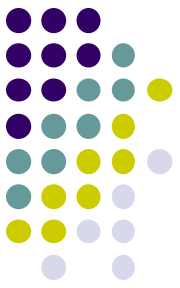


Maryland Area Health Education Center *West* (AHEC *West*)



AHEC West Facilities



- I-70 West and I-68 West
- Rural small communities to growing urban centers
- Rich in history, cultural heritage, natural environment



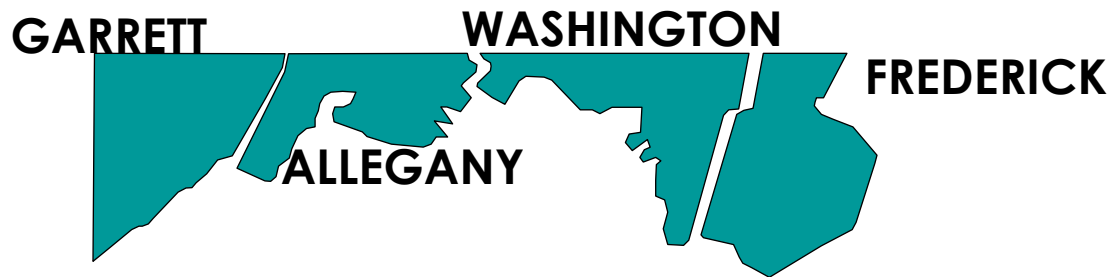
Housing Sites

- Oakland (4 bedroom house owned by hospital)
- ❖ Cumberland (in building with AHEC West offices)
- Hagerstown (5 bedroom house owned by hospital)

CLINICAL EDUCATION

- 117 health professions students
- 9 Disciplines from 14 health professions programs
- 80 medical students in 25 primary care practices
- 26 clinical sites in medically underserved communities; 16 in rural areas

**Rotations in Allegany, Garrett, Washington, Frederick counties
and Martinsburg WV, VA Medical Center (pharmacy)**

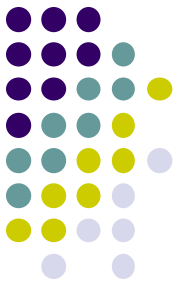


- ❖ 537 weeks of clinical experience
- ❖ 21,480 hours of volunteer teaching by Western Maryland Health Professionals

Students learn:

- ✓ Challenges, rewards, and opportunities of rural/small town practice
- ✓ Cultural sensitivity to rural/underserved populations
- ✓ Practice opportunities in rural home communities

Western Maryland



WASHINGTON COUNTY (Hagerstown)

70 m. West on I-70

- Washington County Hospital System www.meritushealth.com
- Community Links: www.marylandmemories.org
- Washington Co Health Department
<https://healthywashingtoncounty.com>
- Growing communities at intersection I-70/I-81
- Premium Outlets; Antietam Battlefield; C&O Canal National Park

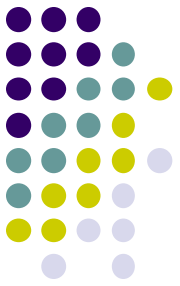


5-Bedroom House
Hagerstown, MD



Walk to Washington County
Museum of Fine Arts in City Park

Western Maryland



ALLEGANY COUNTY (Cumberland)

140 m. West on I-70/I-68

- Western Maryland Health System: www.wmhs.com
- Allegany Co. Health Department www.alleganyhealthdept.com
- Community Links: www.mdmountaininside.com
- Housing/AHEC offices on downtown Cumberland Mall
 - 3 multi-student Suites with mostly private bedrooms, shared baths, kitchen, common space
- Opportunity to work a few days with health department or community-based services



- ✓ C&O Canal; Rocky Gap State Park/Casino
- ✓ Frostburg State University
- ✓ 1 hour to Deep Creek Lake
- Community gym access for small fee



8 bedrooms divided into 3 Suites
on Downtown Cumberland Mall

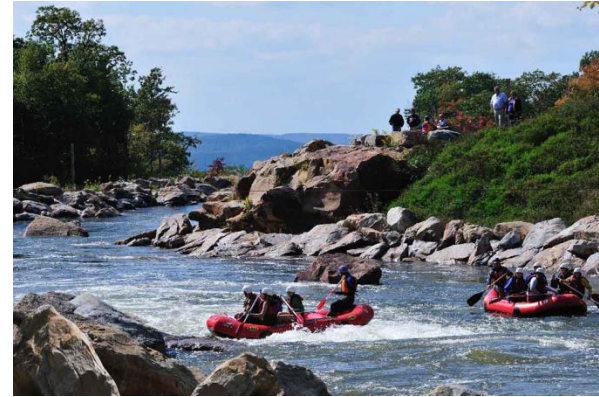
Western Maryland



GARRETT COUNTY

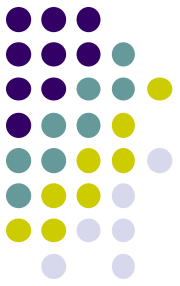
(Oakland)

190 m. West on I-70/I-68/219S



- Garrett Regional Medical Center: www.gcmh.com
- Community links: www.garrettchamber.com
- Garrett Co. Health Department www.garretthealth.org
(2016 Health Assessment is in upper right corner of home page)
- Housing in a 4-bedroom home in Oakland
- CARC aquatics & gym www.gccarc.com \$40 for month pass
- Mostly rural county; Deep Creek Lake and Wisp Ski Resort
- Amish/Mennonite communities; variety of outdoor activities

Housing in Garrett County



Walking Distance to
Garrett Regional Medical Center
Oakland, MD

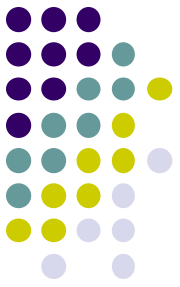


AHEC *West* Rotations



- Variety of clinical sites in a supportive healthcare community
- Living with students from other disciplines/programs
- Bring clothes, towels - everything else provided, can bring your own blanket and pillows, bike, skis etc.
- No charge to University System of Maryland students for housing/internet.
- Welcome to have guests, no pets
- If **you don't have a car, contact Clinical Education Coordinator**
- Orientation Manual to housing and community on arrival

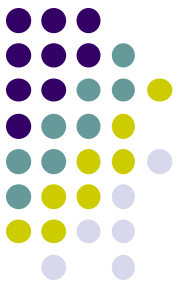
Interdisciplinary Opportunities



GAIT – Geriatric Assessment Interdisciplinary Team

- 1 or 2 day experiential project at a geriatric host site with students in pharmacy, nursing, social work, occupational therapy, physician assistant, physical therapy, gerontology, or dentistry
- Open to students from University System of Maryland campuses
- *Preview the area this year – contact Terri re: GAIT*
 - ❖ *GAIT projects are planned for March and April 2018*
 - ❖ *No charge to participant for hotel, travel, meals*

Geriatric Assessment Interdisciplinary Team



GAIT student team reviews records and interviews host site resident



GAIT student teams present and discuss interprofessional assessment with host site staff



GAIT students experience Activities of Daily Living with simulated visual and fine motor impairments

AHEC West Rotations



Information Resources:

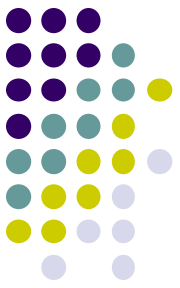
- Cumberland: High speed wireless internet
24/7 access PC with printer/copier/scanner; copier
- Hagerstown: DSL and wireless; PC with printer/copier/scanner
- Oakland: WiFi at house; PC with printer/copier/scanner

***Flight 93 Memorial, and
Frank Lloyd Wright's *Fallingwater*
1 hour away***

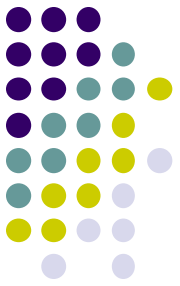
***Convenient biking/hiking/skiing
C&O Canal National Park,
state parks; wineries, artists,
4Star Resorts; historic B&Bs***



UMSOM students hike in nearby West Virginia



Some former AHEC residents/students practicing in Western Maryland



Dipty Mistry, MD (IM/Peds)
Meritus Pediatric & Adult Medicine – Smithsburg

Margaret Kaiser, MD (IM) (*Mtg. with PCT students*)
formerly Garrett County private practice; now covers
hospital patients for FQHC, and GCRMC Sub Acute Care



www.scwesternmd.com
Mike Stasko, MD (General Surgeon) returned to Cumberland.
with spouse, Debra Hurtt, MD (Pediatrics) www.cmg4kids.com



Gus Stern, MD (Ophthalmology) from Cumberland,
practicing in Hagerstown www.marylandvisioninstitute.com



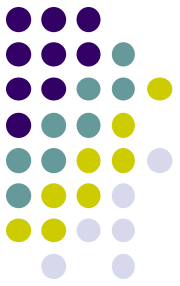
Gregg Wolff, MD (Orthopedics)
www.wolffortho.com



Marjorie Fridkin, MD (General Surgery) serves as
VP of Medical Affairs and CMO for Garrett Regional Medical Center



AHEC West Rotations



Let me know of interests:

- *in Primary Care*
- *Rural/small community specialty practices*
- *Possible 1 – 5 days with subspecialty/community agencies*

Terri Socha, Clinical Education Coordinator

Questions/Concerns: tsocha@ahecwest.org

AHEC West, 39 Baltimore St., Cumberland, MD 21502

301-777-9150, Ext. 107 www.ahecwest.org

AHEC West Staff

- We work to make you welcome and comfortable
- Can direct you to community services and recreational activities