

AHEC West

Dietetic Caucus Meeting
September 1, 2016

The meeting was called to order at 5:10 pm by Kay Leigh, Chair. The minutes from the July, 2016 Dietetic Caucus meeting were reviewed. Lisa moved to accept the minutes and Marcy seconded the motion; the minutes were approved.

Present were:

Kay Leigh
Jennifer Wilson
Theresa Stahl

Lisa McCoy
Marcy Etherson
Katie Salesky

Ruth Chisholm
Kathy Condor

REPORTS

Treasurer Report:

Kay reported there is no change since the last meeting. \$587.64 remains in the caucus account.

WMAHEC Board of Directors:

There is no report at this time. The next Board of Director's meeting is scheduled for later in September.

Continuing Education:

Kathy Condor had to leave early so she briefly explained upcoming CE events. Information was given on three upcoming classes: one for GNA's, a seminar on Ethics for the Health Care Professional, and one on Mind, Body, Spirit.

OLD BUSINESS

Listserv & Web Page:

The lists were circulated for those in attendance to update their information on the Caucus member and mailing lists.

Our CE program on sports is still uncertain. We talked about a connection to Frostburg State University to get a speaker. Some members present thought that we should have a RDN for a speaker. Lisa suggested having a continuing education event every other year instead of trying to do one yearly; Kay and Theresa agreed with this.

It was decided that first we need to find out if any coaches are interested in this. But, we also want a program that would be interesting to RDN's to attend for credit. We also discussed doing webinars for RDN's. In the past when we had a webinar the participation in the caucus meeting increased with more area RDN's attending. Lisa talked about a webinar on marketing nutrition because we can't teach nutrition like we tried in the past, saying it is not effective. Jenn is going to check on interest at Frostburg State University.

National Nutrition Month Projects:

Dietetic Caucus Cookbook

Kay reviewed what we discussed about the cook book project for those that were no present at the last

meeting. We discussed the advertising and those present thought we need to be very selective on our ad choices. For example, no Dairy Queen coupons. We discussed selling the cookbooks vs. getting advertisers to pay for it and then giving them away.

Theresa is going to follow up with the PR/marketing department at the hospital since they have not responded to Kay's request. Katie said the books could be out for Christmas gifts. Marcy will check with Allegany Health to see if they may be interested in placing an advertisement in it.

NEW BUSINESS AND OTHER ANNOUNCEMENTS

Dietitian of the Year and RD Day Plans

The committee for the RD of the Year was selected: Ruth, Kay, and Meredythe, if she agrees. Meredythe was not present at the meeting so if she declines another person will be named.

RD Day Planning Committee

Jenn offered to provide the fun game we played last year but said she is too busy at work and she declined to be on the committee again this year. We agreed we are interested in the same format we had last year: dinner at the hospital and the game. It will be the first Thursday in March. We discussed possibly having wine available. Theresa offered to be on the committee.

Highlights of Dietitian Activities / Announcements

- Focus on the Future with the 7th graders is November 15 and 17, 2016. Kay has participated in this in the past but needs someone else to volunteer this year. You need to talk to groups of 3 to 6 kids for 10 minutes over 1 ½ to 2 hour period. Lisa and Theresa said they each may volunteer to take one day.
- September 10, 2016 there will be a Health Fair at Rocky Gap. Kay is doing one at Cash Valley Elementary School.
- Gina Lesako is coming to town and wants to get together on October 10, 2016.
- Lisa said she is speaking at a horticulture field day on food preservation. She also announced "Walk MD Day" is October 5, 2016.
- The Society of Nutrition Education and Behavior is in DC next spring. Lisa is to send out information about it.

Joy is no longer the Dietetic Caucus AHEC West liaison. Our new liaison will be Katie Salesky. Her email address is ksalesky@ahecwest.org.

The business meeting was adjourned at 6:20 pm and those who could stay enjoyed a delicious dinner generously provided by Kay.

The next meeting is scheduled for Thursday, November 3, 2016 at 5:00 pm at WMHS Auditorium room #6.

Respectfully submitted,

Marcy Etherson