health Right's participating dental practitioners donate a portion of the treatment and there is no charge to the patient. The generosity of these professionals results in provision of treatment at a discounted rate averaging 75% or more. Our primary partner for treatment is the Allegany County Health Department, which is the provider for approximately 70% of all Health Right clients.

During the last seven months of FY18 during which Health Right was a program of AHEC West:

- 219 low income adults were enrolled in the program and referred for treatment
- \$153,453 in dental treatment was provided, for which \$35,445 was paid and \$118,008, or 77%, was donated.
- Almost 600 people received oral health education and/or resource information through outreach activities conducted by Health Right's Community Health Worker.

Grant support includes funding from Carefirst, Maryland Community Health Resources Commission, Maryland Agricultural Education and Rural Development Assistance Fund, County United Way, the City of Cumberland, the Allegany/Garrett Dental Society, and the Ted A. Wolfe Trust of Western Maryland Health System.



Jan and Malissa Savage, the Community Health Worker for Health Right, attended the NAACP Community Health Fair as part of outreach efforts to promote better oral health practices and publicize dental services available through Health Right for low-income area residents.

Continuing Education

AHEC West FY18 Continuing Education planning has changed significantly from previous years because of the elimination of our discipline-specific Caucuses. We are now focused on providing Interprofessional Education (IPE) experiences to our local health professional community, utilizing our IHEC (Interprofessional Health Education Committee) to identify training topics, speakers and venues.

IHEC will always consider requested training opportunities and continue to coordinate with our collaborators at the local hospitals, health care organizations and educational institutions. During FY18, AHEC West conducted 12 IPE Continuing Education courses, providing credits to 725 health professionals. By providing high-quality, diverse and affordable educational opportunities, AHEC West has assisted with the retention of health professionals in the region and helped them improve the health care provided to the citizens of Western Maryland.

STAFF

AHEC West's mission is accomplished by a group of **highly professional, dedicated** individuals who work to meet the goals and objectives of each program.



Susan Stewart
Executive Director



Melissa Clark
Associate Director



Tina Roberson
Finance/HR Coordinator



Dorian Birkholz
Community Health Worker



Jackie Booth
Administrative Specialist



Jan Chippendale
Program Coordinator



Mary Clites
Custodian



Mindy Dodrill
Community Health Worker



Nancy Folk
Volunteer



Cindy Hartman
HR/Finance Assistant



Amanda Heavener
Administrative Specialist



Nefertiti Guillaume
Program Coordinator



Richard Kerns
Program Coordinator



Clark Lanthier
Navigator



Henry Lee
Navigator



Christina Mackereth
Navigator



Michael Manto
Navigator



Katie Marvin
Community Health Worker



Carol Morgan
Navigator



Malissa Savage
Community Health Worker



Terri Socha
Program Coordinator



David Stewart
Program Director



Joy Taylor
Program Coordinator



Jen Thomas
Program Coordinator



Allyson Wallace
Navigator



Catie Wampole
Program Coordinator

ANNUAL DINNER & AWARDS

New for 2018 'The AHEC West Experience'

AHEC West held its Annual Awards Dinner June 19, 2018 at Western Maryland Health System, presenting four Board of Directors Awards honoring outstanding regional leaders in healthcare.

Awards and honorees were:

The Distinguished Service Award: Jennifer Glotfelty, LGSW, in recognition of her years of commitment to AHEC West and its mission, her leadership on the Board of Directors, as well as her dedication to health professions education and quality healthcare in the Western Maryland region;

The Jane A. Fiscus Award, to Dr. Gretchen Seibert and the Allegany County Dental Clinic, for her and the clinic's remarkable contributions to public health dentistry in Allegany County;

The John M. Dennis Award, to Frostburg State University, in recognition of 40 years of partnership that has contributed significantly to the success of AHEC West; and

The Award for Excellence in Geriatrics and Gerontology, to Frostburg Heights for collaboration on health education programs and other services aiding older adults in Maryland.

(See Page 15 for photos of the winners.)



Board member Dr. Diane Romaine speaks with navigator Carol Morgan, while Fiscus Award winner Dr. Gretchen Seibert dons goggles as part of the GAIT "Experience" conducted by Program Coordinator Terri Socha.



STEP Program Coordinator Jen Thomas, right, got the "Experience" started with yoga stretching exercises.

The Annual Awards also featured a post-awards program called "The AHEC West Experience," in which Board members and other guests experienced AHEC West programs through client-simulations conducted by AHEC staff.

The event featured introductions to an array of AHEC West services and programs, including the Connector Entity, HPV immunization, geriatrics programming, Exploring Careers in Health Occupations (ECHO), Mountain Health Alliance, and Health Right.

Stretching To EmPower (STEP) program coordinator Jen Thomas began the "Experience" with yoga stretches that feature in her opioid-awareness program. Following the event, AHEC West Executive Director Susan Stewart gathered attendees in a circle to review what they had learned and to solicit input on how the "Experience" may have changed Board members' and guests' understanding of AHEC West.



AHEC West Executive Director Susan Stewart, right, conducts a post-Experience wrap-up.

ANNUAL DINNER & AWARDS

Board of Directors Awards



Distinguished Service Award

Joe Hoffman presents the Distinguished Service Award to Jennifer Glotfelty.

Jane A. Fiscus Award
Carol Bass, left, presents the Jane A. Fiscus Award to Dr. Gretchen Seibert.



John M. Dennis Award
Kathy Condor presents the John M. Dennis Award to FSU President Dr. Ronald Nowaczyk.

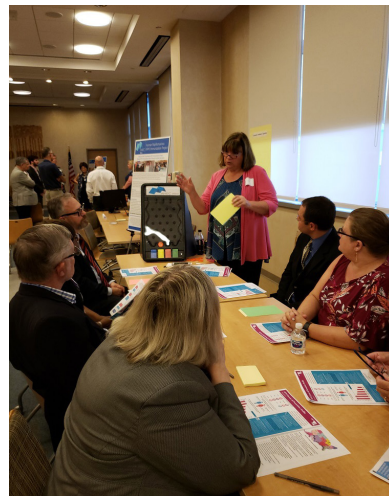


Geriatrics & Gerontology Award
Reba Cornman, left, presents the Geriatrics and Gerontology Award to Cynthia McCutcheon of Frostburg Heights.



AHEC West through the year...

Clockwise from right: David and Melissa at Families USA conference; '80s theme for Volunteer Appreciation Day; CHWs complete Diabetes Prevention Program class; Joy leads session at AHEC West Experience; Terri with other attendees at Maryland Rural Health Conference; Christina explains health insurance to hungry dinosaur at Garrett Health Fair; Jen and Jackie distribute STEP stuffed animals to Cumberland Fire Department; staff at Fall Fun Day; and Susan and Melissa with Dr. Rich Colgan, Paula Blackwell and Allison Robinson at NAO Conference in Washington D.C.



BOARD OF DIRECTORS

Chairperson: Jennifer Glotfelty - Vice Chairperson: Michael Motter
Secretary: Mark Boucot/Cheryl Lynn Kane - Treasurer: Griffin Detrick

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Mark Boucot, MBA, FACHE
Stephen Bortz
Cindy Bridges, RN, MS, MBA
Thomas Chappell, MD
Richard Colgan, MD
Kathy Condor, BA
Griffin Detrick, CPA
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Cynthia Shriver, CRNP
Theresa STahl RD, LDN
Beth Smolko, MMS, PA-C

University of Maryland School of Medicine, Department of Community and Family Medicine
Allegany College of Maryland
Archway Station, Inc.
Thomas B. Finan Center
Garrett County Board of Education
Frostburg State University
Allegany County Health Department
Washington County Department of Social Services
Washington County Health Department
Washington County Health Department
VA HBPC
Dentist
Western Maryland Health System
Western Maryland Health System
Western Maryland Health System
Frostburg State University

FY18 Board of Directors Volunteer Hours: 39 hours, 52 minutes

Maryland AHEC Program University of Maryland School of Medicine

Jay Perman, MD

President, University of Maryland, Baltimore

Richard Colgan, MD

Maryland AHEC Program Director
Professor and Vice Chair of Medical Student Education and
Clinical Operations, University of Maryland School of Medicine
Department of Family and Community Medicine
Director, Maryland Area Health Education Center

E. Albert Reece, MD, PhD, MBA

Dean and Vice President for Medical Affairs,
University of Maryland School of Medicine

Leah Millstein, MD

AHEC Course Director,
Associate Residency Program Director
Director of Ambulatory Education
Director, Preliminary Program Dept. Internal Medicine

%	- FUNDING HIGHLIGHTS -	\$ Amount
31%	Maryland Health Benefit Exchange Connector Entity	545,568.00
18%	Maryland Statewide Medical Education & Training System (MSMETS) ...	324,000.00
17%	Mountain Health Alliance 3	300,000.00
6%	Department of Health and Mental Hygiene (DHMH)	101,595.00
6%	Stretching To EmPower (STEP)	100,000.00
4%	Point Of Service AHEC Funding	72,903.33
3%	NAO National Training Center HPV	55,951.74
3%	Mountain Health Alliance 2	55,488.42
2%	Geriatric Assessment Interdisciplinary Team (GAIT) Project	42,500.00
1%	Geriatrics and Gerontology Education and Research (GGEAR)	30,000.00
1%	County United Way Impact	25,000.00
1%	Rural Maryland Prosperity Investment Fund	20,000.00
1%	Hypertension Management & Diabetes Prevention	18,170.18
1%	Maryland Agricultural Education Development Assistance Fund	15,887.24
>1%	(Seven individual funding sources)	50,187.41
		1,562,889.52

BALANCE SHEET JUNE 30, 2018

ASSETS

\$ Amount

Current Assets

GENERAL CHECKING	124,388.86
PETTY CASH	55.00
NYL FIXED INTEREST ACCOUNT	63,898.45
NYLIFE SECURITIES/EAGLE STRATEGIES	172,953.26
RBC Wealth Management	99,596.84
DUE FROM GRANTS	283,704.05
PREPAID RENT	5,162.14

TOTAL Current Assets 749,708.60

Fixed Assets

LEASEHOLD IMPROVEMENTS	180,442.38
FURNITURE & EQUIPMENT	130,145.12
ACCUMULATED DEPRECIATION	(101,996.08)

TOTAL Fixed Assets 208,591.42

Other Assets

DEPOSITS	525.00
TOTAL Other Assets	525.00

TOTAL ASSETS 958,825.02

LIABILITIES

Current Liabilities

TRADE PAYABLES	27,130.24
ACCRUED FICA	2,743.44
STATE UNEMPLOYMENT PAYABLE	796.52
ACCRUED PAYROLL	36,965.60
ACCRUED PENSION PLAN	2,248.54
AFLAC INSURANCE PAYABLE	249.80
COLONIAL LIFE INSURANCE PAYABLE	.68
ACCRUED VACATION	18,004.13
FICA ON ACCRUED VACATION	1,377.32
REFUNDABLE ADVANCE	20,807.59
DEFERRED RENT LIABILITY	13,334.00

TOTAL Current Liabilities 124,452.54

TOTAL LIABILITIES 124,452.54

CAPITAL

GENERAL FUND - RESTRICTED	14,246.00
GENERAL FUND - UNRESTRICTED	746,617.06
Year-to-Date Earnings	73,509.42

TOTAL CAPITAL 834,372.48

TOTAL LIABILITIES & CAPITAL 958,825.02