

AHEC West Nursing Caucus

October 25, 2016

5:30 PM

Gehauf's Restaurant, LaVale, MD

Minutes

Call to Order and Welcome:

Bea Himmelwright-Lamm called the meeting to order at 5:38 pm and thanked everyone for coming. She asked everyone to review the minutes from the July 26, 2016 meeting. After review, they were motioned to approve as written by Michelle Harvey with Lynn Kane seconding the motion.

Members Present:

Angela Spataro
Kathy Condor
Michelle Harvey

Joy Taylor
Jeannie Seifarth

Bea Himmelwright-Lamm
Lynn Kane

Reports:

Continuing Education

Discussion regarding the upcoming conference was conducted.

Board of Directors

Jeannie Seifarth was not present at the beginning of the meeting, this topic was skipped.

Treasurer Report

Angela Spataro reported that the Nursing Caucus has \$443.98 in its account.

MNA Updates

Michelle Harvey reported that the MNA dinner has been scheduled for November 3, 2016. The event will be located in the auditorium at the hospital. Michelle emailed Joy and Bea with an attachment of the flyer for the dinner.

Old Business:

PTF Signatures and List Serv Update

There were no PTF's to sign at tonight's meeting. The listserv was circulated for updates.

New Business and Other Announcements:

Conference Planning Discussion with ACM

Date: April 7, 2017, with back up for weather on April 21, 2017

Time: 8:30am - 4:30pm (Vendor setup night prior or 7:30 am the day of the conference)

Title: Caring for the Caregiver, Client, Family, Community

(Remove the word "patient" to accommodate for the addition of social workers to the conference
And replace with "client")

Agenda/Topics and Speakers

- Nancy Adams – Welcome and Update (40 minutes)
- Keynote: "Tag, You're It!" presented by Rosemarie DiMauro Satyshur, PhD, RN (see presentation description)

- “You are the Key to HPV Cancer Prevention” – Bea Lamm, EdD, RN and Joy Taylor (Approved for SW CEU’s)
- Break
- “Holistic Techniques to Reduce Workplace Stress and Burnout” presented by Marilyn Spenadel, LCPC, NCC, BCC, ACS
- Legal Update Part 1: Social Media and the Health & Human Services Professional” presented by Nayna Philipsen & Pat McMullen
- Lunch
- “Legal Update Part 2: Delegating Nurses” by Nayna Philipsen & Pat McMullen
- Break & Book Sale
- “Women’s Health Update” presented by Audra Houser, FNP (Title not finalized)
“Trauma/Concussion” presented by Elizabeth Wooster (can she provide trauma credits?) (Title not finalized)
- Thank you, Evaluations and Closing Remarks – Bea Lamm

Registration

- Fee
 - The group agreed that \$45 should be a fair price. The group is hoping that keeping the fee low to entice more nurses to attend. The group also is hoping to offer at least 6 CEU’s for the conference as well. Kathy had mentioned that anyone can go to ACM and fill out a financial aid form and get half off of the cost. She said anyone can fill out the form to receive this without needing to provide financial need.
 - ACM will be able to cover the upfront lodging expenses for the speakers. Hotel has not been finalized; looking into pricing.
 - Registration will be done through ACM
- Addition of Social Workers
 - We will be adding the availability of having social workers getting CEU’s. Some of the conference will not be directed towards their focus area; however, the first half of the conference will have SW CEU’s available. The Legal update was broken into two lectures to accommodate both the nursing and social worker groups.

Pre Conference Dinner

- Update on the Healthcare political scene by Rosemarie DiMauro Satyshur, PhD, RN (see presentation description) – 15 minutes
- Where?
- When?
- What to serve?
- Who to attend?

Conference Refreshments

Nothing has changed from previous discussion. The group would like to offer a breakfast and a lunch for the conference. Nothing has been set for the meals as of yet. However, Bea voiced discussing the hospital helping with the cost of food, in consideration that most of the people that would be in attendance would be employed by the hospital. Bea, Joy, and Jeannie will be planning a meeting with Nancy Adams to discuss.

Participant Booklet with Ads

Group questioned if ACM should print the booklet. Kathy will be checking on prices for the printing and the cost of mailing as well. She will get back to the group with ore details tomorrow.

- Slides, bios, photos, ads, agenda, Nursing Caucus info and promotion
 - Ads will be in a listing form. The group did not want ads that ran throughout the booklet
 - Bea requested that the booklet have no more than 2 slides per pages and to try to limit the presentation to 30 slides
- Brochure/Save the Date/Special Invitation
 - Kathy would like Save the Date to be sent out soon. She will be emailing Joy tomorrow
 - The group went over credentialing and the listing of speakers so Kathy would have the information to put on the Save the Date

Fundraising Projects

- Donations
 - Bea will ask the University of Maryland if they would be willing to make a donation
 - Lynn will see if she would be able to get any donations as well
- Ads
 - Angie will find the letter used in the past

Vendors

- Listing
 - Joy will check to see if we still have an old list of vendors used in the past
 - It was mentioned that the MNA dinner will be having vendors available outside of the auditoriums for the attendees to go visit during the social hour and throughout the event. The group would like to extend the invitation to our event as well

Keynote: “Tag You’re It!” – presented by Dr. Rosemarie DiMaura Satyshur, PhD, RN

We do not move through life with the expectation of giving care to someone close to us for a sustained period of time. I will discuss the trials, fears and the occasional joys, of caregiving. I will identify who Maryland’s caregivers are and provide for quotes in their own words that address their real challenges. I will identify and discuss 8 crucial stages of caregiving and provide insight on finding one’s way moving through each and share experiences while addressing the needs of the caregiver and promoting their health as based upon my research interventions with this group that I have championed for over 13 years.

Night Before Dinner Presentation by Dr. Rosemarie DiMaura Satyshur, PhD, RN:

*Maryland now has its first law on the books regarding family caregivers and long term supports SB297. I would like to speak to the work of Maryland Caregivers Support Coordinating Council and my recommendations requested by Senator Kelley to be included in the General Assembly Report. I will hint at my recommendations regarding the use of telemedicine as providing respite and caregiver satisfaction in rural communities and my pilot and its expansion to date re physician adaptation at CNMC and program expansion to service other chronic diseases. A tease into the keynote presentation. I will also update on the results of the federal RESPITE grant just submitted and implementation and any impending legislative submissions.

Adjournment:

Bea adjourned the meeting at 7:00pm.

Next Meeting: Tuesday, November 17, 2016 at 5:30pm at Gehauf's Restaurant

Respectfully Submitted by Joy Taylor for Michelle Harvey, Secretary