

Western Maryland Area Health Education Center
Dietetic Caucus Minutes
July 10, 2014

The meeting was called to order at 4:35 pm by Theresa Stahl, Chair. The minutes from the May 1, 2014 meeting were reviewed and a motion to accept the minutes as written was made by Kay Leigh and seconded by Lisa McCoy.

Present were:

Kay Leigh	Lisa McCoy	Marcy Etherson
Theresa Stahl	Jennifer Wilson	Kathy Condor
Brenda Ridgway	Jennifer Perrin	Joni Brode
Joy Taylor		

REPORTS

Treasury Report:

Jennifer reported that the current balance is \$747.88 as of May 31, 2014.

WMAHEC Board of Directors:

Jennifer Wilson gave the report. She encouraged everyone to go to the WMAHEC website and read the Annual Report. This year the WMAHEC did a lot of strategic planning. There is a new logo for the WMAHEC, to give an updated front to the organization. The next board meeting is in September.

Continuing Education:

We welcomed Kathy Condor who replaced Linda Atkinson at Allegany College of Maryland.

Joy asked Kathy about the continuing education program we had planned several years ago where the speakers were lined up but then the program was cancelled at the last minute because of lack of attendance. She asked if we could re-visit that and try it again but market it to more groups so we may have sufficient attendance to make it worthwhile. Kathy will look into that. We talked about other possible continuing education programs, both for RD's only and/or those for the public.

Bariatric Sub-Committee for 2014:

Lisa agreed to serve on the bariatric sub-committee along with Kay, Theresa and Brenda.

OLD BUSINESS

Listserv & Web Page:

The member listserv was circulated for review and updates.

National Nutrition Month Projects:

Recipe Books

Brenda brought a list of recipes received so far. There should be no trouble getting 100 recipes. Hanna and Liz will not be able to help but the new RD Melody Lindner will be able to help with the layout, etc. Brenda also volunteered the two dietetic interns, who are coming in the fall, to help with the project. The recipes must be analyzed; the analysis should consist of: calories, total CHO, fiber, total fat, saturated fat, sodium and protein.

NEW BUSINESS

Meeting notices were collected from those that brought them.

Annual Plan and Bylaw Review

The "Caucus Annual Plan" was reviewed. Officers were discussed. Lisa McCoy volunteered to be the secretary for the next term, replacing Marcy Etherson. Kay Leigh volunteered to be the treasurer for the next term, replacing Jenn Perrin. Kay moved that the slate of officers be as follows:

Chair – Theresa Stahl

Chair Elect – Brenda Ridgway

Secretary – Lisa McCoy

Treasurer – Kay Leigh

The motion was seconded by Jenn Wilson. The motion carried unanimously.

In reviewing the Bylaws, we found we were behind in nominations and so the nominating and voting were done at the same meeting. The slate of nominated officers was unanimously elected.

FY 13 goals will remain in place for FY 15. The caucus voted to keep the Bylaws the same. They will be reviewed again in 2015.

OTHER ANNOUNCEMENTS

There is a new WMHS RD and her name is Melody Lindner; Allison will change to part time and Hanna Smith will replace Allison.

Brenda reported about the Take the Buy Local Challenge and she also announced the farmers' market is in the WMHS parking garage Wednesdays from 2:00 – 5:00 pm.

Theresa gave a summary list of the WMHS Nutrition programs offered.

Joy shared a picture of her beautiful granddaughter with fresh vegetables from their garden.

Jenn Wilson announced the Community Baby Shower on Saturday, August 16, 2014. The Health Department, MD Physician's Care and WMHS are co-sponsoring the event. They will have booth/vendors and speakers for expectant mothers. It will be limited to 50 Moms and guests.

Brenda mentioned that there will be a cancer prevention program/festival on September 25, 2014 at the WMHS.

Lisa announced there will be a pressure canning workshop in Garrett County on July 22, 2014, and starting the 3rd week in September she will have a dietetic intern with her for 8 weeks. Lisa did a program on Smart Choice Health Insurance. October 21, 2014 is the 100th anniversary of the Extension, and a big program is being planned which will be held at the fairgrounds.

Theresa announced the Smart Moves program for children begins again in September. This time a physician referral is not required. The goal is for 12 participants. Those from the last session can come back as Smart Move Mentors.

Jennifer Perrin won the Pinnacle Award for the WMHS which is an Employee of the Year award and a prestigious honor to receive.

The meeting adjourned at 5:45 pm. The next meeting is scheduled for September 4, 2014, at 4:30 pm at the health system.

Respectfully submitted,
Marcy Etherson, RD