

Western Maryland Area Health Education Center  
Dietetic Caucus Minutes  
March 11, 2015

The meeting was called to order at 5:30 pm by Theresa Stahl, Chair. The minutes from the January 8, 2015 meeting were reviewed and accepted as printed.

Present were:

Theresa Stahl	Cynthia Held	Lisa McCoy
Alice Corle	Brenda Ridgway	Monica Richers-Kelly
Meredythe Barrick	Linda Sweitzer	Jennifer Perrin
Melody Lindner	JJ Briggs	Hana Pike
Elizabeth Kauruter	Marcy Etherson	Tonya Sherrill-Kuhn
Jennifer Wilson	Kay Leigh	Amanda Pratt
Emily Valko	Debra Frank	Joy Taylor

Theresa thanked Deb Frank and her staff at the Culinaire Café for hosting our Registered Dietitian Nutritionist Day celebration again this year. Theresa recognized that both Linda Sweitzer and Joni Brode had been recently photographed and highlighted in the newspaper.

#### **REPORTS**

##### Treasury Report:

Kay reported that the current caucus balance is \$743.79.

##### WMAHEC Board of Directors:

No report.

##### Continuing Education:

There was discussion about the Continuing Education program on Eating Disorders. It was decided that a Thursday or Friday would be the best days to offer this program. Since FSNE is the 1<sup>st</sup> weekend of October, September or early November were discussed as suggested dates.

#### **OLD BUSINESS**

##### Listserv & Web Page:

The member listserv was circulated for review and updates as well as the Dietetic Caucus webpage.

##### **National Nutrition Month Projects:**

##### Dietetic Caucus Cookbook

Kay reported that most recipes are entered and some still need analysis.

#### **NEW BUSINESS**

Meeting notices were collected from those that brought them.

##### 2015 Outstanding Dietitian of the Year Award

Kay Leigh was recognized for her outstanding efforts to our profession and our organization as the WMAHEC 2015 Outstanding Dietitian of the Year.

##### Highlights of Dietitian Activities/Announcements

Theresa reported on her Change to Win program, Smart Moves and a book club that she has been very successful on Eating Mindfully.

**OTHER ANNOUNCEMENTS**

Following the brief business meeting, Deb Frank shared information on “Healthy Cuisines around the World”. To celebrate National Dietitians Day, members prepared selected recipes and enjoyed tasting them, followed by door prize drawings.

The meeting and program adjourned at 8:00 p.m.

The next meeting will be May 7, 2015 at 5:00 p.m. at the WMHS auditorium room #4.

Respectfully submitted,  
Lisa McCoy