

Western Maryland Area Health Education Center

Dietetic Caucus Meeting

July 2, 2015

The meeting was called to order at 5:08 pm by Theresa Stahl, chair.

Anne Bryan from the YMCA Diabetes Prevention Program (DPP) shared with caucus members the upcoming DPP that will begin in September, 2015. Anne provided a packet of information to each member. She discussed the process of referring clients to the DPP and answered questions from the members.

The minutes from the May 7, 2015 meeting were reviewed and accepted. (Motion by Kay Leigh, second by Kathy Condor)

Present were:

Lisa McCoy

Kay Leigh

Hana Pike

Anne Bryan

Marcy Etherson

Melody Lindner

Theresa Stahl

Kathy Condor

Joy Taylor

REPORTS

Treasurer Report:

Kay reported that the balance was \$514.16.

WMAHEC Board of Directors:

No report

Continuing Education:

Plans were finalized for the upcoming "Disordered Eating" seminar on October 30th from 10 am – 3 pm. Cost will be \$69 which included a boxed lunch. The seminar will be held at Allegany College of Maryland. There will be 3 speakers for the day: Sara Evans (presenting on the psychological aspect of Disordered Eating); Dana Magee, RDN and certified LEAP therapist who will discuss the nutritional and emotional eating aspect; and Bobbi Moose, who will round out the discussion from a dental viewpoint. Invitations will be sent to other AHEC caucus groups in addition to the dietetic such as social workers, psychologists, professional counselors and dental professionals. The goal is to have a minimum of 75 participants.

There was discussion to ask Caroline House (an eating disorder facility) to sponsor lunches. Kathy Condor will get the contact information from Theresa and then follow up for possible financial assistance from them. It was also suggested that AHEC could boost its Facebook marketing by paying for Facebook boost. A motion was passed to pay \$5 for AHEC to buy Facebook boost to publicize this program. It was also suggested that AHEC would qualify for a Google Grants. Joy will look in to both of these items.

Other events:

The Blue Zones is coming on November 20th; more information to follow later.

OLD BUSINESS

Listserv & Web Page:

The member listserv and webpage were circulated for review and updates.

National Nutrition Month Projects:

Dietetic Caucus Cookbook

Kay reported that 80% of the recipes have been analyzed. She needs assistance with proof reading recipes for accuracy and terminology. Melody, Hannah, Lisa and Marcy offered to help.

NEW BUSINESS AND OTHER ANNOUNCEMENTS

Meeting notices were collected from those that brought them.

Highlights of Dietitian Activities / Announcements

- Theresa attended an Eating Disorders program in Baltimore / Columbia.
- There will be 2 new dietetic interns who will start in September.
- Melody has a new position at WMHS as the transitional dietitian.
- There is a full time clinical dietitian position available at WMHS.
- Lisa is providing 2 canning classes this summer. She was a speaker at career day for the ECHO program for AHEC on June 22 and is presenting a program for Washington County Social Worker's Caucus later this month.
- Making Healthy Choices Easy is sponsoring a summer walking challenge and initiative from June 21-September 23 that supports the Allegany County Animal Shelter. Take photos during your walk and walk your dog or a dog from the shelter.
- Theresa is continuing her Food for Thought Book Club with the book: "Slim by Design" from July 14 – August 25th.
- Farmer's Market at WMHS will be open on Wednesday from 2-5 pm starting July 8 through October.

2016 Outstanding Dietitian of the Year Award

The committee will be Kay Leigh, Marcy Etherson and Meredythe Barrick.

The meeting adjourned at 6:25pm.

The next meeting is scheduled for September 3, 2015 at 5 pm at WMHS (Room #4) with dinner to follow.

Respectfully submitted,

Lisa McCoy, RDN