

# Western Maryland Area Health Education Center

## PSYCHOLOGY AND PROFESSIONAL COUNSELING CAUCUS

### MINUTES

May 23, 2016

Allegany College of Maryland, CE Room #6 – Cumberland, Maryland

**CALL TO ORDER:** Paul McCusker called the meeting to order at 12:00 noon and welcomed everyone in attendance and introduced Melita Friend, who is a new attendee representing Garrett County Lighthouse. He thanked her for joining us today.

The following individuals were present:

Michael Motter  
Jack Zealand  
Melita Friend

Anne Sheetz  
Paul McCusker  
Antoinette Wiseman

Christa Snyder  
Joy Taylor

#### OLD BUSINESS:

##### Nominations

Anne only had a few minutes to spend at the caucus meeting today so she asked if we could go down the agenda to the most critical items for discussion, so we started with the election of Executive Committee positions. Paul reminded everyone that we had nominations currently for Anne Sheetz as Chair as well as Michael Motter as Chair, who noted he will do whatever position is necessary and needed. Also, Judyth Altemus, who was not in attendance today, indicated interest in serving as the Treasurer. We took a silent vote and the results are that Anne Sheetz will serve as Chair for the next term. Mike Motter will continue as the Board Representative for the next term and Judyth will assume the Treasurer position. Toni Wiseman reported that she will get her Treasurer folder to Judyth so that she has it on record. Paul thanked everyone for their support and interest. He thanked Joy for being so easy to work with and that he was very appreciative of the time he has served as Chair of the Psych & Prof Counseling Caucus. Anne noted that this is the first time in history that a LCPC is serving as the Chair of the caucus. Joy expressed thanks to Paul, who was always a very thorough, responsive and thoughtful Psychology & Professional Counseling Caucus Chair for many years.

##### Lifetime Achievement Award

Anne Sheetz announced that Jack Zealand will be this year's recipient of the Lifetime Achievement Award. She mentioned that he has provided a very extensive and impressive CV for her to use. Jack noted that he was very pleasantly surprised and very appreciative of the award. Anne gave Joy a folder to forward to Susan Stewart and will ask her to review the material soon and get back to her. She will need the documents returned to her at some point. Anne agreed to do the award announcement at the Annual Award Dinner.

She also asked if we have made any arrangements to do a proclamation this year and Paul said that we chose to not participate in a proclamation with the County Commissioners for this year.

At this point Anne had to leave the meeting so Paul resumed the meeting from the top of the agenda.

Paul asked everyone to review the attached minutes from the February 22, 2016 meeting. After review, they were approved as written.

## **REPORTS**

### Continuing Education

Christa Snyder gave the report. She announced that she has several programs set for fall 2016.

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| 9/13/16  | "Ethics" (there was discussion about adding some multi-cultural diversity component to that program)                        |
| 9/30/16  | "An Application of Mindfulness"   |
| 10/12/16 | "Couples Therapy"   |
| 10/20/16 | "Effects of Parental Substance Abuse on Children" – presented by Veronica Cruz and co-sponsored with the Social Work Caucus |

There was some discussion about having some training programs at the Psych & Professional Counseling Caucus meetings as an eye-catcher for attending the meeting. Jack Zealand suggested the Narcan Certification training program offered by the health department with overdose prevention as the topic. Christa said that she will contact Becky Myers at the health department and potentially look at the November 7<sup>th</sup> caucus meeting. We would need to arrange for pre-registration so that the Narcan kits could be distributed. It was suggested that this could be an annual co-sponsorship. In addition, CPR training was also a recommendation for tagging onto the Psych & Professional Counseling Caucus meeting. We will discuss this further at the August meeting and look at having the overdose prevention and Narcan training at the November 7<sup>th</sup> caucus meeting.

### WMAHEC Board of Directors

Mike Motter announced that the last meeting was on March 15, 2016. There was a financial audit reported and we were in decent shape at that time and the upcoming meeting will also be the Annual Awards Dinner, scheduled on June 21, 2016 to be held at Rocky Gap. He also announced that the March meeting was the first meeting with our new AHEC *West* name.

### Treasurer's Report

Antoinette Wiseman gave the Treasurer's Report and announced that as of April 30, 2016, the caucus has \$1,027.14 in the account.

## **OLD BUSINESS:**

### Update to Caucus Member list & Mailing List

Joy distributed the listserv for updates. There were no changes at this time.

Paul signed the PTF for today's lunch.

## **NEW BUSINESS:**

There was discussion about the cost of lunch and the extra pizza that was left over and it was suggested that when we order, that we order 2 slices per person for those who have RSVP'd and that we can ask the pizza place to slice the pizza by the number that we need to have to serve. A cheaper option would be to have no specialty pizzas.

## **ANNOUNCEMENTS:**

Toni announced that she will be moving to the Virginia area in July.

Melita announced that she attended the Care First meeting recently held at the hospital and the First Commitment Grant is due by June 1<sup>st</sup> if anyone had any programs that are suitable for that grant proposal.

Mike announced that his son, Maddox Blake Motter was born April 6, 2016 and he weighed 7lbs. 12 oz. and is sleeping well.

The next meeting will be held on Monday, August 22, 2016.

Paul thanked everyone for attending and adjourned the meeting at 1:00 pm.

Respectfully Submitted by Joy Taylor/Jackie Booth