

Area Health Education Center - West

Dietetic Caucus Meeting Minutes

January 5, 2017

Attendance: Kay Leigh, Jennifer Perrin, Theresa Stahl, Joni Brode, Katie Salesky, Liz Karuter, Jennifer Wilson, Hana Pike, Linda Sweitzer, Megan Henderson, Melody Lindner, Marcy Etherson

The meeting was called to order at 5:05 by Kay. The minutes from the November 3, 2016 meeting were reviewed and one correction was made: Change to Win begins January 10 and 11. With this correction, Theresa moved to accept the minutes and Linda seconded the motion; the minutes were accepted.

**Reports**

Continuing Education

Theresa reported for Kathy Condor that there will be a bus trip to Wegmans on April 29. The new CE catalog will be going out soon.

Treasury report: There is no activity on the account and the balance remains at \$587.64.

AHEC West Board of Directors

Theresa had a copy of the annual report and circulated it. She reported Frostburg State University will begin a PA program, which will start its first class in 2019. At this time they are looking for a program director to begin this spring.

**Old Business**

Katie reported we will no longer pass around the contact lists so if anyone's contact information changes we must let her know so she can update the lists. She said AHEC will give us a form to complete to give our approval if we want names and credentials up on-line.

National Nutrition Month Projects

Theresa reported the recipe book is now up on the WMHS web site at WMHS.com. Once on the web site, go to the "Our Services" tab and then "Nutrition." She is asking to have a post card printed to give out so that people will know how to access the book online. She reported 200 hard copies will be printed. Theresa thanked everyone who contributed to the book. Linda and Theresa pointed out it is free for the public to access the book on-line, no password is required.

**New Business and Other Announcements**

2017 Dietitian of the Year: the nominating forms for RD of the Year will be going out soon, and nomination submissions will be due by February 3. Meredith, Ruth and Kay make up the selection committee.

RD Day Planning Committee: Theresa, Liz, Hana, and Linda are on the committee. The Nutrition Month theme this year is 'Put your best fork forward.' We cannot have wine at the dinner as no ARAMark employee can be present at a function where wine or alcohol is served. Jenn Wilson will provide a game and prizes for the game. Massages were offered for a nominal fee last year and we discussed whether to do this again as it is expensive for the caucus. The majority of people present felt this was a good idea, so Liz checked the availability of conference room space, and then the date was changed so there will be space for both the dinner and massages. The dinner will be held in the Physicians Conference Room on March 9. We agreed not to have a CE provided. We will pay for our own dinners. The invitation will go out to the entire caucus listing and we RSVP's will be due by Feb 24, which is two weeks prior to the event.

#### Highlights of RD activities

Jenn W announced the local WIC program is changing to electronic benefits and she thinks it will be a good change once implemented. The change begins Feb 22 locally and will be rolled out to the rest of the state later.

Melody and Theresa attended a Food Policy Council meeting for Allegany, Garrett and Washington Counties. It was about access to local food and she encouraged all RDN's to get involved.

The meeting was adjourned at 6:00. The next meeting is scheduled for Thursday March 9, 2017 and will be the RD day celebration.

Respectfully submitted,  
Marcy Etherson, RD