

MARYLAND AREA HEALTH EDUCATION CENTER *WEST*

AHEC *West* - CLINICAL ROTATIONS www.ahecwest.org

The rotation has two basic components:

1. **Clinical Rotation with your Preceptor.** The AHEC *West* rotations expose students to a variety of practice experiences. Rotations are in the 3 western counties of Maryland: Garrett, Allegany and Washington counties and limited sites in Frederick County.
2. **Interdisciplinary Living Experience.** Additional resources and activities at the AHEC are designed to enhance the understanding of rural patients from a holistic perspective and to encourage interaction with health professions students from other disciplines participating in AHEC programs.
 - a. **Orientation** – Room manual highlighting local programs, services and AHEC housing. Overview of area's demographics, health status, and health care delivery systems.
 - b. **Elective Sites** - Students encouraged to increase awareness of rural health care delivery and community based care by visiting additional health care practitioners or agencies. Please discuss interests with AHEC *West* Coordinator.
 - c. **Community Service** – Interested students can participate in community service.

Housing and Learning Resources

NO CHARGE to University System of Maryland students; low rates for other students

- **Allegany County:** fully furnished bedrooms, mostly shared bathrooms, shared kitchen and living room facilities. Cable wireless Internet. Located on historic Downtown Cumberland Mall. Occasionally, shared rooms.
- **Washington County:** fully furnished home, with private and shared rooms, shared bathrooms, kitchen, living, dining room. Cable wireless internet service. **Closest to Frederick.**
- **Garrett County:** private bedrooms, shared baths, in fully furnished student house across the street from the hospital. Cable wireless internet service.

Informational Websites: Hospital serves county and nearby PA and WV.

Garrett County (Oakland/Deep Creek Lake)

Garrett Regional Medical Center www.gcmh.com
Community Information www.garrettchamber.com
Garrett Co. Health Department www.garretthealth.org

Allegany County (Cumberland)

Western Maryland Health System www.wmhs.com
Community Information www.mdmountaininside.com
Allegany Co. Health Department www.alleganyhealthdept.com

Washington County (Hagerstown)

Meritus Health www.meritushealth.com
Community Information www.marylandmemories.org
Washington Co Health Department www.washhealth.org

Frederick County (Frederick)

Frederick Memorial Hospital www.fmh.org
Community Information www.visitfrederick.org
Frederick Co. Health Department <http://health.frederickcountymd.gov/>

MD County Health Rankings: <http://www.countyhealthrankings.org/>

Western Maryland State Parks:

http://dnr.maryland.gov/publiclands/Pages/western_maryland.aspx

C&O Canal: [https://www.mdmountaininside.com/attraction/c-o canal visitors museum](https://www.mdmountaininside.com/attraction/c-o_canal_visitors_museum)

PRIMARY CARE RESOURCES:

http://www.ahrq.gov/professionals/systems/primary-care/index.html?utm_source=AHRO&utm_medium=DPILS&utm_term=&utm_content=2&utm_campaign=AHRO_GAAIATMATIRPCP_2016

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