

Area Health Education Center - *West*

Dietetic Caucus Meeting Minutes

July 6, 2017

Attendance: Kay Leigh, Richard Kerns, Brenda Ridgway, Jennifer Wilson, Jennifer Perrin, Kathy Condor, Kelsey Hartman, Melody Lindner, Theresa Stahl, Marcy Etherson

The meeting was called to order at 5:10 p.m. by Kay. The minutes from the May meeting were reviewed. There were no corrections so Marcy moved to accept the minutes and Theresa seconded the motion; the minutes were approved as written.

Reports

Continuing Education

Kathy Condor brought a preview of the course catalog for Allegany College of Maryland. The full catalog will be in the Cumberland Times News on August 12, 2017. She reported that Drew Ramsey will be speaking at Allegany College of Maryland on October 20, 2017 and is a great speaker to hear. He is the author of the "Happiness Diet" and "50 Shades of Kale". On November 10, 2017 there will be a full day seminar on addiction with Dr. James Gordon from the Center for Mind-Body-Medicine.

Allegany College of Maryland has applied for a grant for a teaching kitchen. They have made it to the next level in the grant application process and if they get the grant, she will reach out to the RD's to find teachers. The goal is to get people to think of food as medicine and decrease medications.

Kathy said we are her favorite caucus and will miss attending our meetings. She brought a gift for all in attendance and asked us to call in the future with any continuing education ideas we have or anything else she may be of help with.

Treasury report

The account balance was \$484.28 at the end of May. The dinner after tonight's meeting will be paid for from that, which will reduce the balance.

AHEC *West* Board of Directors

The annual awards banquet was held at Rocky Gap and was very nice.

Old Business

Kay recapped last meeting's news from AHEC *West* that there will no longer be support for individual professional caucuses. She outlined our options as disbanding, affiliating with MAND or meeting on our own unofficially. One problem in affiliating with MAND is that everyone who joins would need to be MAND members, which not all RDN's want to be.

Kay mentioned that she got 4 or 5 responses from the survey she sent out and everyone said they would like to continue to meet. Discussion ensued about what we want the group to be, what we exist for and whether we need by-laws.

All in attendance agreed we wanted to be a looser group, and we do not need to have by-laws nor record minutes of the meetings. We want to be able to network, get to know other RDN's and support each other. Kay said our jobs are very different but being an RDN is our connection.

There was discussion about what to do with the remaining money in the account. After discussing different ideas, Jenn Wilson made a motion that we take the remainder of our funds after paying for dinner tonight and move the funds to the Allegany College of Maryland foundation to pay for members to attend future continuing education seminars. Brenda seconded the motion and it passed unanimously. The money will then be split between the RD's who are attending a program at Allegany College of Maryland. Kay said she will check with AHEC *West* to make certain we can use the funds in this way.

New Business and Other Announcements

Outline for Future Meetings

Kay asked if we want to keep the same meeting schedule. We discussed changing the meeting to quarterly instead of every other month. But we decided we will meet in September and December and will meet on September 7, 2017 at 5:00 p.m.

We then discussed where to meet. We already have a room reserved at the hospital in September so we will meet here again. In December we will meet in a restaurant. Skewers' was suggested and Theresa is to call and reserve the room for us.

Kay said she will get the address and phone list from AHEC *West* and will bring it to the next meeting for us to update.

Everyone was asked to think of a name for our group and bring their ideas to the next meeting.

Highlights of RD activities

Theresa is starting a new Change to Win group in September. She is also doing a book group on the book entitled "Alzheimer's Prevention Food Guide".

Jenn Wilson stated the electronic transition for WIC has gone well and is fully implemented.

Brenda stated the WMHS will have 3 interns beginning in September.

The meeting was adjourned at 6:00 pm. The next meeting is scheduled for Thursday September 7, 2017 at 5:00 p.m.

Respectfully submitted,
Marcy Etherson, RD