

Western Maryland Area Health Education Center

PSYCHOLOGY and PROFESSIONAL COUNSELING CAUCUS MEETING

Minutes

February 25, 2013

In attendance: R. Anne Sheetz, Paul McCusker, Mike Motter, Judith Altemus, Christa Snyder and Joy Taylor.

Call to Order: Paul McCusker called the meeting to order at 12:05 pm. He asked members to review the attached minutes from the November 19, 2012 meeting. After review, everyone agreed, and they were approved as written.

REPORTS:

- **Continuing Education:** Christa Snyder gave the report. She announced that she has several courses for spring, 2013 that would be of interest to the Psych and Professional Counseling Caucus including a course titled, "Families in Crisis", "The Trauma Whisperer", "DSM5" which has an Ethics component, and "Human Service Professional" series of trainings. She also announced that the Gambling, Day 1 and Day 2 program is overfull at this time. For fall she has an "Ethics in Electronic Recordkeeping" scheduled on September 23, 2013 and "Hoarding" class on October 3, 2013, she is working on an ADHD course that she does not have a date on yet, as well as day 3 and day 4 of the Gambling program. There was discussion about the funding for this series, which is provided by the University of Maryland, so it is free of charge to all attendees awarding 6 CE's with lunch included. She also has other topics she is working on for fall to be decided. She asked members to let her know any topics that the caucus would like to co-sponsor. Christa assured Anne that if there was room that opened up in the Gambling classes (on April 10 & 11, 2013) in CE 12-13-14, she would call her. There was discussion about how several of the courses and brochures that Christa distributed we haven't seen before so she will check the names on her mailing list.

There was discussion for ideas for CE presentations. Two topics suggested were eating disorders as well as weight loss.

- **Board of Directors:** Mike Motter indicated that the meeting was right before Christmas so most of the discussion included the move. He also announced that he joined the Interdisciplinary Program Committee and that the next board meeting is scheduled for March 19, 2013 at the WMRMC.
- **Treasurer's Report:** Antoinette Wiseman was not in attendance so Joy gave the report and announced that as of January 31, 2013 the caucus has \$1,730.90 in the account.

OLD BUSINESS:

Listserv Updates

Joy distributed the listserv for members to update their information. There were no updates.

PTF

Paul McCusker signed a purchase tracking form for today's lunch to ACM.

Health Fairs and Community Events

Members reviewed the attached health fair and community events. Anne pointed out that she participates in the Focus on the Future program in the fall but that she represents professional counseling at her display and it would be nice to have psychology represented.

NEW BUSINESS:

The 2013 “Mental Health Professional of the Year” process was reviewed and it was agreed that the criteria for consideration should #1 be altered, it should read “instead be an active participant in the caucus”, removing “for at least 3 years”.

Joy discussed the idea of developing a spreadsheet or a matrix to weight the criteria appropriately for selection process. Joy asked if Joy would work on a draft. She will bring it to the next meeting. We won't utilize it this time for process for selection this year.

ANNOUNCEMENTS:

Joy announced that she will insure that the nomination form gets sent out in the next couple of weeks. The deadline for the nomination is May 1st with a reminder to go out April 5th. Judith asked that it be a workable online document that she believes that there was some difficulty last year in completing that form online.

Members took the annual plan and by laws home with them at the last meeting to review and make comments and/or suggestions for changes for this meeting. It was agreed that there would be no changes to the bylaw document. It was suggested that wording in the mission be consistent between the annual plan and the bylaws so we need to alter the annual plan mission to duplicate the wording from the bylaw mission. It was suggested under program, that we remove the “participate in advocacy efforts related to legislation affecting the field of psychology” since we are not actively pursuing that objective this year. Another suggestion was in the 3rd activity “actively promote the profession to the public through the media/speakers bureau” to keep “actively promote the profession to the public” but remove “through the media/speakers bureau”. Under the 4th program activity, “seek to network with other professional health disciplines in facilitating response to special needs patients/clients (e.g., through participating in Health-Right, providing pro bono services)” to keep “seek to network with other professional health disciplines in facilitating (and then add) mental health resources (and remove) “response to special needs patients/clients (e.g., through participating in Health-Right, providing pro bono services)”. And then under the last program activity it was suggested to read “participate in advocacy effort for the (add) Western Maryland Area Health Education Center facilities and programs”. On the last page under caucus affiliation, it was suggested about mid-way in that paragraph that it be added to “there in an informal relationship with the Maryland Psychological Association and the ACA NPCC”. Anne Sheetz said we can google that to see what the acronym actually is. Those changes will be made to the annual plan with the date of review reflecting 2/25/13 for FY 13.

There was also discussion about the officers, Paul is willing to serve another term as Chair, Mike Motter is willing to serve another term as board representative. We need to check with Toni, her 2 term consecutive service will expire in May, 2013. If she is willing to do a third term we can make an accommodation, however, if she would like to take a break as designed by the guidelines for the Executive Committee officers Anne Sheetz is willing to take on the treasurer role. That election will occur at the next meeting in May. Joy will email Toni and let

her know those options.

There was a lot of discussion about the draft psych and professional counseling caucus brochure. Everyone agreed that it was a great start. It was suggested to move the Windsor Hall picture to under the “what is the WMAHEC” section on the 3rd panel and maybe in place of that move the group picture that Joy took at today’s meeting and as far as picture for the back, Paul will send a picture of him, Toni and Judith from an annual meeting a couple of years ago, to be included. So, we will continue to work on the brochure and send out the next version by email.

Joy brought a list of the J & K seminars CE home study programs. It was agreed that everyone would take the home study list home and review it and come with their suggestions at the next meeting. Joy explained that she had a \$20 gift voucher coupon to apply.

Anne announced that she will be sending a Weight Management Group Body Key information to Joy to send to the listserv and Paul announced that he really appreciated getting the minutes ahead of the meeting and we will start sending them to everyone who attended the meeting from last time. So the folks that will get these minutes ahead of the meeting are the ones who attended this meeting. Mike said that he will check with his **Guidete** contact in regard to conducting a CE later in the year.

Paul adjourned the meeting at 1:20pm and announced that the next meeting would be on May 20, 2013.

Respectfully submitted by Joy Taylor/Jackie Booth