

Western Maryland Area Health Education Center
Dietetic Caucus Minutes
March 6, 2014

The meeting was held at Allegany College's Culinaire Café downtown to celebrate RD Day and National Nutrition Month. The meeting was called to order at 4:50 pm by Theresa after photographs were taken of the dietitians in attendance. The January 9, 2014 meeting minutes were reviewed, Jennifer Wilson moved to accept the minutes and Kay seconded the motion, and the minutes were approved.

Present were:

Jennifer Perrin	Theresa Stahl	Joni Brode
Brenda Ridgway	Kay Leigh	Lisa McCoy
Linda Sweitzer	Marcy Etherson	Debra Frank
Joy Taylor	Jennifer Wilson	Tonya Sherrill-Kuhn
Alice Corle	Kristin Wilkins	Meredythe Barrick
Elizabeth Kauruter		

REPORTS

Treasury Report:

Joy reported that there were no changes to the treasury; the current balance is \$436.78.

WMAHEC Board of Directors:

Jennifer Wilson reported that there have been no meetings since we last met.

Continuing Education:

Linda Atkinson was not present at the meeting. Joy announced that Linda is retiring soon. The future of co-sponsoring continuing education programs is in question.

OLD BUSINESS

Listserv & Web Page:

The member listserv was circulated for review and updates.

National Nutrition Month Projects:

Recipe Books

The format for the recipes in the cook book was handed out by Theresa. The recipes are to be returned by the end of March. Everyone was encouraged to share their favorite *healthy* recipes.

Gift Baskets

Linda brought two beautiful gift baskets full of goodies. She did not bring raffle tickets but has them available for anyone who wants them. The tickets are \$1 each or 6 for \$5. Joy will email everyone the list of the contents of the baskets so we will know what they contain when selling tickets. No one is forced to sell tickets.

50-50 Raffle

Brenda handed out tickets to sell for the 50-50 raffle for anyone who wants to sell them. Tickets are \$1 each and the money is due by the end of March.

NEW BUSINESS & OTHER ANNOUNCEMENTS

Highlights of RD Activities

Lisa reported she is giving a program on healthy eating for diabetes and weight loss in Garrett County. This is free and is held in the Grantsville Senior Center.

Theresa is very enthusiastic about the Smart Moves program that just started. It is a 12 week program that was started through a grant. The program piloted at Yale. It is taught with a counselor, an exercise specialist as well as the RD.

The meeting continued with a cooking program "Celebrating Taste" with Debra Frank in the Culinaire Café kitchen.

The next meeting is scheduled for May 1, 2014, at the WMRMC in the Physician's Conference Room.

Respectfully submitted,
Marcy Etherson, RD