

# AHEC West

## PSYCHOLOGY AND PROFESSIONAL COUNSELING CAUCUS

### MINUTES

August 22, 2016

Allegany College of Maryland, CE Room #6 – Cumberland, Maryland

**CALL TO ORDER:** Anne Sheetz called the meeting to order at 12:00 noon and welcomed everyone and asked for introductions. She assured everyone that like her predecessor, Chair Paul McCusker, she was going to work very hard to keep the meeting time to one hour. The following individuals were present:

Michael Motter  
Judith Altemus  
Melita Friend

Anne Sheetz  
Paul McCusker  
Katie Salesky

Christa Snyder  
Joy Taylor  
Misti Slaughter

She asked everyone to review the attached minutes. After review, they were approved as written.

### REPORTS

#### Continuing Education

There was a great deal of discussion regarding strategies to make money for the caucus. It was suggested that we choose training topics to co-sponsor CE programs with ACM that are of interest and beneficial to a wide variety of health professions, so that it increases attendance. It was also suggested that we try not to have competing programs close to one another. Christa distributed brochures for some upcoming training programs. She also updated Psych Caucus members regarding the NARCAN training that we discussed at our last meeting. She confirmed that Becky Myers can do the NARCAN certification training at lunchtime during the caucus meeting scheduled in CE #6. We will have a short business meeting from 12:00 – 12:30 pm and then the NARCAN training will go from 1230- 1:30 pm. This information will need to be included on the meeting announcement for the special meeting date on November 7, 2016.

Other CE discussion included utilizing PESI, which is an online behavioral continuing education program; maybe we could connect with some of their training and seminars to draw people into the caucus meetings. It was also suggested that we look for case presentations to be included in part of the caucus meetings. We would make the business meeting component to be 15 minutes and then incorporate a 45 minute discussion regarding case discussion and presentations. Melita, Paul and Judith agreed to participate in the subcommittee to develop some solid ideas for including case presentations in caucus meetings with the possibility of meeting outside of the work day to be evaluated.

Melita also suggested that we could include CPR training in a caucus meeting as well, as she is getting her instructor certification and could donate her time for this.

CE ideas included Image Rehearsal Therapy for Nightmares; Dental Phobias and “Sharpen Your Saw” presentations.

Other money revenue ideas included: gift baskets raffles, sponsoring a 5k walk/run or 50/50 raffles.

Christa offered to check meeting rooms for dates in 2017 and it was acknowledged that she booked CE room #6 for the upcoming meetings on February 27 - May 22 - August 28 and

November 13, 2017.

### WMAHEC Board of Directors

Mike Motter announced that the Annual Awards Dinner was very well attended and well received. Two weeks ago there was a photo in the newspaper of the award winners. It was his last dinner as Chair of the AHEC West Board but he is serving a two year position as the Vice Chair so he is still very much involved. He announced that Jack Zealand received the Psychology & Professional Counseling Caucus "Lifetime Achievement Award" and that Jack was very appreciative of that recognition. It was discussed that Rocky Gap was a wonderful venue and the food was decent and it was nice to have a stage for the presentations and there was good space for parking. It was suggested that we stress the time limit for presentations next year because the evening went late and people had to leave before the awards were over.

### Treasurer's Report

It was announced for the Treasurer's Report that as of July 31, 2016, the caucus has \$858.14 in the account which further encouraged members to develop some CE revenue ideas.

### **OLD BUSINESS:**

#### Update to Caucus Member list & Mailing List

Joy distributed the listserv for updates. There were no changes at this time.

#### Purchase Tracking Form Signatures

Anne signed the PTF for today's lunch. After discussion, it was decided that the caucus would no longer be providing lunches for the meetings since we are struggling to maintain our treasury balance. Joy will make sure this new policy is included on the next meeting announcement, highlighted and in bold, to bring your own lunch to the meeting.

#### Psychology and Professional Counseling Caucus Award Update

Anne acknowledged that it was wonderful to see Jack's excitement in receiving the Lifetime Achievement Award and we would decide, probably at our November meeting, whether we want to solicit a Lifetime Achievement Award for 2017 or request nominations for a caucus award.

### **NEW BUSINESS:**

#### NARCAN Certification Training

It was reiterated that we will conduct this training on November 7, 2016 during the Psychology and Professional Counseling Caucus meeting, that we will have a short business meeting from 12:00 – 12:30 pm with the Overdose Prevention and NARCAN Certification training scheduled from 12:30 – 1:30 pm at the Allegany College of Maryland Continuing Education building CE Room #6 with attendees needing to bring in lunch. Becky Myers from the Allegany County Health Department will be conducting the presentation.

#### Annual Plan and By Laws

Both were reviewed and other than a minor caucus name change to be made, the Annual Plan and By Laws are approved as written.

### **ANNOUNCEMENTS:**

Anne Sheetz announced that the Focus on the Future Expo is approaching soon and she is hoping to partner with Mike Motter as discussed in previous years.

Melita announced that she was nominated to serve on the Community Behavioral Health Board.

Paul also announced that he had a critique published in the Psychiatric Services Journal on his suicide prevention tool.

The next meeting will be held on Monday, November 7, 2016.

Anne adjourned the meeting at 1:15 pm.

Respectfully Submitted by Joy Taylor/Jackie Booth