

Western Maryland Area Health Education Center
Dietetic Caucus Minutes
May 7, 2015

The meeting was called to order at 5:10 pm by Theresa Stahl, Chair. The minutes from the March 11, 2015 meeting were reviewed and accepted with one correction, change FSNE to FNCE.

Present were:

Lisa McCoy
Kathy Condor

Theresa Stahl
Jennifer Perrin

Kay Leigh
Joy Taylor

REPORTS

Treasury Report:

Kay reported that the current caucus balance is \$521.44.

WMAHEC Board of Directors:

Joy Taylor reported that WMAHEC has some new staff members: Kimi-Scott McGreevy and Katie Selesky, who will both be working on the Mountain Health Alliance Grant, Amanda Heavener, who replaces Renae Powell as an Administrative Specialist and Melissa Clark will be overseeing the ECHO program.

The WMAHEC Annual Awards Dinner is Tuesday, June 9, 2015 at 6:00 pm at the Cumberland Country Club. Invitations have been mailed.

Continuing Education:

Discussion was held about the upcoming Update on Eating Disorders program. It was decided that \$59 for 3 ½ hours CEU and a box lunch was reasonable. Kathy reported that Sheppard Pratt may cost \$2,000 for a presentation and we are unsure the cost for Rebecca Bitzer. It was decided to stay with one speaker (Rebecca). The topics that we wanted addressed were: emotional eating, compulsive overeating, eating disorders and resources. Theresa suggested a counselor that she uses that may be a nice compliment to the program. It will be held at Allegany College with possible dates of October 29, 30, November 5, 6. Outpatient Behavioral Health from WMHS may help to underwrite costs of the program and speakers. A subcommittee was formed to finalize plans: Joy Taylor, Theresa Stahl, Lisa McCoy and Kathy Condor.

Other events:

Allegany College is offering "The Course for Coaches (and Parents Too!) on June 4th for \$5.00. This is in partnership with ACM partnership with the Positive Coaching Alliance for Raising Winners in Life through Sports.

The Blue Zones is coming on November 20th. More information to follow later.

OLD BUSINESS

Listserv & Web Page:

The member listserv was circulated for review and updates as well as the Dietetic Caucus webpage.

National Nutrition Month Projects:

Dietetic Caucus Cookbook

Kay reported that we have over 100 recipes. She is filling in the nutrition assessment and needs assistance with proof reading recipes for accuracy and terminology. Theresa and Lisa offered to help.

NEW BUSINESS

Meeting notices were collected from those that brought them.

2015 Dietitian Day Wrap Up

Joy passed around evaluations from the Dietitians Day event. Twenty-one people attended. One person reported unsatisfactory. Suggestions were made to limit the number of people attending so it is not as crowded; divide the program into 2 parts: CEU and meeting; have the meeting at the end so if people want to just come for the program and eat.

Highlights of Dietitian Activities/Announcements

- Theresa reported today is the last day for the 2 dietetic interns, JJ Briggs and Amanda Pratt. There will be 2 new ones who will start in September.
- WMHS has hired a new clinical dietitian, Lindsay Montgomery and Liz Kauruter is the new nutrition manager.
- Kay attended the National Kidney Foundation Spring clinical meeting in Texas recently.
- Theresa attended the Maryland Academy of Nutrition and Dietetics annual meeting.
- Lisa shared that the University of Maryland Extension will be offering canning classes this summer. She is also speaking at career day for the ECHO program for WMAHEC on June 22 and presenting a program for the Washington County Social Work Caucus this summer. She is working with the YMCA for the Diabetes Prevention Program and offering Diabetes classes in Garrett County.

2015 Outstanding Dietitian of the Year Award

Kay Leigh will be recognized for her outstanding efforts to our profession and our organization as the WMAHEC 2015 Outstanding Dietitian of the Year at the Annual Awards Dinner on Tuesday, June 9th. Everyone is encouraged to attend.

OTHER ANNOUNCEMENTS

None.

The meeting and program adjourned at 6:30 p.m.

The next meeting will be July 2, 2015 at 5:00 p.m. at the WMHS auditorium room #4.

Respectfully submitted,
Lisa McCoy, RDN